



The Cloak

St. Martin's - A Christian Church for all people Sharing God's Love, Following Christ, Serving Others



Beauty
in
every
Season!

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Father Lee Hutchison



Paul writes to the leaders of the church in Ephesus.... “Remember the words of the Lord Jesus for he himself said “it is more blessed to give than to receive”.

Dr. Stephen Post spent years studying the importance of showing love to the people around us.



Being kind to another person is a benefit to them yet Post discovered that the physical and psychological benefits to the one who gives makes them a healthier person.

In his book “Why Good Things Happen to Good People”, Dr. Post has collected extensive research done on the importance of expressing love to others in all of its many forms.

For instance, taking 5 minutes to reflect on those things for which we are grateful reduces the stress hormones of that individual by 30%.



His research brings to reality what our ancestors in faith already knew intuitively.

St. Ignatius of Loyola wrote 500 years earlier of the importance of closing each day by intentional thanking God for our blessings and praying that God would help to make you as an individual a more effective vessel of God's grace and love.

Whereas St. Ignatius wrote of giving thanks and identifying ways you can share God's love and grace on the morrow. Post has 3 steps each of us can take in our own lives that we may be a blessing to others.

- 1) Give thanks each day for life's blessing.
- 2) Be intentional about affirming the importance the people in your life.
- 3) Reframe your world view. Instead of seeing yourself as a victim, see yourself as a person who has received blessings.

John 13:35 “*By this everyone will know that you are my disciples, if you have love for one another.*”



Fa. Lee

What and When ...

August

<p>Fr Lee on vacation until Monday August 5 contacts for questions: Wardens Rick or Nancye</p>
<p>Men's Breakfast Saturday August 10 at 8 am Nick's - 8051 Broad Call Sid Akens (804-740-5375) if you need a ride all men welcome! invite a friend!</p>
<p>EYC Sunday August 11 at 11:15 am to noon 2019-2020 Organizational Meeting</p>
<p>St. Martin's Project Saturday August 17 at 9:30 am, White Team</p>
<p>ECW Tuesday August 27 at 5:30 pm</p>



Bishop's visit:

If you would like to be received or confirmed into the church, Bishop Susan Goff will be here on October 27. Classes will start the week of September 8. Please notify the church office if you are interested.

Regular Weekly Events

Event	Day	Time
Sunday Services	Sunday	8 & 10 am
Boy Scouts	Monday	7 pm
Meals on Wheels	Tuesday	10:15 am-12 pm
Holy Eucharist	Wednesday*	10 am
<i>*Healing Service every 3rd Wed.</i>		
Cub Scouts	Thursday	6:45 pm-7:45 pm
Sr. Choir Practice	Thursday	7:30 pm
Social Bridge	Friday	10 am-1 pm
Ethiopian Christians	Saturday	6 am

Regular Monthly Events

Event	Day	Time
Morning Coffee hour	1st Wednesday	after service
Vestry Meeting	2nd Tuesday	7 pm
Men's Breakfast	2nd Saturday	8 am
Daughters of the King	3rd Wednesday	11 am
Daisy Troop	1st & 3rd Wednesday	6-7:30 pm
Book Club	3rd Thursday	10:30 am
St. Martin's Project	3rd Saturday	9:30 am
ECW	4th Tuesday	5:30 pm
EYC	Alternating Sundays	after church
Prayer Shawl Ministry	quarterly	11:30 am



Cloak Deadline - please, submit by Sunday August 25 at 8 pm

St. Martin's Pictorial Directory

Have you signed up yet to be included in the new pictorial directory?
Life Touch will be taking photographs at various times on September 12th, 13th and 14th.

Sign-up for a time convenient to you is available after both Sunday services.

Sign up is also available on-line at <https://booknow-lifetouch.appointment-plus.com/boy94z4q/> to create a new account, schedule an appointment and create a password.



There will be a free 8"x10" photo for every family unit, with the opportunity at the end of your session to purchase additional photos for yourself or as gifts for family and friends. There will be **no obligation** to buy more. In addition you will receive a free pictorial directory for participating. You are welcome to bring the whole family, including pets.

