



The Cloak



St. Martin's – A Christian Church for all people Sharing God's Love, Following Christ, Serving Others



A
Congregation
Enjoying
Friendship
one Scoop
at a time!

Contents:

2 ~ Father Lee's Message
3 ~ What and When
4-5 ~ Words from Rev. Dr. Sandi
5 ~ Poem: Across the Street
5 ~ From Parish Coordinator
6 ~ EYC Update
7 ~ More Shepherd's Meetings
7 ~ Finance Report
8 ~ ECW meetings
9 ~ UTO Ingathering / Men's Night

9 ~ Confirmation Class
10-11 ~ Ice Cream Social
12 ~ Outreach Committee
12 ~ Did you Know? About the BCP
13-14 ~ Parish Nurse Thursday
14 ~ Altar Flower Delivery Ministry
15-16 ~ Celebrating the SS Season
17 ~ Birthdays + Anniversaries
17 ~ New Acolyte trainees
20 ~ Yellow Pages
20 ~ Amazon Smiles / Lamb's Basket

Father Lee Hutchson



Below you can see what may be the first painting of impressionistic art. It was painted by Claude Monet in the winter of 1868-69. That year was a very difficult time in Claude's life. Claude was broke, as no one would buy his art. His father threw him out of the house they shared, because Claude would not join him in the grocery business.

Without income or a home, his girlfriend took their son and left. In the painting you can see a large yellow house and a tree covered in snow and a large shadow covering them. On the opposite side is a bird sitting on a rail bathed in light.

One art critic wrote it was as if Claude was painting his way towards hope. Painting an image of hope is exactly what Jesus is doing in the resurrection of Jesus.

The world can seem hopeless as so many people turn away from being the kind of people God intended them to be. Easter gives us an alternative picture of how to live lives which offer hope to others. When we are deeply rooted in God's love, anger and bitterness and hate is burned away.

But a connection to Jesus has no meaning unless we choose to live our lives reflecting the character of Christ. President Putin is a baptized christian. So was Mother Theresa. Both reflect very different values.

Paul writes If you have been raised with Christ, seek the things which are above...clothe yourself with compassion, kindness, humility and patience...but above all clothe yourself with the love of Christ, that the peace of Christ might rule in your heart and be thankful. When the words we use and the deeds we do are based on the love of Christ we bring hope to the world. We become living examples of the kind of people God intends us to be.



Fr. Lee

What and When ...

June

Pentecost / Whitsunday Sunday June 5
EYC Pool Party Friday June 10 from 4 to 8 pm (for EYC details see page 6)
Men's Breakfast Saturday, June 11 at 9 am @ Nick's Bistro all men welcome to join us
ECW Meeting Saturday, June 11 at 9 am (for more detail see page 8)
Jean Machalinski Funeral Saturday June 11 at 11 am
Graduation Celebration Sunday June 12 after late service
Confirmation Class starting Sunday June 12 from 1 - 3 pm (for details see page 9)
WE (West End) Quilters Tuesday June 14 at 10 am all interested in quilting are welcome
Vestry Meeting Tuesday June 14 at 7 pm
St. Martin's Project Saturday June 18 at 9:30 am - Blue Team
Father's Day Sunday June 19
Cloak Deadline Monday June 20
UTO Ingathering Sunday June 26
EYC Mission Trip Sunday June 26 to Saturday July 2

Regular Weekly Events

Event	Day	Time
Sunday Services	Sunday	8* & 10 am
Boy Scouts	Monday	7 pm
MOW Meals on Wheels	Tuesday	10 am
Holy Eucharist	Wednesday*	10 am
Sr. Choir Practice	Thursday	7:30 pm
Social Bridge	Friday	10 am - 1 pm
Compline Service live on Facebook	daily*	8 pm

* all these are streamed live on FaceBook

Regular Monthly Events

Event	Day	Time
Vestry Meeting	2 nd Tuesday	7 pm
Men's Breakfast	2 nd Saturday	9 am
ECW	2 nd Saturday	9 am
St. Martin's Project	3 rd Saturday	9:30 am



* Save the Date *

Tuesday July 26, 2022
Annual Men's Flying Squirrel Game Night
(for detail see page 9)

Words from Rev. Dr. Sandra Levy-Mix

***"Never again?: The Drumbeat of War"*¹**

"The only thing necessary for the triumph of evil is for good people to do nothing." With this line, the imprisoned Russian opposition leader, Alexei Navalny, closes an interview shown on CNN which aired his story on Sunday evening, April 24th.

