



The Cloak



St. Martin's – A Christian Church for all people Sharing God's Love, Following Christ, Serving Others



**Our Youth
ready to
serve!
Leaving for the
Mission Trip**

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Father Lee Hutchison



When the Bible talks about a person's heart more often than not it is not referring to the actual organ. Rather, a person's heart served as a metaphor for a person's emotions, will, and intellect. The heart was where the spiritual and physical nature of a person connected and produced good or ill. It was a sign of one's character or faith.

Jesus said "Do not let your hearts be troubled do not be afraid". It is so easy for us to remain silent about our faith. All too often we are afraid of offending someone. Yet I believe most people would love to know about a community of faith based on God's love and grace. Take an opportunity to share with others the importance of your church community. Invite then to come to worship services and social events. Nearly 80% of people join a church because they were invited by a friend!

It is so important to minister to our neighbors and friends whose hearts may be troubled. It may be as simple as driving them to an appointment or a visit to say hello. These small acts of kindness reflect the character of our heart and strengthen our heart as well.

Fr. Lee



(Found on FaceBook)

What and When ...

July

Wednesday Night Discussion Group finished for the summer
Independence Day Wednesday July 4
Men's Breakfast Saturday July 14 at 8 am - Nick's - 8051 Broad (close to Harbor Freight and Hancock Fabric) all St. Martin's men are always invited bring a friend or neighbor along too Call Sid Akens (804-740-5375) if you need a ride
EYC Sunday July 15 after service EYC Kings Dominion EYC will purchase admission tickets
Flying Squirrels' Baseball Game Tuesday July 17 - Men's Breakfast Club Annual Event see page 5
St. Martin's Project Saturday July 21 at 9:30 am, Red Team
Saint Mary Magdalene Monday July 23
Saint James the Apostle Wednesday July 25
Prayer Shawl Committee Wednesday July 25, 2018 at 11:45 a.m. at the Church (going to lunch afterwards)

Regular Weekly Events

Event	Day	Time
Sunday Services	Sunday	8 & 10 am
Boy Scouts	Monday	7 pm
Women's Bible Study	selected Mondays	10-12 am
Meals on Wheels	Tuesday	10:15 am-12 pm
Holy Eucharist	Wednesday*	10 am
<i>*Healing Service every 3rd Wed.</i>		
Cub Scouts	Thursday	6:45 pm-7:45 pm
Sr. Choir Practice	Thursday	7:30 pm
Social Bridge	Friday	10 am-1 pm
Ethiopian Christians	Saturday	6 am

Regular Monthly Events

Event	Day	Time
Vestry Meeting	2 nd Tuesday	7 pm
Men's Breakfast	2 nd Saturday	8 am
Daughters of the King	3 rd Wednesday	11 am
Daisy Troop	1st & 3rd Wednesday	6-7:30 pm
Book Club	3 rd Thursday	10:30 am
St. Martin's Project	3 rd Saturday	9:30 am
ECW	4 th Tuesday	5:30 pm
EYC	selected Fridays (see calendar)	6-9 pm
Prayer Shawl Ministry	quarterly	11:45 am

Prayers go with our Youth

June 24 - 29, EYC Mission Trip to Boys Home of Virginia, proud of our young people. While I am writing this Cloak, they are serving in Covington, VA (see front page).

Report in next Cloak!

Cloak Deadline - please, if possible submit by Wednesday July 25 at 8 pm

Why do we Episcopalians ...?

What is that colored strip of cloth which our priest wears around the neck?

It's called a **Stole**.

The word "stole" comes from the Latin word meaning garment. Originally it was a kind of shawl. Over the years it narrowed its size and became decorated with religious symbols.

Originally the stole was connected to the scarf of government office worn by officials of the Roman Empire. The original intent was to designate the particular part of government and persons rank in that government.

In our church the color of the stole changes with the liturgical season. Purple in Advent and Lent, green in Epiphany and Pentecost, red during Holy Week and the day of Pentecost and white during Easter.



editor: photos taken after the service
That's why the church looks empty.

