



The Cloak

St. Martin's – A Christian Church for all people Sharing God's Love, Following Christ, Serving Others



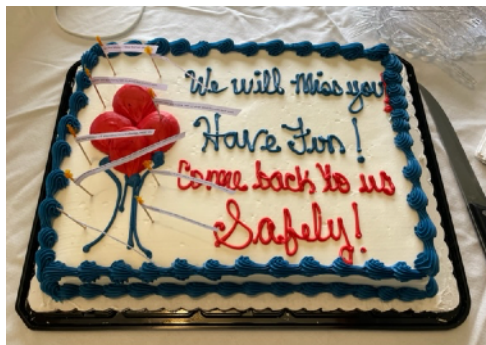
While
Fr. Lee
is gone
the children
still get a
Sermon!

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Father Lee Hutchson



Send-off to his Sabbatical

Sunday July 31



What and When ...

September

Fr Lee's Sabbatical gone til September 11
Labor Day Monday September 5 - office closed
Men's Breakfast Saturday, September 10 at 9 am @ Nick's Bistro all men welcome to join us
ECW Meeting Saturday, September 10 at 9 am (for more detail see page 12)
First Day of Sunday School Sunday September 11 during 10 am service (for detail see page 7)
Men's Night at the Diamond rescheduled: Tuesday September 13
St. Martin's Project Saturday September 17 at 9:30 am - Blue Team
Rally Day Sunday September 18
WE (West End) Quilters Tuesday September 20 at 10 am all interested in quilting are welcome
Vestry Meeting Tuesday September 20 at 7 pm
Cloak Deadline Tuesday September 20
Conquer Chiari Walk: Westchester Commons Saturday September 24 at 10 am (for more detail see page 9)
Bruton Parish Trip Sunday September 25 at 9am (for more detail see page 16)



Regular Weekly Events

Event	Day	Time
Sunday Services	Sunday	8 am* & 10 am*
Boy Scouts	Monday	7 pm
MOW Meals on Wheels	Tuesday	10 am
Holy Eucharist	Wednesday*	10 am
Sr. Choir Practice	Thursday	7:30 pm
Social Bridge	Friday	10 am-1 pm
Compline Service		
live on Facebook	daily*	8 pm
Ethiopian Christians	Saturday	6 am

* all these are streamed live on FaceBook

Regular Monthly Events

Event	Day	Time
Vestry Meeting	2 nd Tuesday	7 pm
Men's Breakfast	2 nd Saturday	9 am
ECW	2 nd Saturday	9 am
St. Martin's Project	3 rd Saturday	9:30 am

The editor (Christa with husband James) will be out of town (and out of country) in mid September. The editor will be gone at the time of preparing the next month's Cloak.

What to do?

There might not be an October Cloak.
There might be a late October Cloak.
There might be a combined Oct/November Cloak.

To all those who contribute:
Please, send your contributions as usual. Always happy to get contributions without having to beg.

THANK YOU!

Send-off continued... from page 2



Send-off continued ... from previous page



Words from Rev. Dr. Sandra Levy-Mix

“Learning to Pray—with James Martin

On our breakfast table is a new book recently out, authored by James Martin. Full disclosure: at the breakfast table we read, and this is when I do a lot of my spiritual reading. The title of Martin's latest is *Learning to Pray: A Guide For Everyone*. (Harper One, 2021).

James Martin is a Jesuit priest and a prolific writer. And he and I go way back. When I published my first of three books on the meaning of being human, from our genes to Kingdom come (*Imagination and the Journey of Faith*), he was sent a copy by my publisher William B. Eerdmans and he and I corresponded by email for a while after that. And over the years, I have read several of his books and he has remained one of my favorite spiritual authors. For example, I can recommend to you his *The Jesuit Guide to (Almost) Everything: A Spirituality for Real Life*; *My Life with the Saints*; and interestingly, *A Jesuit Off-Broadway: Behind the Scenes with Faith, Doubt, Forgiveness, and More*.