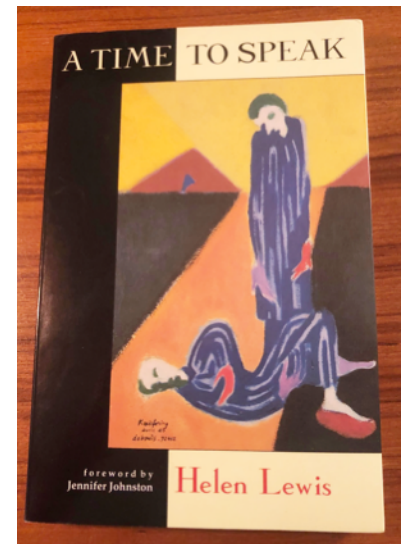
On one of our bookshelves I found an inscribed copy of a book titled *A Time to Speak* by Helen Lewis. She was my late husband's—Leon Levy's—cousin. As a Czech Jew, she was also the survivor of Nazi concentration camps where she experienced incredible brutality, but also some occasional and surprising kindnesses along the way. (Including a safe passage note finally given to her by a German Officer that allowed her a safe escape from the war zone.) The book was published in 1992, and in 2001 the signed copy of the book was sent to Leon—two years before we traveled to Cambridge, England, for my sabbatical—and where we met Helen's two sons and their families during that summer.

I read this book for the first time last month, and with all that is going on now in our world, it was in fact hard reading. In a Foreword written by Jennifer Johnston, she points out that it is so easy to categorize all terrorists as "monsters" and thugs and murderers. But we should also remember that although Hitler, Stalin, and yes, Putin are monsters indeed, the majority of them and their followers are ordinary people with families and friends. She asks:

What happened to turn those men and women from the paths of humanity can happen again and it is important that we do not forget, and that we do not allow our children to forget, the terrors we have seen in our lifetime. The suffering of millions in the camps of Hitler and Stalin, in the prisons of Romania, South Africa and Chile, the disappeared, the despairing, the prisoners of conscience [such as Alexei: in our own day before our very eyes] and of political expediency must all be remembered. . .to ensure that such things will never be allowed to happen again. . .

Some weeks back, Bret Stephens, a columnist with The New York Times, wrote an op-ed piece titled "This is How World War III Begins." Stephens points out that despite the fact that the usual date for the beginning of WW II is Sept. 1, 1939, when Hitler invaded Poland, actually that invasion was merely one of a series of events that might have seemed unconnected. From Japan's invasion of Manchuria. . .to the bombing of Pearl Harbor in 1941, WW II gathered steam over the early years—like water rising until it breaches a dam". And then he points out the obvious.

We too have been living through years of rising waters, though it took Russia's invasion of Ukraine for much of the world to notice. . .Before the invasion, we had the Russian invasions of Georgia, Crimea and eastern Ukraine; the Russian carpet bombing of Aleppo; the use of exotic radioactive and chemical agents against Russian dissidents on British soil; Russian interference in U. S. Elections and massive hacks of our computer networks; the murder of Boris Nemtsov and the blatant poisoning and imprisonment of Alexei Navalny. . .[Stephens concludes that the West has basically spent 22 years placating Putin] through a long cycle of resets and wrist slaps. Ukraine's devastation is the result. . .How does the next world war begin? The same way the last one did.



Rev. Dr. Sandi continued ...
on next page

Obviously I have no answer to that. I'll just close again with Navalny's quote, and pray he doesn't die in prison. "The only thing necessary for the triumph of evil is for good people to do nothing." Well praying isn't nothing. And we all might wind up doing a hell of a lot more than that before this is all over.

¹From my website Blog page posted on May 4th, 2022. See that post for a fuller treatment of this subject. My website address: www.sandralevy.net

From the Parish

Coordinator - Kathy Theado

As previously mentioned in the May edition of *The Cloak*, Pentecost is nearly upon us. We celebrate this year on Sunday, June 5. One of my favorite representations of this is the Godly Play Story "Pentecost". I invite you to view this video of the Godly Play method of telling the story of Pentecost.