Don't be left out. Sign up early to ensure a time which suits your schedule.



WE NEED
YOU
to make our new
family directory
complete

Words from the Wardens

Dear Fellow Martinites:

Summertime continues to be busy at St Martins!!

VBS was a huge success.....ROAR!!!! GOD is Good ALL of the TIME

Our Bus trip to THE Cathedral and the Bible museum was memorable.

Everyone seemed to enjoy it and we all learned a lot! The box lunches were super, Karen!!

We honored Colin for his many years of acolyte service and wished him well on his next adventure at William and Mary!

We are blessed to have Sandy Levy-Achtemeier, our associate priest, who has been very active while Fr Lee has been on vacation!

Our new security cameras are in!

Replacement plexiglass for the windows in the sanctuary is in process!!

Whew!! There is a lot going on!.....and it doesn't slow down in September.

Looking forward please plan to participate in our pictorial directory on Sept 12, 13 and 14.

ALSO we will be having a special Sunday ministry fair and brunch on Sept 29. We look forward to seeing EVERYONE there!

Enjoy the rest of your summer and stay cool!

Yours in Christ,

Nancye Greenwood, Senior Warden

Rick Gibbs, Junior Warden



Card Ministry

We give thanks to Sharon Boyd who made many people happy by sending cards on behalf of St. Martin's. Unfortunately she could not continue.

We give thanks to Vicky Pinner for taking on this volunteer job from now on.

*Thank you
to both!*

Congratulations!

... to the happy parents Samantha and Tony Romano. Everybody is doing great including brother Noah and grandparents Dennis and Victoria Pinner.



Natalie Anne Romano
born on July 1, 2019



Outreach Committee - by Julie Crews



Back to School!

The Outreach Committee is sponsoring a school supplies drive :
Sunday, July 28 to Sunday, August 18.

There will be a list of suggested items and a box for your donations in the hall.

We can help out in this way for a school in our area. New supplies!

Always needed: more paper grocery bags with Handles for the St. Martin's Project. Thank you in advance.

Lamb's Basket Fundraiser *The Return of the Big Red Tomato!*

Saturday **August 10** from 5 –7 pm at the pantry warehouse 8419 Oakview Avenue



Order your made-to -order tomato sandwich, a drink, chips, and dessert for only \$5 pre person.

Lamb's Basket provides food to needy families in Henrico County. Clients are referred by area churches and organizations. Lamb's Basket functions totally on volunteers from supporting churches and from the community at large.

Finance Report

Financial Highlights 2019	end of previous month	MTD June	YTD end of June
Income	\$87,394.91	\$17,334.39	\$104,729.30
Expenses	\$97,232.97	\$16,475.65	\$113,708.62
Gain or Loss	-\$9,838.06	\$858.74	-\$8,979.32

Amazon Smiles :

1. Go to <https://smile.amazon.com/> or click the box above.
2. Create an amazon account or log in.
3. Go to "Or pick your own charitable organization" and type "**St. Martin's Episcopal Church**" then click Search.
4. Locate "**St. Martin's Episcopal Church**" in Henrico VA.
5. Then start shopping!

Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases **to St. Martin's!** We are grateful for your participation

The ECW will meet at 5.30pm on Tuesday August 27th. We will discuss our responsibilities for the Pictorial Directory. As we are not holding the Holiday Market this year, please come with your alternative ideas for fund raising this fall and winter. We will eat a "bring your own dinner" before the meeting. Just a reminder that all women of St. Martin's are automatically members of the ECW so if you want to participate in the fellowship and fun, please come to the meeting.



The ECW has purchased a beautiful Remembrance Book in which to record all gifts given to St. Martin's since it was founded in 1963. If you, or anyone you know, has donated a gift, please list them on the form found in the white box on the table in the hallway. The forms should be returned to the white box. A talented member of the ECW will record the donor and the gift in the Remembrance Book which will be on display for parishioners to see. If you have any questions about this on-going project, please contact Jean Rollins or Ann Robbins.