The stole is the one liturgical vestment required to be worn by the priest at the celebration of the Eucharist.

The stole of the priest hangs down the front while the stole of a deacon is worn like an X across the front of the vestments.



Save the Dates !

August 12 to 15 and 19



Great excitement for this year's VBS which will begin after service on August 12, and continue on Monday, Tuesday, and Wednesday from 6-7:30 p.m. Our wrap up celebration will be after 10 a.m. service on August 19. There is a Sign-Up sheet posted on the board for much needed volunteers (food, games, music, etc.)

Flying Squirrels' Baseball Game - July 17



Some tickets still available. Join the fun!

This year marks the 3rd Annual Night at the Diamond for the Richmond Flying Squirrels. All men are invited to join in on an evening of baseball, fellowship and all you can eat buffet on July 17. The cost is \$28 (includes buffet). Dinner will be served at 5 p.m. and the game starts at 6:30 p.m. There is a - 20 ticket minimum - to receive this great discounted pricing. The sign-up sheet is posted.

Any questions, call Sid Akens 740-5375.

Outreach Committee



- from Nancy Fleming

Thanks to everyone who participated in the **Safe Harbor Wish List collection.**

We had a great response of nice items that will be appreciated by their residents. God is love!

Acolyte

Crucifer,
Thurifer,
Chalice Bearer,
child at His knee,
washer of His feet,
I am server, servant
making straight
the way of the Lord.

One hour of worship—
I touch the miracle.
My hands are blessed:
smooth knuckles, tough palms,
fingers rugged with a hundred
chores and dares of living.
Years from now,
creased and spotted,
gnarled joints, palms soft,
Still carrying this blessing,
they will press
in prayer, unforgetting.
*I will go to the altar of God—
to God, the Joy of my youth.*

- Patsy Anne Bickerstaff

YOU ARE MAKING A DIFFERENCE!

The weekly announcements will tell us what is needed especially this month. Please place your donations in the basket in the hallway.



Get to know your brothers and sisters in Christ

Major George Eugene Ward Jr. is found in our Parish Books first time on 3-29-1979, so is his wife Anna Lee and children Pamela Ann and Ross Allen.

Q: Are you a cradle Episcopalian?

A: Yes; since my birth on 10/31/1924, baptized 4-19-1925 and confirmed 4-16-1939; all at St. James Episcopal Church, Leesburg, VA. I left home in June 1943 for Army Air Corps Pilot/Flight School at Texas Tech University, in Lubbock, Texas then to China and Burma flying in the 14th Air Force and in Burma in Combat Cargo flying in support of the British 14th Army fighting the Japanese from Mandalay to Rangoon. The Japanese surrendered.

Q: Have you always lived in the Richmond area?

A: My family and I moved here from Renoldsburg, Ohio (Lockbourne Air Force Base, SAC) in early 1962 after I retired from the United States Air Force after 28 years service. All my years were spent as a Command Pilot, Flight Instructor and Squadron Commander.

Q: How did you find St. Martin's?

A: After moving here I found St. Martin's tucked behind Tucker HS when I took my son Ross to register for entrance into High School. The following Sunday we came to our first service.

Q: What would you like your church friends to know about you, your family, your occupation, hobbies etc?

A: That I have been blessed by my Lord with a safe and productive life while flying over ten thousand hours in all types of weather and over many foreign lands and in three wars (WWII, Korea, Vietnam and the Cold War).

Every day I thank my Dear Lord that I am still here; especially when I remember my fellow comrades I left behind who lost their lives in defense of our country.

My dear wife died in June of 2016 from Alzheimer's disease. We have three children (all adults) with a total of six grandchildren.



More from Major Ward:



Look at these photos. Seems nothing much has changed.

George just happened to send these photos to the office and they were forwarded to me at the same time as I asked whether he would like to answer the **Questions**. He told us that most were taken during the time that Father Frisby was Rector.

The editor was very grateful to receive the **Answers** the very same day. Everything should be so easy! And all came by email. Well done with 93 years!