<https://www.youtube.com/watch?v=VuYKBbIR5rg>



GODLY PLAY

On Pentecost Sunday, please pick up an activity bag for your child. Activity bags will be offered every Sunday this summer along with the Children's Worship Bulletins.



Announcement:

Lost & Found: There are several pairs of eyeglasses and a key (on a Portsmouth, VA keyring) in the Lost & Found basket in the Parish Hall foyer. Any unclaimed glasses will be donated to the Lions Club.

Across the Street

I speak to them sometimes. I do not know
Their names, except the children: two small girls,
Grandparents, and an even smaller boy;
Nor do I know what miracle was wrought
To bring them to this place, where they are safe
And free. I prayed for them, before they came,
And wept for those they had to leave behind,
Some living, mostly not. I cannot ask
What family they mourn, what friends they lost.
Last night, marking the end of Ramadan,
A crowd of young men gathered on the lawn,
Then drove away perhaps to celebrate.
Today, Grandfather and the little boy
Wore white; Grandma, silk sari and hijab;
The girls had pretty frocks; they came outside
Together, going -- maybe, to their Mosque.
There was a woman, not so long ago,
Who walked across my Churchyard, asking prayers
From Christian strangers, for her surgery;
I think of her, and of my neighbors, now;
"Deliver them from Evil," I request
Of that same God we worship, Whom they love
And call to Him, but by a different name.

- Patsy Anne Bickerstaff



EYC Update

- by Sallie Bright

The EYC went on a hike to the Crozet Trail Tunnel. We were very lucky with the weather - the thunder storms passed north and south of the trail - we didn't even hear any thunder! It was a sunny partly cloudy day perfect for the hike. The trail to the tunnel is just over 1/2 mile leading to an opening with a small cascading waterfall. Quite a greeting leading to a damp and dark tunnel. The internal year round temperature is about 50 degrees. There was dripping water in many places. The architecture of chipped and blasted stone along with elliptical brick arches was interesting considering how long ago it was dug.

Thank you to Father Lee for suggesting this activity. And thanks to Karen Bright for coming to chaperone these young people as I could not keep their pace. It is always a delight to watch young people experience new things.

In June, we will be celebrating an end of the year party and going to Blue Knob for our mission trip. Many thanks to our St. Martin's family for enriching the lives of our youth.



More Shepherd's Meetings

Much fun was had at the 5 meetings which were held with about 60 people gathering to rekindle old friendships and make new friends. We look forward to future gatherings.



Finance Committee Report

by Garland Harwood

Financial Highlights 2022	end of previous month	MTD April	YTD end of April
Income	\$74,407.44	\$20,901.13	\$95,308.57
Expenses	\$60,431.81	\$20,755.37	\$81,187.18
Gain or Loss	\$13,975.63	\$145.76	\$14,121.39



ECW

- information taken from the minutes by Ann Robbins (secretary)

At the May 14 meeting those assembled worked on the completion of the blankets for Jill's Blankets ministry. Four blankets were completed at this time. Eight additional blankets had been done at the last meeting.

The blankets were to be blessed by Fr Lee during both Sunday services the next day. Kim would present eight blankets for the blessing at the 10 AM service and Ann would present four blankets at the 8 AM service. Each presenter would note the background information about the blankets.

The next meeting is scheduled for Saturday June 11 at 9am. All women and mature teenage daughters of St. Martin's are invited. No reservation needed this time.

The program will be announced in the weekly email and/or Sunday bulletin. If you have any questions though or would like transportation please feel free to contact Christa kygerman@hotmail.com

Hope to see you!



Thank you to Mike Shook and Rick Gibbs for the photos. Unfortunately no photos of Ann Robbins bringing blankets forward at the 8 am service.



Photo on the right was taken from the streamed service (5/15). The blessing was outside of the Video frame but you can hear Ann's excellent explanation of the blanket project.

SPRING 2022 UTO INGATHERING - by Kim Shook

It is time for the Spring 2022 UTO Ingathering. The focus of this year's UTO grants is Care of Creation: Turning love into action by caring for God's creation to protect the most vulnerable—who will bear the largest burden of pollution and climate change—through justice, advocacy, environmental reparations, or the development of formation materials.



