

St. Martin's - A Christian Church for all people Sharing God's Love, Following Christ, Serving Others



Baptism!

Let the Children come to me.

Contents:

- 2 ~ Father Lee's Message
- 3 ~ What and When / Cloak deadline
- 4 ~ Editor appeal / Outreach Committee 15 ~ Poem: Arizona Memory
- 4 ~ Wed Night Disc. / Finance Report
- 5-6 ~ Get to know ... Rick Gibbs
- 6 ~ New Organist & Choirmaster
- 7 ~ Baptism: Jacob Dau / Fish Fry
- 8-10 ~ Holy Saturday and Easter

- 11-12 ~ ECW update & Ladies' Tea
- 13 ~ EYC update
- 14-15 ~ Parish Nurse
- 15 ~ Book Club
- 16 ~ Birthdays + Anniversaries
- 17 ~ St. Martin's Yellow Pages
- 17 ~ Amazon Smiles / Lamb's Basket

Father Lee Hutchson



See what love the Father has given us that we should be called Children of god.

Love for God and one another has been a Hallmark of Christianity since its beginning. Building on the Old Testament Law and prophets, Jesus taught that the love of God and neighbor must be the guiding principle in the life of a person who would be his disciple.

Writing after Jesus died, the Apostle Paul provides a definition of Love. "Love is patient and kind; Love is not envious or boastful or arrogant or rude. It does not insist on its own way. It is not irritable or resentful; it does not rejoice in wrong doing but rejoices in truth."

Paul also wrote about the importance of embodying the Love and service of Christ in our own hearts. "Let the same mind be in you that was in Christ Jesus, who though he was in the form of God did not regard equality with God as something to be exploited but emptied himself, taking the form of a slave... and humbled himself...."

Two incredible ways to shape how we live our lives. The heart of the Christian message is a call to allow God's love and grace to flow thru us to others.

As we celebrate with joy this Season of Easter. Let us boldly and with confidence let that same power that raised Jesus Christ from the dead allow our hearts to be transformed. That the same mind that was in Christ may dwell in our lives as well.



Fir. Lee

What and When ...



Outreach Committee collecting

Sunday, April 29 - Sunday, May 27 (see page 4)

Wednesday Night Discussion Group

starts May 2 at 7 pm

Rogation Sunday

May 6

Ascension Day

Thursday May 10

Men's Breakfast

Saturday May 12 at 8 am - Nick's - 8051 Broad (close to Harbor Freight and Hancock Fabric) all St.Martin's men are always invited bring a friend or neighbor along too Call Sid Akens (804-740-5375) if you need a ride

Fish Fry

Saturday May 12 from 5 to 7 pm (see page 7)

United Thank Offering

Spring in-gathering Sunday May 13 at both services

EYC

Sunday May 13 from 11:30 am to 2 pm - mtg.
Sunday May 20 from 10am to 2pm Youth Sunday and
parent/youth softball game

St. Martin's Project

Saturday May 19 at 9;30 am, White Team

Vestry Retreat

Saturday May 19

Pentecost

Whitsunday May 20

Everyone is encouraged to wear Red. We will also mark the end of Sunday School with a Picnic. You are asked to bring a side dish to share. There is a sign-up sheet on the bulletin board.

Outdoor Service (Memorial Day Weekend)

Sunday May 27 at 9am (both combined)

Regular Weekly Events

Event	Day	Time
Sunday Services	Sunday	8 & 10 am
Boy Scouts	Monday	7pm
Women's Bible Study	selected Mondays	10-12 am
Meals on Wheels	Tuesday	10:15 am - 12 pm
Holy Eucharist	Wednesday*	10 am
*Healing Service every 3rd	l Wed.	
Cub Scouts	Thursday	6:45 pm-7:45 pm
Sr. Choir Practice	Thursday	7:30 pm
Social Bridge	Friday	10 am - 1 pm
Ethiopian Christians	Saturday	6am