Because I needed a recent photo James went to visit George and was very welcomed. James came back full of enthusiasm about all the things he had learned in just an hour. George has lived history and James soaked up the stories.

He also had stories about St. Martin's. He had filled a lot of the volunteer positions including being a Jr. Warden when St. Martin's still had a rectory.



Condolences!

to *Ann Robbins*

on the death of her sister-in-law Elizabeth Leigh Robbins

2/23/1934 - 12/27/2017

a Memorial for Bill's sister took place in St. Martin's Memorial Garden on June 5.



Parish Nurse by Betty Horne

July is Group Strep B awareness month

Group B *Streptococcus* (group B strep, GBS) are bacteria that come and go naturally in the body. Most of the time the bacteria are not harmful, but they can cause illness in people of all ages. They can affect both newborns and adults

Group B strep in newborns

Most babies who get GBS disease in the first week of life get it during labor and delivery from a mother who is infected with Group B Strep (early onset). It can be hard to figure out how babies got the bacteria if they get sick later (late onset). The bacteria may come from the mother during birth or from another source. CDC collects information on babies with late-onset disease in 10 states to better understand how GBS bacteria spread. About 1 in every 4 pregnant women carry group B strep bacteria in their body.

Risk Factors

On average, about 900 babies in the United States get early-onset GBS disease each year. Some pregnant women are at increased risk of having a baby who develops early-onset GBS disease. Risk factors include:

- Testing positive for GBS bacteria late in the current pregnancy (35-37 weeks pregnant)
- Detecting GBS bacteria in urine during the current pregnancy
- Delivering the baby early (before 37 weeks of pregnancy)
- Developing a fever during labor
- Having a long time (18 hours or more)

pass between when their water breaks and delivery

- Having a previous baby who developed early-onset GBS disease

Researchers do not understand the risk factors for late-onset GBS disease as well as those for early-onset disease. Late-onset disease is more common among babies who are born prematurely (before 37 weeks of pregnancy). Babies whose mothers tested positive for GBS bacteria also are at increased risk of late-onset disease.

Group B strep disease in adults

The sources of disease caused by GBS bacteria are unknown. GBS bacteria are common in the gastrointestinal tract of men and women. The gastrointestinal tract is the part of your body, including the stomach and intestines that digests food. Since the bacteria are so common, their presence in the gastrointestinal tract could be a source of some infections.

Types of infection and symptoms

Symptoms depend on the part of the body that is infected. Listed below are common diseases caused by GBS bacteria in adults and their symptoms.

Bacteremia (bloodstream infection) and sepsis (the body's extreme response to an infection) symptoms include:



- Fever
- Chills
- Low alertness

Pneumonia (lung infection) symptoms include:

- Fever
- Chills
- Cough
- Rapid breathing or difficulty breathing
- Chest pain

Skin and soft-tissue infections often appear as a bump or infected area on the skin that may be:

- Red
- Swollen or painful
- Warm to the touch
- Full of pus or other drainage

People with skin infections may also have a fever.

Bone and joint infections often appear as pain in the infected area and might also include:

- Fever
- Chills
- Swelling
- Stiffness or inability to use affected limb or joint

GBS bacteria can cause meningitis in adults, but this is very uncommon. Meningitis is an infection of the tissue covering the brain and spinal cord.

Diagnosis

If doctors suspect an adult has a serious GBS infection, they will take samples of sterile body fluids. Examples of sterile body fluids are blood and spinal fluid. Doctors look to see if GBS bacteria grow from the samples (culture). It can take a few days to get these results since the bacteria need time to grow.

Sometimes GBS bacteria can cause urinary tract infections (UTIs or bladder infections). Doctors use a sample of urine to diagnose urinary tract infections

Treatment

Doctors usually treat GBS disease with penicillin or other common antibiotics. Sometimes people with soft tissue and bone infections may need additional treatment, such as surgery. Treatment will depend on the kind of infection caused by GBS bacteria. Patients should ask their doctor about specific treatment options.