The latter was a reflection on Martin's time with an off-Broadway theater group who needed a theologian as a consultant for a play that was written, directed, and produced concerning the life and death of Judas. A sermon or two came out of that writing.

Anyway, getting back to my current breakfast table reading, he opens the first chapter, titled “Everyone Can Pray” with the following words:

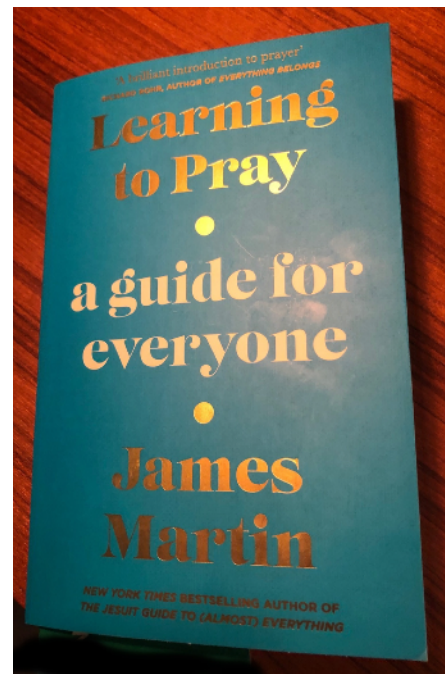
Everyone can pray.

Let me put that another way. If I can learn how to pray, then so can you.

If you've never prayed before, or have had trouble praying, or think that you're praying “wrong,” that opening statement might seem hard to believe. Or too good to be true. But it is true, even though it took me a long time to understand this simple fact: prayer is for everyone.

[And then a bit later in Chapter Three, he gets to the heart of the matter] Where does the desire for prayer come from? *From God*. The most common way God draws you closer is by placing within you the desire to be closer, the desire that drove you to think about prayer and to read this book. Strange as it sounds, your reading of these lines at this moment is a sign of God's call... Prayer reminds us of our need for God. It reminds us that we are not the center of the universe and that we are not God. Sometimes when things are going well, we can grow arrogant and complacent in our self-sufficiency. Prayer, which places us in the presence of God in an intentional way, reminds us of Who is in charge, or rather, who is nurturing us.

In this rich book, Martin describes many ways of praying, and all the attendant difficulties that prayer can cause us. But in fact, it is our lifeline. Starting with three common ways of prayer—petition (it's OK to ask because we are essentially dependent creatures), conversation (God calls us into relationship), and mystical experience (or a sense of God's nearness wherever we may be)—Martin covers it all.



In my family, I was always designated the family pray-er. And over the years, I've traveled both the easy and hard road in my prayer life. But still hanging on as I believe God is hanging on to me. So let me close this Cloak piece with letting Martin have the last words.

At various points in our prayer life, something happens. God communicates with us. . . There is no better response than gratitude. We can do nothing without God, least of all pray. After all, it is God who created us. Places within us a desire for God, calls us to prayer through our desires, helps us pray, and offers us the fruits of prayer. God is the beginning, middle, and end of prayer. Our gratitude to God is the best response for the life of prayer.

[And Martin closes the entire book with the following]: Now that you have experienced prayer, this question can be asked of you: "What difference will it make in your life?"

You have a lifetime to answer.

And the answer is your life.

Whether you are a beginner or master prayer, I couldn't recommend James Martin's writings to you more highly. So . . . take and read!

From the Parish

Coordinator

- Kathy Theado

As I am writing this some of the St. Martin's children are already back on school for the 2022-2023 year with the rest scheduled to begin within the next week or so. For those of us who are used to school and Fall schedules starting after Labor Day these August start dates seem so early.

For the Sunday School program year, we will stick to what we usually do. The first Fall 2022 Sunday School class will be Sunday, September 11. Children will process out before the sermon and return for Communion. We are using a new curriculum this year called Bible in Life which has a wonderful variety of activities, crafts, and take homes.