Regular Monthly Events

Event	Day	Time
Vestry Meeting	2 nd Tuesday	7pm
Men's Breakfast	2 nd Saturday	8am
Daughters of the King	3 rd Wednesday	11 am
Daisy Troop	1st & 3rd Wednesday	6-7:30 pm
BookClub	3 rd Thursday	10:30 am
St. Martin's Project	3 rd Saturday	9:30 am
ECW	4 th Tuesday	5:30 pm
EYC selected Fridays	(see calendar)	6-9 pm
Prayer Shawl Ministry	quarterly	11:45 am



Cloak Deadline - please, if possible submit by Sunday May 20 at 8 pm

A Note from your Editor:

As you can see the Cloak deadline is early (May 20 at 8 pm). I am leaving on a trip before the month is over. I hope to have the June Cloak done early. If that is not possible, it will be (very) late. In that case please watch the weeklies for deadlines and happenings. We don't want you to miss anything.

Thanks, Christa

Outreach Committee collecting ...

Sunday, April 29 - Sunday, May 27

... household and personal items to help the mothers at Safe Harbor. This is a shelter that provides support for sexual and domestic violence survivors to overcome their crisis and transform their lives. There is a list of items that are needed and a basket in the hallway where you can place these items.



Thanks for everyone's support! Jean Rollins

Wednesday Night Discussion Group

Our Wednesday Bible discussion group begins May 2 at 7 pm. In this eight week course we will be discussing Episcopal Worship, finding a path to spiritual maturity, looking at spiritual gifts and discussing the great commission. If you would like to learn more about our faith, join us!

No books need to be ordered. There will be hand-outs each week so please sign up on the bulletin board so the appropriate number will be available. Even if you know you have to miss some Wednesday, still join us when you can.

Finance Report:

Financial Highlights end of March 2018	MTD	YTD	
Income	\$19,183.78	\$49,370.60	
Expenses	\$17,761.22	\$55,026.81	
Gain or Loss	\$1,422.56	-\$5,656.21	

The Cloak 2018/05 page 4

Get to know your brothers and sisters in Christ

Rick Gibbs, became a member of our parish family in the Fall of 1999. He is currently our Senior Warden and has held this and other positions in our congregation many times. He works a lot "behind the scenes" and is very much appreciated. Rick called his answers "An Interesting Journey".

Q: Are you a cradle Episcopalian?

A: I grew up Episcopalian right here in good old RVA. I attended St. Matthews Church as a child with my parents, 2 brothers, Rob and Ron and my sister Betsy. I participated in Cub Scouts and Boy Scouts there. I was baptized and confirmed at St. Matthews. I attended this parish until my mid-twenties.

Q: Have you always lived in the Richmond area?

A: No, I was born in RVA but had a brief change of address when we moved to East Point, VA, on the Eastern Shore at the tender age of 2. We moved a year later to Norfolk, Virginia and I was back in Old Richmond town to stay by the time I was 4. I attended Jackson Davis Elementary School, I transitioned to Tuckahoe Middle school for 3 years. I later attended Douglas Freeman High School where I graduated. I spent some time at VCU to further my studies. I worked at Neighborhood Theaters in my High School and college years.



Above: Rick with Father Burgoyne Below: Rick with Jack and Maggie



Q: How did you find St. Martin's?

A: My sister Betsy attended St. Martins many years before I came (she left after her marriage). I had been away from the church for several years other than Christmas and Easter. In 1999 I had experienced some health issues and a change in employment, it was a difficult time in my life and I came to St. Martins on a Wednesday morning for the 1st time searching for answers. I attended 5 more Wednesdays where I met the priest, David Handy, during those Wednesday morning services. I thought Father David was speaking directly to me. I began to attend on Sundays at which time I was invited to attend an Alpha course. I remembered telling Father David when he invited me to attend the Alpha course and explained this occurred on a Wednesday night, I was a bit hesitant, these folks attended church twice a week as I attended twice a year. I agreed to come when I met Gene Grumbine, Cheryl Blackwell and Maggie Caskie, all remarkable Christians. I must say after 2 weeks chatting with Gene and Cheryl, I felt comfortable in attending these classes EVERY week.