Risk factors

In adults, most cases of GBS disease are among those who have other medical conditions. Other medical conditions that put adults at increased risk include:

- Diabetes
- Heart disease
- Congestive heart failure
- Cancer or history of cancer
- Obesity



Risk for serious GBS disease also increases as people get older. Adults 65 years and older are at increased risk compared to adults under 65 years old

Complications

Serious GBS infections, such as bacteremia, sepsis, and pneumonia, can be deadly for adults. On average, about 1 in every 20 non-pregnant adults with serious GBS infections die..

Risk of death is lower among younger adults and adults who do not have other medical conditions

The rate of serious group B strep disease among non-pregnant adults increases with age. The rate of invasive disease is about 10 cases out of every 100,000 non-pregnant adults. However, 25 out of every 100,000 adults 65 years or older will get group B strep disease each year.

Excerpts taken from the Center for Disease Control and prevention website.



Outdoor Service ...

... was held on May 27.

Both services celebrated together at 9 am. Rogation Sunday had been on May 6 and this was a service like it. Traditionally priests would “beat the bounds” (walk with the congregation around the perimeter of the parish) stopping at certain places to thank the Lord for their blessings and ask for help and future blessings, especially before the fields were seeded or planted. The word is from the latin “rogatio = asking”.

The service started in the Memorial Garden.



Altar Guild members prepare the Altar beforehand.



It continued at the St Francis statue.



Outdoor Service continued ...
on next page



Yes, the children's sermon. They would miss it.



The Choir and organist!



ECW update!

- by Sally Dvorak

The ECW will not meet in July or August. The next meeting will be Tuesday September 25th at 5.30pm.

Please plan to support our annual Holiday Market on Saturday November 3rd as this is a time for fellowship as well as the major fundraiser for the ECW. In the recent past the proceeds have funded numerous activities at, and beautification of, St. Martin's including the youth mission trip, Daughters of the King, the Altar Guild and the purchase of a bench for the memorial garden as well as large print prayer books for the church and bibles for the youth group. The ECW also supports worthy causes within the community.

If you have an idea for a craft please share it with a member of the ECW or, better still, volunteer to lead a workshop during the summer or early fall. There are plenty of helping hands available.

If you have a talent for knitting, crocheting, tatting, embroidering or any other handiwork, please consider donating it for sale at the ECW craft booth.

Paint Night!

As promised, here is the report and photos by Jean Rollins:

It was a new experience for the ECW on Tuesday evening, May 22nd! Fifteen member of the ECW gathered in the parish hall and each painted a beautiful picture of a tropical sunset.

Lynn Black with "Paint for Good" instructed us on how to do our painting from start to finish. It was unbelievable on how all of the paintings came out with everyone's different styles. She provided all of the materials for us and made us all feel like professional painters. We had delicious food with wine and drinks to consume throughout the evening. We will definitely do it again, so be sure to sign up the



UTO

St. Martin's received the following letter from the **UTO** diocesan co-ordinator, Connie Brady:

“Thank you everyone at St. Martin's for the wonderful work you all are doing on behalf of the United Thank Offering Ministry. I sincerely appreciate all you are doing”.

The spring in-gathering offering of \$416.41 was remitted to the diocese and is being forwarded to the national UTO board to be awarded in grants for 2019. The diocese wrote St. Martin's a letter, which is posted on the bulletin board, thanking all contributors for their support of this important ministry of the whole church.

The St. Martin's fall ingathering will be held in mid November. Remember to give thanks to God every day with a prayer and an offering in your UTO box. If you need a new blue box for your family, they can be found on the table in the hallway outside the parish hall.

- by Sally Dvorak

John C. Wallace Scholarship

The Community Foundation Board of Governors has announced the recipients of the John C. Wallace Endowed Scholarship for the 2018-2019 academic year. Congratulations to Jill Grumbine and Grace Wood, who will each receive a \$1,000.00 scholarship. They both are enrolled at Virginia Tech.



Congratulations!