Baptism

Sunday July 7, 2019

We welcome

Nasira Horne

daughter of Jonathan and Tatiana
sister of Merielle
granddaughter of Betty Horne



(thanks for the photos: Mike Shook and Rick Gibbs)



Parish Nurse

by Betty Horne

Meningitis

Meningitis is a serious disease that can attack the lining of the brain and spinal cord or causing swelling in those areas as well a serious infection of the bloodstream. It can strike without warning, can progress quickly and lead to death. It can be caused by many different organism and can affect anyone at any age. Babies can be at risk, communities where large groups of people gather together as on college campuses, high school, military barracks, certain medical conditions, surgical procedures, or researchers/microbiologists who are exposed to the organism in their work. People who travel may also be at risk for getting meningitis.



There are two different types of vaccines for meningitis — one you may have had when you were younger and perhaps a booster in mid-late teens.

Meningitis B has a quick onset, often without warning and can be fatal even within a 24 hour period. Survivors may experience long term disabilities such as hearing loss, brain damage, kidney damage, loss of limbs and skin scarring.

The bacteria that cause meningitis B live within the nose and throat and can spread through close contact such as;

- coughing, sneezing or kissing
- Living in close quarters
- Sharing drinks and eating utensils

Teens and young adults are particularly at risk for Meningitis B.

MENINGITIS SYMPTOMS



Symptoms may be mild initially and quite similar to the flu or a cold. Symptoms may then progress rapidly leading to death within 24 hours.

Symptoms may include:

- Sudden fever
- Headache
- stiff neck
- nausea
- vomiting
- Sensitivity to light (photophobia)
- confusion (altered mental status)
- a rash – dark purple spots on the arms, legs or abdomen (meningococcal meningitis)
- sleepiness – difficulty staying awake
- Seizures

Parish Nurse continued ...
on next page

You must contact your healthcare provider immediately if you have any of the above symptoms or have been in contact with anyone with meningitis. Symptoms of bacterial meningitis can appear quickly or over several days. They typically develop 3 to 7 days after exposure to the bacteria.

Diagnosis

The diagnosis is made by testing blood samples or cerebrospinal fluid. Once the diagnosis is made it is important to start treatment as soon as possible. Antibiotics for the specific cause of meningitis is prescribed. Antivirals are also used in the treatment of meningitis.

Prevention

The best protection against certain types of bacterial meningitis is to get vaccinated. There are vaccines for three types of bacteria that can cause meningitis. Be sure you and your child are vaccinated on schedule. If someone at home or at work has bacterial meningitis, your doctor may recommend antibiotics to prevent other people from getting sick. Your doctor or local health department will tell you if others in your home needs to be treated to prevent becoming ill.

- Maintain a healthy lifestyle
- avoid cigarette smoke
- get plenty of rest
- avoid contact with people who are sick

Some people are at increased risk for disease such as infants, older adults, people with weakened immune systems, or people without a spleen.

It cannot be overstated that the sooner symptoms are reported the better the chance of survival or return to a functional state.



Remember to have college bound students update their vaccines.

Transfiguration

*And while He was praying, the appearance
of His face changed, and His clothes became
dazzling white*
Luke 9:29

How can you fear, James?
You, who left
a father's nets unmended,
soul flying as gulls and cranes, trusting
wind, wings, unseen power
that holds all good, all mystery,
eternity...

How can you wonder, Peter?
You, who have seen
night vanish, star by star,
sky fade, indigo to blue to rose,
sun gleam at water's horizon...streak,
arc, circle, setting fire
to the sea, blinding in goldshine...

Why do you stare, John?
You, beloved,
having lived with awe:
glimmer of fish-scales, bloom of ripening figs,
drumroll of thunder, swords of lightning,
delicate movement of scarabs,
and this Friend's Godhood.

Tremble only for joy.
Now open eyes and heart
to the majesty
of every miracle.