I didn't realize this **APLHA** course was about to **CHANGE** my life. Sometime during the 8th or 9th week I met the Holy Spirit for the 1st time and shortly afterward I begun to have a "personal" relationship with God (quite a change). I then began my Christian walk, I received a Great deal of support and encouragement from Gene, Cheryl and Father David. Later that year I attended a Cursio Weekend where I reached the "mountaintop" in my relationship with God. I must say things in my life were beginning to sort themselves out for the 1st time in 3 years. I was so excited to know God and become a member of St. Martins Church. Alpha ended, and Gene continued to lead a bible study for the next two and a half years where I met many St. Martinites who have become lifelong friends. I met father Doug Burgoyne who had a huge impact on my Christian walk. I have been very blessed over the years and love serving God and this parish family.

"Get to know" continued ... on next page

"Get to know" continued ... from previous page

Rick's Mom Lois Gibbs

Q: What would you like your church friends to know about you, your family, your occupation, hobbies etc?

A: I grew up with 2 brothers and a sister, my Dad worked in Social Work and my Mom stayed at home

when were were kids. I loved playing little league baseball and swimming at Chestnut Oaks and Overhill Lake. My career has basically followed 3 chapters, 15 plus years in the automobile business, 11 years working for Ntelos Wireless where I worked in sales development and training, the last phase of my professional life has been real estate which I currently practice with Liz Moore and Associates. I have been blessed to have 2 wonderful children in my life, Jake and Maggie, they have kept me busy supporting their schools and a multitude of extracurricular activities. I later met my godson Branden who has been impacted by Chiari Malformation disorder which has led to me being the Richmond Site Organizer for the Conquer Chiari Walk Across America. I hope these efforts will raise visibility, research dollars and lead to a cure of this



challenging disease. I enjoy supporting our youth and going along on their mission trips. Baseball and softball along with serving God and our St. Martins parish family are some of my joys in life. I am blessed to have wonderful friends and family who have supported me on life's journey. God Bless You one and All!

P.S. A special Shout to My Mom, you're THE BEST 😊



Exciting News!

We have a new Organist/Choir Director! David R. Hopkins has accepted this position. His first Sunday will be May 20.



Notes about Music



My invitation to St. Martin's was from your retired musician, Jackie Bitler, who has been a personal and professional friend of mine for many years. Her recommendation of this community was glowing -- and my personal experience since I began visiting here has proven her words to be true.

Music has always been a passion for me: initially as a childhood hobby that has evolved into an adult profession. And now you have honored me by your choice to serve you musically. I look forward to our professional, personal, and spiritual relationship beginning Sunday, May 20th, 2018.

David R. Hopkins

Baptism:

Sunday April 15

Jacob Dau

son of David Bul Dau and Angok Dau Deng Goch brother of Pajieth and Dau and Abraham













St. Martin's FISH FRY

DONATIONS & PROCEEDS for Youth's Mission Trip

When?
Saturday May 12th
5pm to 8pm



SIGN UP NOW!

Support our Youth's Mission Trip

CONTACT: JIM HUGHSON FOR ANY QUESTIONS 804-229-1546

The Cloak 2018/05 page 7

Holy Saturday - Easter Vigil





Easter Sunday

April 1





The choir makes services like Easter especially uplifting.



The Easter
Flower Cross
is special
every year.



The Cloak 2018/05 page 8

Easter continued ... on next page

Easter continued ... from previous page



The children's bell choir. Aways so nice.





Thank you to Rick Gibbs who provides photos to the Cloak every month.



The Cloak 2018/05 page 9



Many friendships are found at St. Martin's



Easter continued ... on next page

Easter continued ... from previous page





There were two groups of Easter egg hunting children. The older children were faster done. The little children kept loosing their eggs and finding them several times.









The Cloak 2018/05 page 10

Twenty two ladies, many wearing hats, gathered for an elegant afternoon tea on a recent Sunday. Two hours of fellowship, fun, delicious food and entertainment was enjoyed by all. Patsy Bickerstaff re-enacted a southern lady regaling us with her memories of Richmond past. She also recommended historic sites to visit in Richmond today. Our grateful thanks go out to Patsy and those members of the ECW who worked so hard planning and executing such an delightful afternoon for the ladies of St. Martin's.

