



The Cloak



St. Martin's – A Christian Church for all people Sharing God's Love, Following Christ, Serving Others



Our Youth painting THEIR Room

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Father Lee Hutchison



If you have had the opportunity to watch our compline service online you noticed that the Nunc Dimittis is always said near the end of the service. Nunc Dimittis are Latin words which mean Now depart. The church has used these words in worship since the 4th century. In the Lutheran church it's said by the congregation after receiving communion. If you saw the funeral of Margaret Thatcher the late prime minister of Great Britain; as her body was carried from the cathedral the choir sang "now your servant may depart in peace for mine eyes have seen the savior." Her life had reached its long wait to be united with Christ.

The words of the Nunc Dimittis were first spoken by a man named Simeon. Simeon had been told by God that he would not die until he had seen Israel's messiah. He had waited for years and happened to be in the temple in Jerusalem as Mary brought Jesus in to dedicate Him as God's possession. The Holy Spirit prompted Simeon that this infant was the messiah to which Simeon responded. "Lord you now have set your servant free to go in peace as you have promised: For these eyes of mine have seen the savior, whom you have prepared for all the world to see: A light to enlighten the nations, and the glory of your people Israel."

As we celebrate the resurrection of Jesus Christ, let us remind ourselves of Simeon's words "my eyes have seen the savior." We may have peace in the midst of a chaotic world knowing that God has already raised Jesus from the dead and we too will share in his resurrection.

Fr. Lee

Holy Week and Easter Services

April 2 - 9, 2023

- Palm Sunday Services** 8 am and 10 am
- Monday and Tuesday -** Evening Prayer at 7 pm
- Wednesday -** Seder Meal at 7 pm
- Commandment (Maundy) Thursday -** 7 pm Service and stripping of the Altar
Watch" following the service 9 pm to 5 am Friday
- Good Friday -** 6 pm - Stations of the Cross
7 pm Good Friday Service with Communion from Reserved Sacrament
- Holy Saturday -** 8 pm Easter Vigil (incense; bring your bell)
(Champagne Reception following service in the Parish Hall)
- Easter Day -** 8 am and 10 am Holy Eucharist Services (bring your bell)
(Easter Egg Hunt immediately following 10am service)

What and When

April

<p>Holy Week April 2-9 for details please see previous page!</p>
<p>After Wednesday Service social First Wednesday of the month April 5 (see page 7)</p>
<p>weekly Yoga Stretch Thursdays at 1:30 pm (see March Cloak page 13)</p>
<p>Men's Breakfast Saturday, April 8 at 9 am @ Nick's Bistro (see page 6)</p>
<p>ECW meeting none scheduled yet (see page 8)</p>
<p>Outreach Committee Shelter Drive Deadline Sunday April 9</p>
<p>St. Martin's Project Saturday April 15 at 9:30 am - Red Team</p>
<p>Annual Fish-Fry and first Silent Auction Saturday April 15 at 5 pm to 8pm</p>
<p>Committee Head Meeting Monday April 17 at 7 pm</p>
<p>WE (West End) Quilters Tuesday April 18 at 10 am all interested in quilting are welcome</p>
<p>Bible Study will resume weekly Tuesdays at 10 am (April 18) Wednesdays at 7 pm (April 19)</p>
<p>Vestry Meeting Tuesday April 18 at 7 pm</p>
<p>Cloak Deadline April 20</p>
<p>Our New Journey meetings Sunday April 23 at 3 pm</p>
<p>Pastoral Care Mtg. Monday April 24 at 7 pm Yen Ching</p>



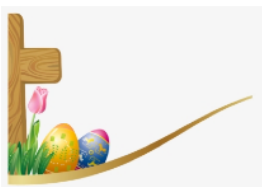
Regular Weekly Events

Event	Day	Time
Sunday Services	Sunday	8 am* & 10 am*
Boy Scouts	Monday	7 pm
MOW Meals on Wheels	Tuesday	10 am
Holy Eucharist	Wednesday*	10 am
Yoga Stretch	Thursday	1:30 pm
Sr. Choir Practice	Thursday	7:30 pm
Social Bridge	Friday	10 am-1 pm
Ethiopian Christians	Saturday	6 am
Compline Service -live on Facebook	daily*	8 pm