Finance Report

Financial Highlights end of May 2018	MTD	YTD
Income	\$25,254.44	\$98,169.86
Expenses	\$15,335.36	\$86,049.03
Gain or Loss	\$9,919.08	\$12,120.83

2018 Graduates



Maya Atkins

Maya Atkins is a graduating senior from Douglas Southall Freeman High School. She was a four year varsity swimmer, placing in the top two at the state level in her junior and senior year. She will graduate with academic honors as well, including membership in the National Honor Society, BETA Club, and the Latin National Honor Society. She is in the top 20% of her class and will attend Virginia Tech in the fall as a member of their swim team and to study geology.

Lauren Winslow Bailey

Lauren Winslow Bailey will be graduating from Glen Allen High School on June 12, 2018. She has been an active member of St. Martin's youth group since 6th grade and has gone on all the service trips. She has also been involved in clubs that have worked with children with special needs, especially children with autism. She will be attending Radford University in the fall and plans on majoring in Psychology. She wants to continue working with children and young adults with special needs.



Christine Areson



Christine received her Masters of Science degree on May 12 in textile engineering from North Carolina State University, where she previously received her bachelor of science degree in polymer and color chemistry in the College of Textiles (2016). As a graduate student, the past two years she worked on a Federal Emergency Management Agency-funded project to develop more effective flash hoods for firefighters to better protect them from smoke and chemicals and decrease long-term health risks.

This spring Christine was a member of a four person team that won first place in the graduate division of the NCSU Poole College of Management's Leadership and Innovation Showcase for developing a product called the Minatizer - an eco friendly and economical cleansing device for menstrual cups provided by the MINA Foundation to school-age girls in Africa to allow them to stay in school without interruption.

She also worked as an analytical science assistant for more than two years for United Therapeutics, a biotech/pharmaceutical company in Research Triangle Park. She has yet to find a church in Raleigh that can rival St Martin's.

Graduation Celebration

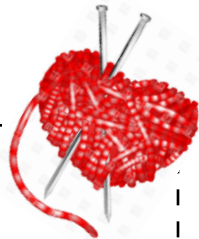
Sunday June 10 after the service



Graduation Celebration continued ... from previous page



The Prayer Shawl Committee ...



... will meet on July 25, 2018 at 11:45 a.m. at the Church. After our meeting, we usually go out to lunch. Anyone interested in this church project, is welcomed to attend. - by Patricia Akens

Ice Cream Social

Sunday afternoon June 10



and 60th Wedding Anniversary
Nan & Henry





- *
 - 07/01 Ellery Bradley
 - 07/06 Caitlin Woolwine
 - 07/08 Ashley Borders
 - 07/09 Kim Shook
 - 07/09 Sara Thomas
 - 07/10 Jack Greenwood
 - 07/11 Wayne Zold
 - 07/12 Jackie Bitler
 - 07/13 Yohance Elon Iervolino
 - 07/22 Alison Potter
 - 07/23 Leslie Dering
 - 07/25 William Sykes
 - 07/29 Rob Lockridge

- *
 - 08/02 Bill Chowning
 - 08/02 Anne Lansing
 - 08/03 Randy Longbricco
 - 08/03 Maya Atkins
 - 08/05 Jay Sykes
 - 08/06 Jacob Henderson
 - 08/07 Kyle Stephenson
 - 08/10 Jeremy Atkins
 - 08/11 Adrienne Stephens
 - 08/11 Maggie Witt
 - 08/11 Evelyn Watt
 - 08/11 Glenn Sprouse
 - 08/12 Ruth Barrett
 - 08/13 Adam Marcus
 - 08/14 Mike Shook
 - 08/14 Cylas Machalinski
 - 08/14 Kyle Stephenson
 - 08/15 Barbara Lockridge
 - 08/15 Taylor Murphy
 - 08/15 Joshua Weimer
 - 08/16 Martha Hall
 - 08/16 Andrew Wood
 - 08/18 Andrew Bright
 - 08/18 Jaiden Logan
 - 08/20 Jean Rollins
 - 08/23 Layne Hood
 - 08/24 George Stone
 - 08/26 Virginia Tucker
 - 08/27 Kirsten Weimer
 - 08/27 Jonathon Horne
 - 08/28 Rosaline Lawrence
 - 08/29 Sandy Goolsby
 - 08/30 Sid Akens
 - 08/31 Todd Areson