The ECW is excited to invite you (men and responsible children too!) to the first ever St. Martin's "Paint Night" on **Tuesday May 22 at 6 pm**. We will all be painting the same picture under the expert direction of Lynn Black of Paint for Good. No artistic talent is required and all necessary supplies will be provided. If you plan to attend this fun evening please sign up on the bulletin board by May 17th so we know how many to expect. The cost is \$25.00, payable by cash, credit card or check (payable to Lynn Black) on the night. Wine, soft drinks and light snacks will be available courtesy of the ECW. If you wish to bring your dinner you may eat it in the library at 5.30pm.



All women of St. Martin's are automatically members of the ECW and are encouraged to participate in meetings, workshops and special events.

As always, if anyone needs a ride they may call Kim Shook at 804 387 8493. The ECW will not meet in June, July or August.



The **UTO** spring in-gathering will be taken up and blessed at both services on Sunday May 13th. Please count the contents of your blue box and put either cash or check, payable to St. Martin's with UTO in the memo line, in a blue UTO envelope. You may find the blue envelopes on the table in the hallway outside the parish hall.





on Sunday April 22







Ladies' Tea continued ... on next page Ladies' Tea continued ... from previous page













Wats!

Wats!

Hats!













by Sally Bright (article for website)

EYC update

St. Martin's Youth Group (EYC) is comprised of youth from Grades 6-12. Any youth attending St. Martin's is welcomed to join us. We meet twice a month after the 10 am church service. Lunch is served at approximately 11:30 am.

Afterwards, Bible Study begins and lasts until 1 pm.

Depending on the weather, the youth play outside games such as kickball, soccer, flag football, and softball. If we are inside, ping pong, board games, silly balloon games, or arts and crafts are enjoyed. The year begins on Rally Sunday in September. In addition to the regular Sunday EYC, the youth enjoy G-Force, Bowling, Christmas at Lewis Ginter Park, and an end of year Pool Party.

The youth are involved in many Service activities at St. Martin's. At the Fall Festival, they help with the games for the younger children. They take part in the Crop Walk and the Conquer Chiari Walk. The Saturday after Thanksgiving, they help decorate the church for Advent. The youth participate in the Lessons and Carols Service. After Christmas, they conduct the Feast of Lights Service and help take down the decorations in the Sanctuary and Parish Hall. The congregation helps the youth fold Palm Crosses and stuff Easter Eggs the Friday before Palm Sunday. On Easter, the youth hide the eggs for the annual Easter Egg Hunt. Fund raising is done through the annual Spaghetti Supper in the Fall, a bake sale at the Fall Festival, and the Pancake Supper on Shrove Tuesday. All of the proceeds go to the EYC June Mission Trip.

The leaders and youth are thankful for the support of St. Martin's. The fellowship, Bible Study, and Mission Trip would not be possible without the help of many volunteers and gracious monetary contributions of everyone here. The youth are an amazing group of young people.

The Congregation thanks the leaders Sally & Sandy Bright, Rick Gibbs, George & Betsy Crowell and Father Lee.



Photos taken on Easter Sunday



Photo taken Sunday 4-29





Parish Nurse by Betty Horne

May is International Mediterranean Diet month

The Mediterranean diet is based on the eating and lifestyle habits common to people living in parts of Greece, Italy, France, Portugal, and Spain that surround the Mediterranean Sea. It is much less of a diet and more of eating delicious, wholesome foods. The benefits include lower cholesterol levels, less chronic disease and a longer healthier life expectancy. In addition these people balance work with family, leisure and physical activities.

The diet consists of:

- Fish including salmon, albacore tuna, sardines, anchovies, mackerel, lake trout and herring – high in
 - healthy omega 3 fatty acids, these are recommended at least once or twice a week. Avoid fried fish unless cooked with canola oil.
- Olive oil or canola oil is a healthy alternative to saturated fats from butter, margarine and cheese. Bread can be dipped or brushed with flavored olive oil.
- **Low fat dairy** cheeses and cream, Greek yogurt, feta cheese are eaten in small quantities.
- Fresh fruits, vegetables, legumes and nuts.