The schedule for Fall will be to hold Sunday School every Sunday from September 11 until November 20. There will be a break over the Thanksgiving weekend. Classes will resume December 4.

Picture

Paper crumbles
In an old scrapbook; I find
A girl – studio portrait,
Not a snapshot: posed, with curls,
Gentle eyes, perfect lips,
Fifteen years old.
The girl who caught a young man's heart
Like a beach ball: held it
As long as he lived; so loved him always,
She could still find him forever
In a dream;
The girl who ordered her daughter
As if from a menu; Name, hair, eyes,
Ambitions, achievements, activities,
Hopes and joys;
The girl,
Always teaching, hoping, loving;
Who grew to be
Brave, strong, certain
As a Valkyrie; hiding
Fear behind laughter,
Doubt under determination.
I paste my mother's picture
In a new album, and remember.

- Patsy Anne Bickerstaff



EYC Update - by Sallie Bright

As summer comes to a close, parents and students are preparing for the new school year. St. Martin's school supply drive was a huge success. Many thanks to the youth that helped in sorting, packing, and delivering the abundant supplies to three elementary schools. In these trying times with families facing higher costs in many ways, this donation will help teachers alleviate some of the burden at the beginning of the school year.

EYC will start on Rally Day weekend. We look forward to growing in Christ through our Bible Study, Service to St. Martin's, Service to our community, and Service to those outside our community through our Mission Trip. Thank you, St. Martin's, for supporting us.



Outreach Committee

- by Jean Rollins

Wow! What a great success the "School Supplies Drive" was this year! With the tremendous help of the Metropolitan Richmond Women's Club and the parishioners of St. Martin's, we collected the most school supplies ever.

Thanks to all who purchased the supplies, and to Nancy Fleming who helped to organize this drive. Thanks also goes to Sallie Bright and to Ashley, Colin, and Esme Borders for delivering the supplies. There will be a lot of parents and children who will benefit from your unselfish giving this fall.



September 24th, 2022

Register @ walk.conquerchiari.org

RICHMOND, VA

Westchester Commons Shopping Center
15786 WC Main Street
Midlothian, VA

REGISTRATION: 9:00 AM
WALK STARTS: 10:00 AM



CONTACT:

Rick Gibbs
(804) 437-4728
Rhgbaseball@gmail.com

Walk distance is 2 miles, walk at your fitness level.

MUSIC | FOOD | FACEPAINTING

***LIMITED SEATING* BRING YOUR LAWN CHAIRS**

**COME SEE THE CHICK-FIL-A COW &
NUTZY AND NUTASHA MASCOT!**

**CONQUER CHIARI
RICHMOND, VA**



Chiari Malformation is a serious neurological disorder affecting more than 300,000 people in the US.

The Conquer Chiari Walk Across America is a series of local awareness and fundraising walks held on the 3rd and 4th Saturday of September, uniting patients and their families across the country. Join us on this special day to help support the thousands of people struggling with this life changing diagnosis.

Proceeds will be used to fund Chiari research, education and awareness programs.

Participation is free. T-shirts will be provided for pre-registered walkers who have raised a minimum of \$40. (deadline is 8/16).

Conquer Chiari, known formally as the C&S Patient Education Foundation is a Pennsylvania 501(c)3 nonprofit dedicated to improving the experiences and outcomes of Chiari patients through education, awareness, and research.

TOGETHER We Walk. TOGETHER We fight. TOGETHER We Win.

This is a very worthy cause very dear to our Jr Warden Rick Gibbs' heart. For any questions about this or arrange your participation please contact him.

Annual Men's Night at the Diamond

was on Tuesday, July 26, 2022. The attending men very much enjoyed the fellowship and good food, but because of the weather could not enjoy a game too.

The tickets are still honored though and the visit to see a game is rescheduled for September 13.