* all these are streamed live on FaceBook

Regular Monthly Events

Event	Day	Time
Vestry Meeting	2 nd Tuesday	7 pm
Midweek service social	1st Wednesday	after 10 am service
Men's Breakfast	2 nd Saturday	9 am
ECW	TBD	
St. Martin's Project	3 rd Saturday	9:30 am



Get to know your brothers and sisters in Christ

Jean Rollins wears many hats at St. Martin's and is instrumental of organizing many of our Outreach Projects. Thank you, Jean!

Q: Are you a cradle Episcopalian?

A: Yes, I am a cradle Episcopalian, as my father was a Priest. I was born in Malone, New York where he was a Priest there. We moved to Mohawk, New York and then to Richmond, Virginia where he was a Priest at St. Luke's church for 23 years.

I have a brother who is a year older than I am, and a sister who is a year younger. My brother also became a Priest, and was Vicar and then a Priest at St. Martin's. He now lives in Jacksonville, Florida with his wife and his three sons and three grandsons who live nearby. My sister lives in Maine with her husband and her three daughters who are all married and each have two sons.

Q: Have you always lived in the Richmond area?

A: I moved here when I was ten years old, so I think of myself as a Virginian.

Q: How did you find St. Martin's?

A: When my father retired, my brother was the Priest at St. Martin's, and I changed my membership at that time.

Q: What would you like your church friends to know about your family, your occupations, hobbies, etc.?

A: I have been happily married for 48 years and have a daughter and a step-son. My daughter who lives nearby in Ashland is married with two children, Carter and Kate. My step-son is married, has a son and lives in Gettysburg.

I went to Longwood University and taught for three years. However, I realized that I wasn't meant to be a teacher, and instead worked as a Social Worker in Richmond City and in Henrico County for a total of 36 years. The last few years I worked in Adult Protective Services which was very fulfilling and rewarding. I loved my job and had a hard time retiring. However, I now enjoy reading, playing bridge, traveling and walking. I have participated in many activities and on many Committees at St. Martin's and enjoy the fellowship at our church.



Photo above:
Jean with her brother

Photo below:
Jean with her sister



THANK YOU to the St Martin Community:
Jean was able to deliver 176 Lbs. of food to the Lambs Basket on March 7th.

The Mundane and Miraculous

- thoughts by Jessica Shook

During the season of Lent, we are called to prepare, reflect, sacrifice, and repent, all in anticipation of the death and resurrection of Jesus Christ. Death and resurrection: One is mundane and commonplace, and the other is an absolute miracle and extraordinary.

It's easy to focus on the miraculous aspects of Easter! At Easter we celebrate that through the awesome power of God, Jesus conquered sin and death once and for all. We celebrate that through the incredible love and sacrifice of our Savior, who gave His life, we receive eternal life and salvation. These miracles embody the most significant event in the Christian faith.

But even as we celebrate the miraculous nature of our faith, we're also reminded of the importance of the mundane. The majority of a person's life is filled with ordinary days and unremarkable experiences. When a person's life is reflected on, it is usually in the context of the significant events of their life. We celebrate and remember the special achievements and successes, the births and birthdays, graduations, weddings, new jobs, promotions, moving somewhere new, buying a home, trips, vacations, holidays, etc. The business of life pales in comparison to the grandeur of the big life events and celebrations. But it is the business of life and on our most normal of days that God works His greatest miracles.

God did not embrace humanity as a bolt of lightning, a bodiless voice, or an angel. He drew us in with someone like us, a man sent to be born, live, and die as a human. Jesus, the man, became a miracle, the extraordinary. Likewise, we too are able to be transformed.

In the life of Jesus, we see His most important miracles performed in the context of the everyday. He healed the sick, fed the hungry, showed compassion for others, taught people about the importance of love and forgiveness, and cared for the poor and marginalized—all of which He did in the midst of the ordinary routines of life. How many times have we taken care of someone who was sick, served a meal, made a new friend, or even brought beverages to a party? It is in the mundane we can look for the miraculous. And during the season of Lent, that is precisely what God asks of us. We may not experience dramatic confirmations of faith or supernatural events, but we can still experience the transforming power of God in the ordinary parts of life.