7-10 servings a day is recommended. Snack on small amounts of almonds, cashews, pistachios, (generally a handful a day)



- peanut butter rather than snacks loaded with salt, fats and sugars.
- Avoid processed foods which are usually loaded with salt, fats and sugars.
- Whole grains pasta, bread and rice made with whole grains are recommended instead of bleached, processed flour.



- Herbs and spices make food tasty and can also be rich in anti-oxidants. It can decrease the amount of salt used in seasoning
- **Limit sugars.** Natural sugars from fresh fruit, fruit salads and honey are preferable.
- A glass or two of wine a day
 with meals is not unusual. If
 you are unable to limit your
 alcohol, have a personal or
 family history of alcohol abuse
 or if you have liver disease
 refrain from drinking alcohol



• Avoid red meat – pork, beef and lamb increases your cholesterol level, weight and your chances of heart disease. Meats such as fish, chicken, and seafood are lower in fat and a healthier choice. Avoid sausage, bacon and other high fat meals.

Parish Nurse continued ... on next page

The Cloak 2018/05 page 14

Parish Nurse continued ... from previous page

In addition to above participate in daily exercise activities. This can be any activity you enjoy such as walking, running, swimming, riding your bike, yoga or working in your garden. It is important to keep moving

The Mediterranean diet is a delicious and healthy way to eat. Many people who switch to this style of eating say they'll never eat any other way. Here are some benefits of the Mediterranean diet:

- Reduces the risk of heart disease
- Lowers LDL (low-density lipoprotein) cholesterol – bad cholesterol
- Helps in managing your weight
- Reduces cardiovascular mortality as well as overall mortality
- Reduced incidence of cancer, Parkinson's and Alzheimer's diseases
- o Prevention of major chronic diseases
- Meals are usually enjoyed with family and friends

Salut! To your good health!

Arizona Memory

Still electric-eyed with fear Staring from a snapshot's dimness, Small girl in sandals, Pale hair wisped by desert wind, Poses beside the big saguaro. I had told my parents no It could fall on me. They laughed No, it won't fall. Believe us, they insisted. I obeyed. Perhaps if they had said It's just a tree..... How do I know, so many years away, That would have helped me? They might have told me About the roots of cactus. Instead they taught me Trusting takes more bravery than daring.

- Patsy Anne Bickerstaff

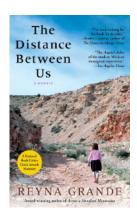
Book Club

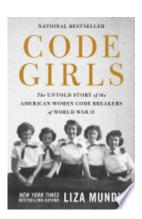
- by Pat Rourk

The book for May: "The Distance Between Us" by Reyna Grande

The Book for **June**: "Code Girls" by Liza Munday

These are the last two meetings until September. During the summer you may find something you are reading would be a good selection for the fall. Keep that in mind when we get together in September.





Food for Thought:

- The person who reads too much and uses his brain too little, will fall into lazy habits of Thinking. (Albert Einstein)
- We are what we repeatedly do; excellence then is not an act but a habit. (Aristotle)



If you know of somebody not on these lists (including yourself) please let the office know. If we don't know ...

05/05	Kimberly Longbricco	06/02
05/06	Marty Fairhead	06/03
05/07	Cynthia Cramer	06/05
05/07	Carl McAllister	06/07
05/09	Beth Miller	06/08
05/09	Mike Miller	06/08
05/14	Phyllis Berkle	06/09
05/16	Bland Wade	06/10
05/17	Harrison Alloway	06/13
05/20	(John) Jack Beck	06/14
05/21	Judith Wade	06/15
05/21	Titilayo Akinfolajimi	06/15
05/21	Shannon Werner	06/17
05/21	Stephen Harlow	06/17
05/22	C. Vivyan Lawrence	06/18
05/23	Julie Crews	06/19
05/24	Keith Borders	06/21
05/24	Delbert Lovell	06/21
05/26	Sherry Matthews	06/22
05/27	Kerry Alloway	06/24
05/29	Steve Row	06/27