Finance Committee Report

by Garland Harwood

Our treasurer traveled at the end of the previous month so he had to make a few minor adjustments after his return when he had received more information. The editor had to do those in July to show YTD correctly.

Financial Highlights 2022	end of previous month	MTD July	YTD end of July
Income	\$123,199.72	\$21,435.10	\$144,634.82
Expenses	\$117,612.09	\$19,364.93	\$136,977.02
Gain or Loss	\$5,587.63	\$2,070.17	\$7,657.80

St. Martin's remains on very solid ground financially through the 1st half of 2022 as you can tell from the numbers above stating that we are profitable by \$7,657.80 YTD. This has been achieved by growing our church with new members and through the generosity of our Parishioner's contributions that are \$3,756 OVER our Budget. Also, our leadership has done a great job of controlling expenses which are \$1,313 UNDER Budget.

The only negative to report is a topic that is familiar to all of us with 401K's and investments in savings accounts. The volatility of the stock market has reduced our equity by \$44,333 or 13.9% since the January 1. All of that has been in money we have invested in the Diocesan Fund. What goes up will come down but to close on a positive note I'm sure it will go up again!

Prayer Shawl Committee

by Ann Robbins

Beginning in 2012 a Prayer Shawl Committee was formed (or reformed) at the request of the Vestry. It is reasonable to assume that there may have been such a ministry prior to 2012 but the records are not available. While emphatically stating she was not a "knitter" Carolyn Wallace (as a then current Vestry member) agreed to oversee/organize/get-together with those who were crafters.



Attending the first meeting were: Betty Hall, Christa Burr, Lois Gibbs, Nan Scott, Janet Titley, Ann Robbins, Marci Jerina, Sherrie Livingston, Helen Walsh, Joyce Wellford, Annette Woolwine, and Kathi Longbricco. Pat Akens joined the group the next year. Sadly, several of the early members are no longer with us. The Prayer Shawl Committee however has continued to exist in some form for the past ten years and has welcomed new member Sharon Ragland.

During these ten years numerous baby blankets were distributed to infants; numerous prayer shawls and lap robes have been given to church members to help in recovery and convalescence and relocation to new facilities. While records do exist for the "numerous items" distributed to members and family members, they are not currently retrievable.

Several years ago, the ministry was expanded to include scarves for high school and college grads. Currently young people today are not into scarves, so this was discontinued.

To some extent the Prayer Shawl Ministry is part of the Pastoral Care Committee. We rely completely on being informed of a need within the church family for support through our ministry. Regrettably we may miss someone in

need. We do often receive sweet thank you notes for the prayers given through our handwork.

We have been recipients of yarn “stash” that all knitters have and appreciate the donations. Many members use their own “stash” for making the shawls, blankets, lap robes and baby blankets. When requested some funding were provided by the Pastoral Care Committee.

Our current inventory consists of 27 baby blankets and 5 lap robes and 8 prayer shawls. If you know of a need within the church family, please let Fr Lee know and he will pass this along to the committee.



ECW

- Christa Burr

The August meeting was enjoyed by all in attendance. We were 8 around the breakfast table and a lively conversation was held enjoying breakfast casserole, assortment of bread and bagels with smoked salmon or different jams, fruit salad, orange juice, tea or coffee. It was difficult to keep on track with the time but we managed.



Leslie from Wild Birds Unlimited was so enthusiastic about her subject: Basics about Bird-feeding. We had many questions and she answered all with lots of passion. I wished you all could have come and hear her. She of course showed some samples and gave each of us a very appropriate present. Thank you, Leslie!



The next meeting will be on Saturday September 10 at 9 am in the Parish Hall of the church. Please bring your own breakfast. Sharing of course is always allowed.

All women and mature teenage daughters of St. Martin's are encouraged to attend.

We will talk about the roll of the ECW in St. Martin's Church and try to make some plans for the future.

For the October meeting we would also like to know whether there is an interest in a show+tell by Barbara Campeau who is an avid indoor aqua gardener.