- *
 - 07/03 Garland Harwood & Janice Carpi
 - 07/04/1968 Sharon & James Ragland
 - 07/07/2006 Sean & Jennifer Cooper
 - 07/08/2004 George & Betsy Crowell
 - 07/10/1996 Allen & Merry Beth Hall
 - 07/12 Charles & Margarette McIntosh
 - 07/12/2008 Samantha & Tony Romano
 - 07/22/1995 Kevin & Amy Bailey
 - 07/27/1972 Richard & Sara Thomas
- *
 - 08/01 Barbara & Russell Campeau
 - 08/07/1993 Errol & Adrienne Stephens
 - 08/07 Ian & Natalie Watt
 - 08/11/2007 Jay & Carrilynn Sykes
 - 08/16/1958 A. P. & Betty Hall
 - 08/16 Rob % Barbara Lockridge
 - 08/17/1996 John & Marie Atkins
 - 08/19/2012 Harrison & Sharon Alloway
 - 08/28/1987 Bob & Max Barritt

If you know of somebody not on these lists (including yourself) please let the office know. If we don't know ...

St. Martin's Yellow Pages

This area is where you can post your service or product to let your fellow St. Martinites know how you can help them, and you can give those who post here your support.

DERING'S CLEANING SERVICE:

If interested in your home getting a super good cleaning, call Leslie at 239-5865.
Licensed, Insured & Bonded



OCEANFRONT BEACH HOUSE FOR RENT

Located directly on the beach in Hatteras Village, NC.
Contact Bob or Max Barritt (h) 270-3862 or (c) 512-4586

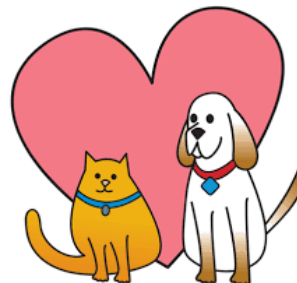
Amazon Smiles:

1. Go to <https://smile.amazon.com/> or click the box above.
2. Create an amazon account or log in.
3. Go to "Or pick your own charitable organization" and type "**St. Martin's Episcopal Church**" then click Search.
4. Locate "**St. Martin's Episcopal Church**" in Henrico VA.
5. Then start shopping!

Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases **to St. Martin's!**
We are grateful for your participation!

Need a pet or house sitter?

Available for overnights and drop-ins. Call for pricing. References available. Jessica Shook (daughter of Mike and Kim). Phone # 804-380-0117.



ST. MARTIN'S STAFF

Rector: The Rev. Lee A. Hutchson
Priest Associate: Rev. Dr. Sandra Levy-Achtemeier
Monastic Associate: Friar John Ogle, SF
Organist & Choirmaster: David R. Hopkins
Administrative Assistant: Sherry Wilson
Head of Nursery: Nicolette Philippi

CHURCH OFFICE

(804) 270-6786 (Phone) (804) 270-3286 (Fax)

E-mail: saintmartinsec@gmail.com

Website: www.saintmartinschurch.org

Office Hours

Monday–Friday 9am–1pm

Trustee Emeritus: Robert I. Kirby
Trustees: Kerry Alloway, A. P. Hall, Jr.
& Garland Harwood

VESTRY

2018	2019	2020
Linda Fairtile	Nancye Greenwood	Christa Burr
Betty Horne	George Crowell	Garland Harwood
Sandra Goolsby	Rick Gibbs	Kim Fiasco

Senior Warden: Rick Gibbs
Junior Warden: Garland Harwood

Register: Nan Scott
Treasurer: Darrell Jenkins
Assistant Treasurer: Mike Fiasco
Editor: Christa Burr



St. Martin's Episcopal Church

9000 St. Martins Lane · Richmond, VA 23294

804-270-6786 (tel) · 804-270-3286 (fax)

Website: www.saintmartinschurch.org

E-mail: saintmartinsec@gmail.com

To submit articles or ideas for The Cloak, email:
smartinscloak@gmail.com