Noelle Prskalo

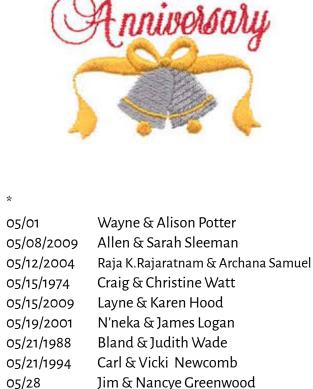
Jim Hughson

06/29

05/29

05/31

Henry Sleeman
Carrilynn Sykes
Betty Hall
Jacob Weimer
Lauren Murphy
Julie Hall
Melinda Jenkins
Cindy Adams
Jenny Richardson
Caroline Echevarria
Sally Tucker
Janice Carpi
Barbara Campeau
Max Barritt
Gregory Echevarria
Ian Watt
Garland Harwood
Maddie Alloway
Natalie Watt
Henry Scott
Sean Cooper
Kim Fiasco



05/28/2011

06/02/2007 Erin & Glenn Sprouse 06/06/2015 Dianne & Joe Lamb 06/06/2009 Beth & Mike Miller 06/10 Linda & Brian Fairtile 06/11/1977 Dennis & Vicki Pinner 06/14/1958 Henry & Nan Scott 06/17/2012 Igor & Amanda Prskalo 06/21/1980 Sandy & Sallie Bright 06/24/2000 Kyle & Anne Stephenson 06/26/1976 Stephen & Jody Harlow

Megan & Bo Greenwood

St. Martin's Yellow Pages

This area is where you can post your service or product to let your fellow St. Martinites know how you can help them, and you can give those who post here your support.

DERING'S CLEANING SERVICE:

If interested in your home getting a super good cleaning, call Leslie at 239-5865.

Licensed, Insured & Bonded





OCEANFRONT BEACH HOUSE FOR RENT

Located directly on the beach in Hatteras Village, NC. Contact Bob or Max Barritt (h) 270-3862 or (c) 512-4586

Amazon Smiles:

- 1. Go to https://smile.amazon.com/ or click the box above.
- 2. Create an amazon account or log in.
- 3. Go to "Or pick your own charitable organization" and type "St. Martin's Episcopal Church" then click Search
- 4. Locate "St. Martin's Episcopal Church" in Henrico VA.
- 5. Then start shopping!

Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to St. Martin's!

We are grateful for your participation!

YOU ARE MAKING A DIFFERENCE!

The weekly announcements will tell us what is needed especially this month. Please place your donations in the basket in the hallway.



ST. MARTIN'S STAFF

Rector: The Very Rev. Lee A. Hutchson

Priest Associate: Rev. Dr. Sandra Levy-Achtemeier

Monastic Associate: Friar John Ogle, SF
Organist & Choirmaster: David R. Hopkins
Administrative Assistant: Sherry Wilson

Head of Nursery: Nicolette Philippi

CHURCH OFFICE

(804) 270-6786 (Phone) (804) 270-3286 (Fax)

 $\hbox{E-mail: saint martin sec@gmail.com}\\$

Website: www.saintmartinschurch.org

Office Hours

Monday-Friday 9am-1pm

Trustee Emeritus: Robert I. Kirby

Trustees: Kerry Alloway, A. P. Hall, Jr.

& Garland Harwood

VESTRY

2018 2019 2020

Linda Fairtile Nancye Greenwood Christa Burr

Betty Horne George Crowell Garland Harwood

Sandra Goolsby Rick Gibbs Kim Fiasco

Senior Warden: Rick Gibbs

Junior Warden: Garland Harwood

Register: Nan Scott

Treasurer: Darrell Jenkins

Assistant Treasurer: Mike Fiasco

Editor: Christa Burr



St. Martin's Episcopal Church

9000 St. Martins Lane · Richmond, VA 23294 804-270-6786 (tel) · 804-270-3286 (fax) Website: www.saintmartinschurch.org E-mail: saintmartinsec@gmail.com

To submit articles or ideas for The Cloak, email: stmartinscloak@gmail.com