If you have a specific topic or idea please let Christa know to put it on the agenda (kygerman@hotmail.com).



Parish Nurse by Betty Horne

September is blood cancer month

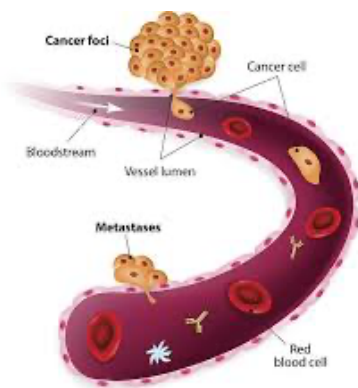


Blood is approximately 8 percent of your body weight. It circulates throughout your veins and arteries supplying your organs with oxygen, nutrients, hormones and antibiotics. It is made up of **plasma**, **red blood cells** - transporting oxygen to organs and tissues, **white blood cells** - responsible for protecting against infections, and **platelets** - responsible for forming blood clots and preventing blood loss. **Plasma** is the medium that transports cells, nutrients, waste products, protein and other molecules among other things.

Blood cancer is an overproduction of abnormal white blood cells. Approximately 10 percent of all cancer reported in the US is blood cancer and includes leukemia, lymphoma and myeloma. Blood cancer is more common in men than women. Leukemia is more common in children and accounts for approximately 25 percent of all cancers in children. There are over 100 types of blood cancers.

Some blood cancers show no symptoms and progress very slowly while some show symptoms of severe fatigue, weight loss, swelling of the lymph nodes or night sweat. The three main types of blood cancer are:

Leukemia - prevents the white blood cells from fighting infections in the body. It can be chronic (slower-growing), or acute which can progress rapidly. It can affect the lymphocytes (lymphocytic) or other immune cells (myeloid).



Lymphoma - is a cancer of the lymphatic system, particularly the lymph nodes. The lymphatic system is responsible for filtering out harmful substances from the body. The most common type is Hodgkin's lymphoma or Hodgkin's disease. All other types of lymphoma are referred to as non-Hodgkin lymphoma. It is the most common type of blood cancer in adults.

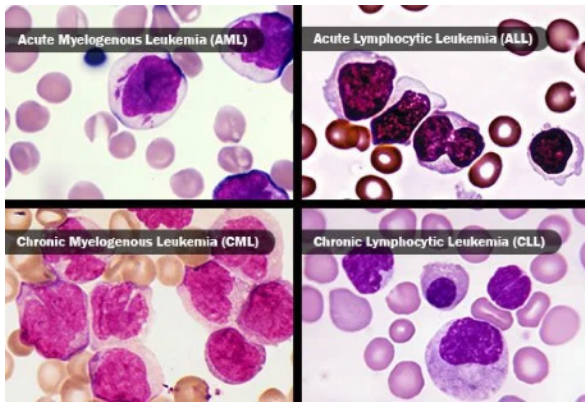
Myeloma - is a cancer of the plasma cells. These are lymphocytes which make antibodies to protect against infections. Myeloma attacks the immune system leaving the body prone to infection.

Risk factors - Although not fully understood, genetic and environmental factors are considered as a cause of blood cancer. Factors such as radiation exposure, smoking, and exposure to certain chemicals have been associated with increased risk of some blood cancers.

Symptoms of blood cancer may include:

- Fever,
- Chills
- Fatigue

- Weakness
- Loss of appetite
- Weight loss
- Shortness of breath
- Frequent infections
- Bone and joint pain
- Swollen lymph nodes in the neck, under arms and groin
- Anemia



Diagnosing blood cancer

Leukemia - A complete blood count (CBC) will detect any abnormal levels of white blood cells in relation to red blood cells

Lymphoma - Tests including a biopsy, X-ray, CT or PET scan may be ordered to evaluate swollen lymph nodes.