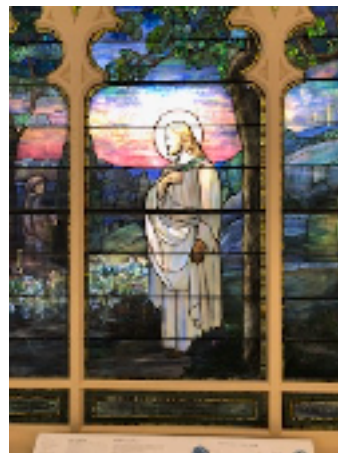
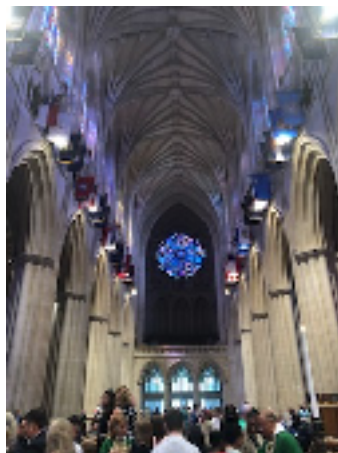
- Patsy Anne Bickerstaff

Excerpts taken from the CDC website

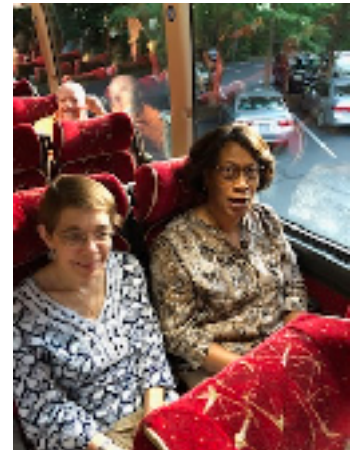
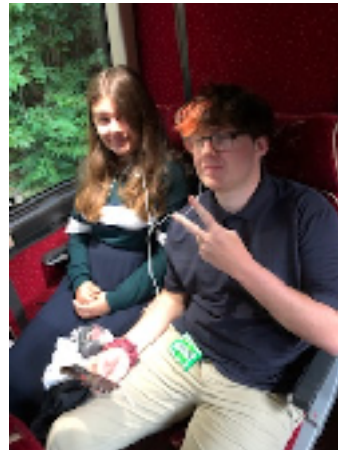
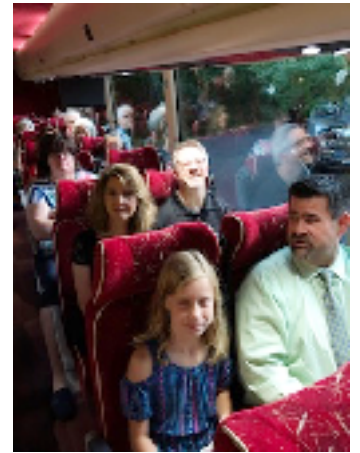
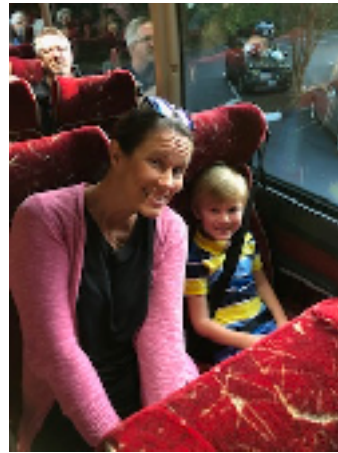
Enjoy the remainder of the summer and best wishes on the start of the new school year.

Bus Trip to National Cathedral in DC - Sunday July 14

The bus was filled to the max and everyone had a great time. Voices were heard to do this again.



Bus trip continued ... from previous page



Morning Prayer with Communion from Reserved Sacrament

- Sunday July 14

While Father Lee was accompanying the bus to DC our own Janice Carpi (coordinator of the lay readers) led both the 8 am and 10 am services.

As always she did a marvelous job. She admitted that she found her sermon about the day's reading on the internet and shortened it but it was perfect in every way and very meaningful. Well done!



Vacation Bible School ~ VBS

July 15 – 19 from 6 pm to 8 pm

St. Martin's Church was transformed into the African Savannah. The decorations were amazing, an incredible effort by Robin and her crew. The children experienced an African adventure exploring God's goodness. Because my (editor) grandchildren participated too I can vouch how much fun (and learning) everybody had.