When we practice self-discipline through sacrifices of daily comforts, enjoyments, and habits, we do this as a way of acknowledging God and His grace. When we read Scripture, pray, and meditate, we do so as a means of opening ourselves up to the presence of God in our lives. When we serve others, and put the needs of others before our own, we learn how to live more fully in the spirit of what Christ taught us. And when we approach even the most mundane aspects of life with an attitude of gratitude and filled with the joy of our faith, we allow God to work in and through us in powerful ways.

So as we continue our journey through the season of Lent, let us not overlook the importance of the mundane. Embrace the ordinary moments of life as opportunities to experience the extraordinary. Greet each day with a spirit of faith and gratitude, knowing God is transforming and working a miracle within us, even in the most average of tasks or on the most typical of days.

Finance Committee Report

by Garland Harwood

Financial Highlights 2023	end of previous month	MTD February	YTD end of February
Income	\$32,078.40	\$22,000.64	\$54,079.04
Expenses	\$20,643.44	-\$19,633.38	-\$40,276.82
Gain or Loss	\$11,434.96	\$2,367.26	\$13,802.22

Outreach Committee - Jean Rollins

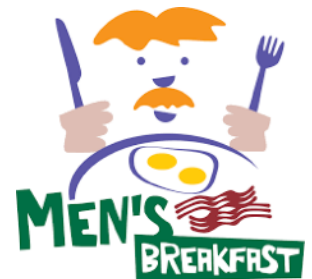
In keeping with a theme in Lent of helping others, the Outreach Committee is having a drive to collect toiletries for the four shelters that we help with lunches during the year. Please bring in any toiletries such as soap, shampoo, lotion, tooth brush, tooth paste, etc. to the church and place them in the container in the hallway. The items can be small or large. The deadline is on Easter Sunday, April 9. Thanks, everyone, for your support.



Ridge Elementary School is participating in a "Literacy Day" on Saturday, April 29. They are asking if we can donate bottles of water, chips, and cookies. Please have these items delivered to the church by Wednesday, April 26. Thanks for your generosity.

Men's Breakfast

The March monthly meeting took place on the 11th as always at Nick's Bistro. This time spouses were attending as well. Thank you to Kim Shook for providing the photos.



The next Men's Breakfast will take place on Saturday April 8 at 9 am. All St Martin's men are encouraged to attend. Bring a friend too.



"Special guest" Emmalynn Reid.



EYC Update - by Sallie Bright

A huge thank you to those of you who attended the Pancake Supper. It was a huge success. Your generosity will help our youth go on their Mission Trip in June.

The youth had their annual Bowling Outing at Shrader Lanes. Many strikes and spares this year!

On March 31st, we will be folding Palm Crosses for Palm Sunday. We also will be stuffing eggs for the Easter Egg Hunt. If you would like to join this fun activity, please come at 7 p.m.

The youth have a new room. They helped design and paint the room. The design wall was a lot of fun for them - they were able to mix paints and decide which colors would look best beside each other.

Many thanks to Ben Verlander for helping to measure and tape the design wall - and to Betty Horne for taping the baseboard.

This room will not only be a recreation and social room but a place for Bible Study with a TV and a white board. And ping-pong table!



First Wednesday every month

Refreshments after the 10 am service to have some social time to get to know each other better.



ECW Update - Christa

Ha-ha, when I googled “clip art ECW” this came up:
I didn't know that ECW stands for
Extreme Chaos Wrestling AND Episcopal Church Women



No meeting time has been scheduled yet but “the regulars” are eager to get together. We will after Easter. It will be announced in the Weeklies. Please don't miss it. Hope to see you!

Annual Fish Fry



Saturday, April 15, 5 - 8 PM:

Dinner is prepared by our own expert chefs, Bob Barritt and Jim Hughson.