Myeloma - A CBC, other blood or urine tests to detect certain proteins or chemicals produced in the presence of myeloma. Additional information from a bone marrow biopsy, x-ray, MRI, PET scans may confirm diagnosis or show the extent of the disease.

Treatment depends on the type of blood cancer, how fast the cancer is progressing, whether it has spread to other areas of the body and the age of the patient. Recent advances in blood cancer treatment have increased the outcome of many of these cancers. Some treatment require only active surveillance. Treatment includes:

- **Chemotherapy** - use of anti-cancer drugs given intravenously
- **Radiation therapy** - use of high energy rays to kill the cancer cells
- **Targeted therapy** - drugs that kill the malignant cells without harming the good cells
- **Stem cell transplantation** - healthy cells are infused into the body following therapy to help restart healthy blood production.
- **Surgery** for removal of affected lymph nodes.
- **Immunotherapy** works by activating the immune system to kill the cancer cells

Patients being treated for blood cancer, along with their Primary Care Physician, may be followed by an oncologist, hematologist, radiotherapist, nutritionist or dermatologist. It is very important to follow up with your healthcare providers to maintain your health throughout your treatments. You may be prone to infections so care should be taken to avoid contact with persons who are ill or large crowds. You may be required to wear a mask while away from home. There are also support groups that your healthcare provider may recommend. Your overall health, body mind and spirit is very important in the success of your treatment.

Source: NIH

Flu season is fast approaching. IVNA will again offer flu shots at the Fall festival on October 29. There will be a sign up sheet posted soon. There is no charge to you. All you will need is your medical insurance card. Any proceeds from IVNA goes back into the community to provide services to the uninsured or under-insured.

Be safe and enjoy the cooler weather.



Sunday Service Children's Sermons - by the editor

Who doesn't like them? Most of the time my favorite part of a service. In Fr. Lee's absence the children will not be neglected. In the last month I had photos of Jay Sykes taking a turn, this time it is Rick Gibbs. Of course there are not photos from every Sunday. Thank you, Gentlemen, we think the Lord would have enjoyed the fun too. Sometimes it is not that easy to get the children to participate.



Jr Warden Rick explained to the children (and us all) the two poles fastened to the last bench in the back. They are called the "Warden's Wand". There is an article about them in the Cloak 2016-10 on page 4 under "Why do we Episcopalians...?"



Morning Bowling Team Forming

St. Martin's is hoping to put together a morning bowling league team. A sign-up is on the Parish Hall bulletin board. Days and exact times to be determined based on interest.



Volunteer Opportunities

St. Martin's Meals on Wheels effort is looking for a few additional volunteers. Deliveries are every Tuesday at 10 am. Even if you can only deliver once or twice over the next few months, you are needed! Please contact Kerry Alloway for more information or to sign up.





If you know of somebody not on these lists (including yourself) please let the office know.



*		*		*	
09/01	Christine Areson	10/01	Bill Shirey	09/01/1990	Lee & Michele Hutchson
09/01	Bob Barritt	10/03	Janet Areson	09/02/1995	Mike & Martha Murphy
09/02	Cameron Britton	10/06	Blake Bailey	09/02/2006	Kevin & Ashley Howdyshell
09/03	Julia Stephenson	10/06	James Burr	09/02/1961	Sid & Pat Akens
09/04	Richard Thomas	10/06	James Bristol	09/09	Keith & Ashley Borders
09/04	Nancy Fleming	10/06	Vicki Newcomb	*	
09/08	Ann Robbins	10/08	Marci Jerina	*	
09/08	Jody Harlow	10/09	David Mix	10/01/1994	Wayne & Trudy Britton
09/09	Daniel Clements	10/10	Judi Bragg	10/07/2017	Jennifer & Sean Reid
09/13	Amy Bailey	10/11	Bo Greenwood	10/09/????	Ginny Munoz & Rick Fowler
09/15	Lauren Bailey	10/12	Warrick Stephenson	10/10/????	Todd & Janet Areson
09/15	Mike Murphy	10/12	Francis Stephens	10/12/2002	Mike & Kim Fiasco
09/15	Rick Fowler	10/13	John Ogle	10/18/2008	William & Holly Thirion
09/15	Logan Thirion	10/15	Molly Bristol	10/21/2017	Chris & Claire Baughan
09/17	Vicky Echevarria	10/16	Lauren Rowley	*	
09/19	Sandra McAllister	10/21	Bennett Jenkins		
09/24	Mary Moss	10/22	Vaiden Lindsey		
09/25	Erin Sprouse	10/23	Betty Horne		
09/25	Rick Gibbs	10/29	Caleb Greene		
09/28	Andrew Hutchson	10/31	George Ward		
09/28	Sandy Levy-Achtemeier	10/31	Joanne Stebick		
09/28	Nancy Davis	*			
09/29	Wayne Britton				
09/29	Mary Arnold				
*					