Being back at St. Martin's for worship means that is easier again to donate. **We plan to do the final Ingathering of donations on June 26.**

There are options for giving including texting, online and mailing a check directly. The directions are below:

- To give via your phone, simply text **INGATHER** to **41444**
- Give online at <https://unitedthankoffering.com/give/>
- Mail a check, made payable to **UTO** with **Ingathering**

Diocese of Virginia in the memo line, to:

The United Thank Offering

DFMS – Protestant Episcopal Church

PO Box 958983

St. Louis MO 63195-8983

Thank You!

You can also bring your checks/cash (with the memo line inscribed, as above) to church and put them in the collection basket on Sunday and we will happily send the donation on for you. The envelopes and boxes are on the table in the hallway outside the Parish Hall. I know that children like the ritual of filling the boxes with change.

Thank you so much for giving to this important cause and for supporting this important mission of the Episcopal church. I'm so thankful that we are able to be back together in our church on Sundays and other days for fellowship and just being together!!

Annual Men's Night at the Diamond

Tuesday, July 26, 2022

- Save the Date -

Join us for food, fellowship, and a fun night of baseball.

All You Can Eat Buffet beginning at 5:30 p.m. in the Pavilion.
Reserved Seats along the first baseline, game begins at 6:35 p.m.

Buffet includes: Hamburgers, Hotdogs, Pulled Pork, Chicken, Mac n cheese, Garden Salad, Coleslaw, Cookies and Sodas.
Beer is available for purchase near the reserved seats.

We must sell 20 tickets to reserve the Pavilion, buffet, and reserved seats. Tickets are \$28 each.



A sign up sheet is posted on the Parish Hall Bulletin Board.

Questions: contact Sid Akens

Confirmation Class

Fr. Lee will be holding a confirmation class for ages 12 and up beginning in Sunday, June 12 from 1:00 to 3:00 p.m. Subsequent sessions will be held on June 19, July 10, July 17, Jul 24 and July 31. The curriculum for this class is *Confirmation Notebook* compiled by Hugh Montefiore.

If you are interested in confirmation or reception into the Episcopal Church please contact
Fr. Lee.



Ice Cream Social - Saturday May 14 at 2 pm



Entertainment was provided by musician Joel Cotton from Salem Baptist Church in Goochland. His performance included some good old fashioned gospel music!



Ice Cream social continued ... from previous page



Outreach Committee

- by Jean Rollins

The Outreach Committee would like to thank everyone who brought in pillows. It was a huge success, as we were able to deliver about 14 pillows in addition to some pillowcases to each of the four shelters that we help with lunches each month. The staff and the residents were extremely excited when we brought them in. These shelters can only keep their residents for a certain amount of time, so they frequently need new pillows for those coming in on a regular basis. Thanks again for your generosity.



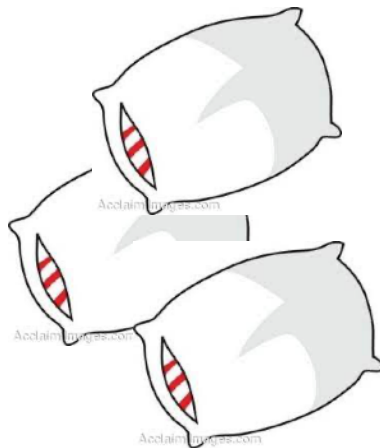
above photo taken May 8



photos taken May 18



photo on left taken
at the ice cream social



Did you Know ...?

(info on Episcopal church calendar on June 6)

The first Book of Common Prayer (BCP) was published in 1549 in the reign of King Edward VI of England as a product of the English Reformation following the break with Rome. The prayer book was largely the work of Thomas Cranmer, who borrowed from a large number of other sources. Evidence of Cranmer's Protestant theology can be seen throughout the book; however, the services maintain the traditional forms and sacramental language inherited from medieval Catholic liturgies. Criticized by Protestants for being too traditional, it was replaced by the significantly revised 1552 Book of Common Prayer.





Parish Nurse by Betty Horne

June is National Alzheimer's and Brain Health month - Alzheimer's vs Dementia -

Alzheimer's is a brain disorder that causes problems with memory, thinking and behavior. This is a gradually progressive condition. There are also several disorders that cause chronic memory loss, personality changes, or impaired reasoning.