ADDITIONALLY this year we will kick off our silent auction which will be in the parish hallway. If you have something you would like to donate to the auction please let Jean Rollins, Kim Shook, Rick Gibbs or Nancy Greenwood know!



Please sign up on the bulletin board as we need a count in order to prepare the food. Donations will be accepted at the door.

A new Picture Directory is in the works!

Information about it was published in the March Cloak issue on page 6. A proof had been laid out for 2 weeks in February and corrections had been noted and made. **Thank you very much for your help!**

Changes can still be made. Another proof will be available soon. Please email changes to the Cloak address:
smartinscloak@gmail.com

Christa is happy to take a new photo of you or you can send a digital one to the above email. Children grow so quickly. It would be nice to change especially those.

Special note to parents of children who have graduated and are out of the house: We would like their college addresses and emails so they still feel part of their church family.

If your youth would like to receive church news, we would like their email addresses also.

Thank you for your help!

Great Improvements on our Church Website!

from the Weeklies:

CHURCH LIVE STREAM NOW AVAILABLE DIRECTLY FROM THE WEBSITE!

Last week we highlighted the Weekly Video Sermons under the Worship tab (<https://saintmartinschurch.org/weekly-video-sermons/>) webpage. It is a good place to catch up on the sermons from previous weeks.

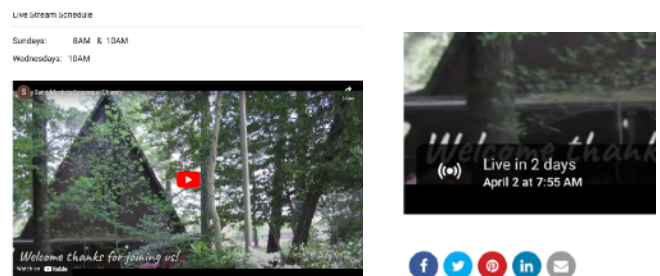
We have also added a new feature to that page to include our live streams on Wednesday and Sunday. When you scroll to the bottom of that page you will be able to get a livestream through YouTube. We are still working on making it look better when not streaming but the stream appears when we are live.

Not a FaceBooker? Not a problem any more!

Participating now in the **live services** is possible from the website too (see above notice).

As the notice says, scroll to the very bottom and wait for the right time.

When you click on the red video starting button the information when the next live streaming will happen appears in the left bottom corner.



Save the Date:

Saturday, June 10 6:05PM ST MARTINS NIGHT AT THE DIAMOND!

Please join us in fellowship on Saturday June 10 for the Squirrels game.

Tickets are \$7.00 each. **Please signup** for tickets on the bulletin board in the parish hall and include you check (preferred) or cash in the envelope there.



Why do Episcopalians:

Our services are structured a certain way. We like tradition.

In his **Wednesday Sermon: Fifth Week in Lent** Fr. Lee talks about John Keble, Priest and Poet, who the church celebrates on that day, March 29.

John Keble brought liturgical traditions (like vestments, candles, etc.) which were used before the Reformation, back in use. He thought they were very important but it was very controversial at the time.

He wrote a book of poems for each Sunday in the year. Here is the one for Palm Sunday.

THE SUNDAY NEXT BEFORE EASTER, OR PALM SUNDAY

And he answered and said unto them, I tell you that, if these should hold their peace, the stones would immediately cry out.
S. Luke xix. 40.

YE whose hearts are beating high
With the pulse of Poesy,
Heirs of more than royal race,
Framed by Heaven's peculiar grace,
God's own work to do on earth,
(If the word be not too bold,)
Giving virtue a new birth,
And a life that ne'er grows old—

Sovereign masters of all hearts!
Know ye, who hath set your parts?
He Who gave you breath to sing,
By Whose strength ye sweep the string,
He hath chosen you, to lead
His Hosannas here below;—
Mount, and claim your glorious meed;
Linger not with sin and woe.

But if ye should hold your peace,
Deem not that the song would cease—
Angels round His glory-throne,
Stars, His guiding hand that own,
Flowers that grow beneath our feet,
Stones in earth's dark womb that rest,
High and low in choir shall meet,
Ere His Name shall be unblest.