Bruton Parish Bus Trip

Sunday September 25, 2022

9:00 am	Bus departs from St. Martin's
11:15 am	Church service at Bruton Parish, Williamsburg VA
3:00 pm	Bus departs for return trip

Cost: \$40 per person
 Box breakfast provided on the bus
 Lunch on Duke of Gloucester Street (lunch cost is not included)
 Snacks/drink provided on the ride home

St. Martin's Yellow Pages

This area is where you can post your service or product to let your fellow St. Martinites know how you can help them, and you can give those who post here your support.



OCEANFRONT BEACH HOUSE FOR RENT

Perfect for a couple or family of 4.

Located directly on the beach in Hatteras Village, NC.
Contact Bob or Max Barritt (h) 270-3862 or (c) 512-4586

Amazon Smiles:

1. Go to <https://smile.amazon.com/> or click the box above.
2. Create an amazon account or log in.
3. Go to "Or pick your own charitable organization" and type "**St. Martin's Episcopal Church**" then click Search.
4. Locate "**St. Martin's Episcopal Church**" in Henrico VA.
5. Then start shopping!

Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases **to St. Martin's!**
We are grateful for your participation!

If you are not yet taking advantage of the **Amazon Smiles** offer for another charity, please consider to do it now to benefit St. Martin's. It's easy see above!
Every little bit helps!



Dering's Cleaning Service
openings for House Cleaning or Pet Sitting

call Leslie Dering at 804-239-5865
or email LDering07@yahoo.com



YOU MAKE A DIFFERENCE!

The weekly announcements will tell us what is needed especially this month. Please place your donations in the basket in the hallway.



LAMB's Basket

"...I was hungry and you fed me"
Matthew 25:35

Do you need ideas what you could bring for the Lamb's Basket?

You can find the answer for most needed items in most of St. Martin's weeklies.

ST. MARTIN'S STAFF

Rector: The Rev. Lee A. Hutchson
Priest Associate: Rev. Dr. Sandra Levy-Mix
Organist & Choirmaster: David R. Hopkins
Parish Coordinator: Kathy Theado
Head of Nursery:

CHURCH OFFICE

(804) 270-6786 (Phone) (804) 270-3286 (Fax)
E-mail: saintmartinsec@gmail.com
Website: <https://saintmartinschurch.org>

Office Hours

Monday to Friday 9 am-1 pm

Trustee Emeritus: Robert I. Kirby,
Trustees: Kerry Alloway, Garland Harwood
& Jim Greenwood

VESTRY

2022	2023	2024
David Mix	George Crowell	Nancye Greenwood
Dianne O'Kelley Lamb	Rick Gibbs	Mike Shook
Susan Teachey	Jean Rollins	Betty Horne

Senior Warden: George Crowell
Junior Warden: Rick Gibbs

Clerk:
Treasurer: Darrell Jenkins
Assistant Treasurer: Mike Fiasco
Cloak Editor: Christa Burr



St. Martin's Episcopal Church

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