Dementia is a decline in mental function that is usually irreversible. It is not a disease, but a syndrome. The disorder must be severe enough to interfere with daily life. The earliest stage of dementia is known as mild cognitive impairment and usually presents as forgetfulness beyond what is expected from aging. Typical forgetfulness as you age may be having difficulty remembering the name of an acquaintance who approaches you on the street. With mild cognitive dementia a person is still functioning normally, taking care of grocery shopping, paying bills, doing taxes although some of these tasks may take longer than usual. When help is needed to do some of these tasks and daily activities it becomes within the range of dementia.

Alzheimer's, on the other hand, progressively and irreversibly destroys memory and thinking skills. Eventually Alzheimer's takes away the ability to carry out some of the simplest tasks. The patient or family member may report recent changes in behavior or memory. A mental status exam or a short neuropsych evaluation can be done in an office setting. There is no current cure for Alzheimer's although there are many trials in pursuit of a cure for this awful disease.

Diagnosis

Dementia - a doctor must find two cognitive or behavioral areas in decline to diagnose dementia:

Disorientation
Disorganization
Language impairment
Mood change
Personality change
Memory loss

Evaluation may be done by a specialist such as a psychiatrist, neurologist, or geriatric medicine physician (gerontologist). They would take the patient's history and administer several mental skill challenges. Recently, healthcare providers are asking more about changes in mood or personality, as symptoms such as irritability, depression and anxiety often occur before memory issues do. A physical exam can be important for specific types of dementia caused by strokes or Parkinson's disease. Memory and thinking tests can be given in the same office visit.



Alzheimer's - beta-amyloid and tau proteins that look like plaque and tangles in the brain are responsible for the destruction of neurons in the brain. These can be found on PET scans and in



Parish Nurse continued ...
on next page

spinal fluid. For decades Alzheimer's disease was diagnosed by a process of elimination looking at mental test scores and ruling out other types of dementia such as Parkinson's dementia or vascular dementia (stroke).

Some symptoms of Alzheimer's are:

Memory loss that disrupts daily life, (getting lost, repeating questions)

Trouble handling money and paying bills

Difficulty completing familiar tasks at home, work or leisure

Decreased or poor judgment

Misplacing things and being unable to retrace steps to find them

Changes in mood personality, or behavior

While a PET scan or spinal fluid can show with 95% accuracy whether these plaques or tangles are present, a high percentage of these studies are often not covered by insurance and often not done. More often a diagnosis is made based on results of memory tests, the patient's age and the progression of symptoms. Having the results of a PET scan does not change the course of

treatment. There are just a few drugs which are used to manage the symptoms of the disease. Most doctors treat what they call a strong assumption that the patient has "probable" Alzheimer's.

Along with these drugs, the support of family and friends are crucial for maintaining brain health, managing behavioral symptoms, and slowing or delaying symptoms of the disease.

Stay active and engaged with friends and family as they are often the first ones to note and changes in your health.

The Alzheimer's association is *going purple*, wearing purple in the month of June to bring awareness to this awful disease.

Sources:

Neurologist Ron Petersen, director of the Mayo Clinic Alzheimer's Disease Research Center and the Mayo Clinic Study of Aging in Rochester, Minnesota.

Dan G. Blazer, a psychiatrist and professor at Duke University Medical Center.

Constantine George Lyketsos, director of the Johns Hopkins Memory and Alzheimer's Treatment Center in Baltimore.,

Altar Flower Delivery Ministry

- by Jean Rollins

Volunteers needed!

Flowers are placed on the Altar each Sunday except during Advent and Lent by parishioners in memory of or in celebration of a loved one. After the 10 o'clock Service Volunteers deliver these flowers to those who have Birthdays or Anniversaries that week or to those in hospitals, nursing homes, or confined to their homes. Along with the flowers, the Volunteer brings a copy of the church bulletin and may visit for awhile.

The Flower Ministry is an uplifting commitment which brings joy to both the recipients and to the Volunteers. It is a great way to get to know the parishioners in our church. It is a fulfillment of the Christian message. If you are interested in volunteering, please contact Jean Rollins.



Celebrating the Sunday School Season

The last day of Sunday School Cookout was held on Sunday May 22 after the late Service.