Lord, by every minstrel tongue
Be Thy praise so duly sung,



Parish Nurse by Betty Horne

April is Foot Care month

Spring is officially here although we have had a relatively warm winter with some days as warm as 60-70 degrees. You may have seen people already wearing sandals! It is very important to keep your feet healthy.

Can you believe that by the age of 50 most Americans will have logged 75,000 miles on their feet! To be able to do this well we must take care of our feet. Anyone with foot problems know that if your feet are not healthy the rest of you just don't feel well. Regular foot care can make sure your feet are up to the task. With proper inspection, care and treatment when necessary, most foot problems can be lessened or prevented. The following are some helpful tips:

- Inspect your feet daily
- Wash your feet daily and dry carefully especially between your toes.
- Seek medical care early if you injure your foot.
- Have your feet checked by your doctor at least once a year especially if you have diabetes - more often if you have foot problems.

- Your doctor should provide you with information on foot care
- Look at your feet for red spots, cuts, swelling, or blisters.
- If you cannot see the bottoms of your feet, use a mirror or ask someone for help.
- Because people with diabetes are more prone to foot problems, a foot care specialist, podiatrist, may be on your health care team
- Your podiatrist can also trim corns or calluses
- Call or see your health care provider if you have an ingrown nail.
- Tell your podiatrist if your foot changes color, shape, or just feels different. e.g. pain or decrease sensation
- Your podiatrist can also trim your toenails if you cannot do so safely.

If you have diabetes the following are specifically important.

- Work with your health care team to keep your blood glucose in your target range.
- Check your feet every day. Set a time every day to check your feet,
- Exercise (walk) for at least 20 minutes daily.
- Plan your physical activity program with your health team.



- If you need special shoes, your doctor may help you as this may be covered by Medicare
- Rub a thin coat of skin lotion over the tops and bottoms of your feet, **not between your toes**. This will help keep your skin smooth and decrease cracking.
- Trim your toenails straight across and file the edges with an emery board or nail file. (If you are able to reach)
- Never walk barefoot. Wear socks and comfortable shoes that fit well and protect your feet.
- Check inside your shoes before wearing them. Make sure the lining is smooth and there are no objects inside.
- Protect your feet from heat and cold.
- Wear shoes at the beach or on hot pavement. Don't put your feet into hot water.
- Test water before putting your feet in it just as you would before bathing a baby.

- Never use hot water bottles, heating pads, or electric blankets. You can burn your feet without realizing it.
- Put your feet up when sitting. Wiggle your toes and move your ankles up and down for about 5 minutes a couple of times a day.
- Do not cross your legs for long periods of time.
- If you smoke - quit.
- It is never too late to start taking good care of your feet.
-

By using the above listed recommendations you will be well on your way to healthy, happy feet this spring and summer!

Happy Easter!



editor asking again:

Did you enjoy the "**Get to know your brothers and sisters in Christ**" in this issue as much as I did?

Please, consider sending us your story!

Please email to stmartinscloak@gmail.com. I will include submissions in the order I have received them.

Many thanks in advance!

Here are the 4 questions which you might find helpful:

Q: Are you a cradle Episcopalian?

A:

Q: Have you always lived in the Richmond area?

A:

Q: How did you find St. Martin's?

A:

Q: What would you like your church friends to know about you, your family, your occupation, hobbies etc?

A:



*
 04/01 Pat Akens
 04/01 Owen Rowley
 04/01 Jim Smack
 04/02 Tiffany Clements
 04/05 Trudy Britton
 04/07 Megan Greenwood
 04/07 Moboluwaji Akinfolajimi
 04/08 Samantha Romano
 04/10 Dean Bracaloni
 04/10 Michele Hutchson
 04/11 Lance Hartman
 04/12 Olivia Alloway
 04/12 Esme Borders
 04/13 Eniola Akinfolajimi
 04/14 Grace Wood
 04/15 Vicki Pinner
 04/15 Karlee Rankine
 04/16 Sally Dvorak
 04/17 Sallie Bright
 04/17 Wilson Ponce
 04/22 Tristan Howdyshell
 04/23 Tyler Newcomb
 04/24 Jim Richardson
 04/26 Susan Teachey
 04/27 Zahara Iervolino
 04/28 Richard Rollins
 04/28 Brenda Rahn
 04/28 Russell Campeau
 04/29 Stacey Hartman
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 05/05 Jerry Sneary
 05/07 Cynthia Cramer
 05/07 Carl McAllister
 05/08 Charlotte Lai
 05/09 Beth Miller
 05/09 Mike Miller
 05/14 Phyllis Berkle
 05/15 Lucas Verlander
 05/16 Bland Wade
 05/17 Harrison Alloway
 05/19 Ben Verlander
 05/21 Judith Wade
 05/21 Titilayo Akinfolajimi
 05/21 Shannon Weaver
 05/23 Julie Crews
 05/24 Keith Borders
 05/27 Kerry Alloway
 05/29 Steve Row
 05/31 Jim Hughson
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 04/12/1980 Scott & Kerry Alloway
 04/25/1992 Scott & Mary Goodman
 *
 *
 05/01 Wayne & Alison Potter
 05/15/2009 Layne & Karen Hood
 05/15/1974 Christine & Craig Watt
 05/19/2001 N'neka & James Logan
 05/21/1988 Bland & Judith Wade
 05/21/1994 Carl & Vicki Newcomb
 05/28 Jim & Nancye Greenwood
 05/28/2011 Megan & Bo Greenwood
 *

If you know of somebody not on these lists (including yourself) please let the office know.



Every Member and Friend of St. Martin's is important. If you have not given us your birth dates and wedding dates, please email them to stmartinscloak@gmail.com.

We would like to say a prayer for you too on your special day.

We like to know the year too but it is for demographic purposes only. Birth years are sometimes published but for children only.

St. Martin's Yellow Pages

This area is where you can post your service or product to let your fellow St. Martinites know how you can help them, and you can give those who post here your support.



OCEANFRONT BEACH HOUSE FOR RENT

Perfect for a couple or family of 4.

Located directly on the beach in Hatteras Village, NC.
Contact Bob or Max Barritt (h) 270-3862 or (c) 512-4586



Did you see this in the WEEKLIES (again)?
Still needed. Every little bit helps!

The Lamb's Basket is in need of the following items:

- canned soups
- canned potatoes
- canned fruits - all kinds
- canned mixed vegetables
- canned peas
- canned carrots
- canned pet food
- paper shopping bags with handles



Dering's Cleaning Service

openings for House Cleaning or Pet Sitting

call Leslie Dering at 804-239-5865
or email LDerino7@yahoo.com



YOU MAKE A DIFFERENCE!

The weekly announcements will tell us what is needed especially this month. Please place your donations in the basket in the hallway.



LAMB's Basket

"...I was hungry and you fed me"
Matthew 25:35

Do you need ideas what you could bring for the Lamb's Basket?

You can find the answer for most needed items in most of St. Martin's weeklies.

ST. MARTIN'S STAFF

Rector: The Rev. Lee A. Hutchson
Priest Associate: Rev. Dr. Sandra Levy-Mix
Monastic Associate: John Ogle
Organist & Choirmaster: David R. Hopkins
Parish Coordinator:
Head of Nursery:

CHURCH OFFICE

(804) 270-6786 (Phone) (804) 270-3286 (Fax)

E-mail: office@saintmartinschurch.org

Website: <https://saintmartinschurch.org>

Office Hours

Monday to Friday 9 am-1 pm
(it is best to call before you come)

Trustee Emeritus: Robert I. Kirby,
Trustees: Kerry Alloway, Garland Harwood
& Jim Greenwood

VESTRY

2023	2024	2025
George Crowell	Nancye Greenwood	Leslie Dering
Rick Gibbs	Mike Shook	Linda Fairtile
Jean Rollins	Betty Horne	Jim Moss

Senior Warden: Nancye Greenwood

Junior Warden: Rick Gibbs

Clerk:

Treasurer: Darrell Jenkins

Assistant Treasurer: Mike Fiasco

Cloak Editor: Christa Burr



St. Martin's Episcopal Church

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smartinscloak@gmail.com