SS picnic continued ... from previous page





*
 06/03 Carrilynn Sykes
 06/05 Betty Hall
 06/08 Lauren Murphy
 06/08 Julie Hall
 06/08 Glenn Gibson
 06/09 Melinda Jenkins
 06/10 Cindy Adams
 06/13 Jenny Richardson
 06/14 Caroline Echevarria
 06/15 Sally Tucker
 06/15 Janice Carpi
 06/15 Lillian Thirion
 06/17 Barbara Campeau
 06/17 Max Barritt
 06/18 Gregory Echevarria
 06/19 Ian Watt
 06/21 Garland Harwood
 06/21 Maddie Alloway
 06/22 Natalie Watt
 06/24 Henry Scott
 06/27 Sean Cooper
 06/29 Kim Fiasco
 *

*
 07/01 Ellery Bradley
 07/01 Natalie Romano
 07/06 Rob Rowley
 07/08 Ashley Borders
 07/09 Kim Shook
 07/10 Jack Greenwood
 07/11 Jim Moss
 07/12 Jackie Bitler
 07/13 Yohance Elon Iervolino
 07/22 Alison Potter
 07/23 Leslie Dering
 07/25 William Sykes
 *

*
 06/02/2007 Glenn & Erin Sprouse
 06/06/2015 Joe & Dianne Lamb
 06/06/2009 Beth & Mike Miller
 06/11/1977 Dennis & Vicki Pinner
 06/12/1976 Mary & Jim Moss
 06/24/2000 Kyle & Anne Stephenson
 06/26/1976 Stephen & Jody Harlow
 *
 *
 07/03/2018 Garland Harwood & Janice Carpi
 07/04/1968 Sharon Ragland
 07/07/2006 Sean & Jennifer Cooper
 07/08/2004 George & Betsy Crowell
 07/10/1996 Allen & Merry Beth Hall
 07/12/2008 Tony & Samantha Romano
 07/17 Krestin & Glenn Gibson
 07/20/2019 Ben & Sloan Verlander
 07/22/1995 Kevin & Amy Bailey
 *

If you know of
 somebody not on
 these lists
 (including
 yourself) please
 let the office
 know.



May 1 - Time for jubilation!
 New acolyte trainees! And they did a great job.



St. Martin's Yellow Pages

This area is where you can post your service or product to let your fellow St. Martinites know how you can help them, and you can give those who post here your support.



OCEANFRONT BEACH HOUSE FOR RENT

Perfect for a couple or family of 4.

Located directly on the beach in Hatteras Village, NC.
Contact Bob or Max Barritt (h) 270-3862 or (c) 512-4586

Amazon Smiles:

1. Go to <https://smile.amazon.com/> or click the box above.
2. Create an amazon account or log in.
3. Go to "Or pick your own charitable organization" and type "**St. Martin's Episcopal Church**" then click Search.
4. Locate "**St. Martin's Episcopal Church**" in Henrico VA.
5. Then start shopping!

Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases **to St. Martin's!**
We are grateful for your participation!

If you are not yet taking advantage of the **Amazon Smiles** offer for another charity, please consider to do it now to benefit St. Martin's. It's easy see above!
Every little bit helps!



Dering's Cleaning Service

openings for House Cleaning or Pet Sitting

call Leslie Dering at 804-239-5865
or email LDering07@yahoo.com



YOU MAKE A DIFFERENCE!

The weekly announcements will tell us what is needed especially this month. Please place your donations in the basket in the hallway.



LAMB's Basket

"...I was hungry and you fed me"
Matthew 25:35

Do you need ideas what you could bring for the Lamb's Basket?

You can find the answer for most needed items in most of St. Martin's weeklies.

ST. MARTIN'S STAFF

Rector: The Rev. Lee A. Hutchson
Priest Associate: Rev. Dr. Sandra Levy-Mix
Organist & Choirmaster: David R. Hopkins
Parish Coordinator: Kathy Theado
Head of Nursery:

CHURCH OFFICE

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E-mail: saintmartinsec@gmail.com
Website: <https://saintmartinschurch.org>

Office Hours

Monday to Friday 9 am-1 pm

Trustee Emeritus: Robert I. Kirby, A. P. Hall, Jr.
Trustees: Kerry Alloway, Garland Harwood
& Jim Greenwood

VESTRY

2022	2023	2024
David Mix	George Crowell	Nancye Greenwood
Dianne O'Kelley Lamb	Rick Gibbs	Mike Shook
Susan Teachey	Jean Rollins	Betty Horne

Senior Warden: George Crowell
Junior Warden: Rick Gibbs

Clerk:
Treasurer: Darrell Jenkins
Assistant Treasurer: Mike Fiasco
Cloak Editor: Christa Burr



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