As always “thank you” to Rick Gibbs for the photos.



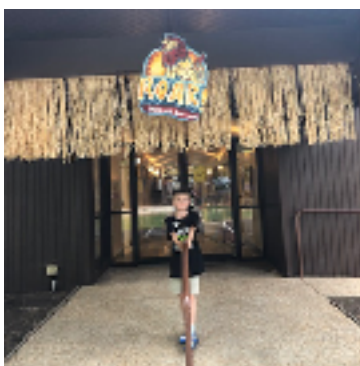
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VBS continued ... from previous page

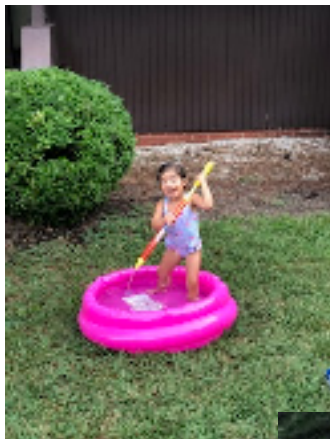


Pharaoh Lee

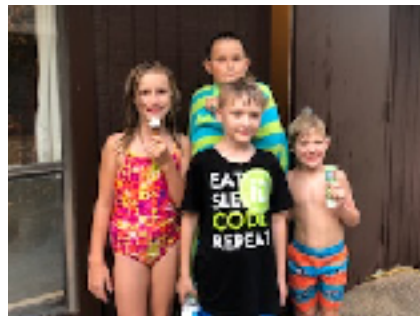


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WATER DAY!

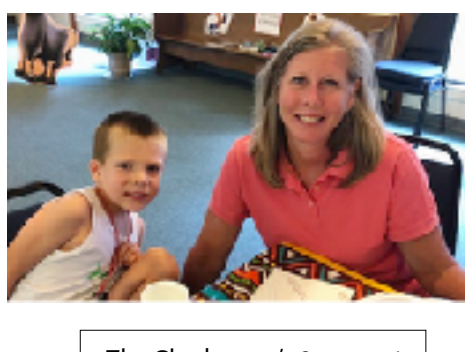


WATER DAY!

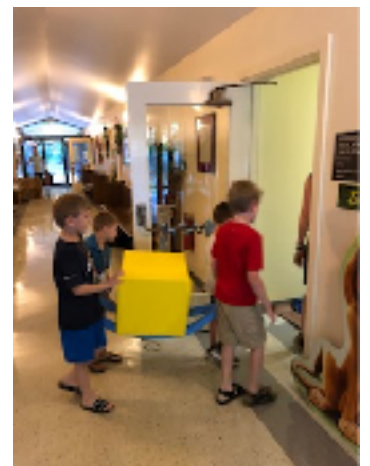


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VBS continued ... from previous page



VBS continued ... from previous page



Great big **Thank you**
to all the volunteers who helped to
make this a ROARING success. No
names mentioned because I am
scared to miss somebody except for
our Sunday School Coordinator Robin
Biehler and Organist & Choirmaster
David R. Hopkins who gave up a lot of
free time.

Our VOLUNTEERS are AWESOME!



St. Martin's Project

Saturday July 20

It was the Red Team's turn to make the 100 lunch bags for homeless people. The 6 adults and visiting grandson William had a good system and it didn't take very long at all.



Bell Ringing

Sunday July 21

Mr. Rick asked the boys whether they wanted to volunteer. Oh yes, they didn't have to be asked twice.



Thank You

was said on Sunday July 21 at the 10 am service to Linda Fairtile for all the things she does 'behind the scene'. She is a "pro" on the church riding mover. But did you know that she not only sings in the choir but even composes songs? And much more.

Father Lee also presented flowers to Robin Biehler for organizing this year's awesome VBS. She deserved a standing ovation!



Acolyte recognition

Sunday July 21



Colin Clements was recognized for serving as an acolyte for nine years at St Martin's. Members who had seen him grow up in our church thanked him for his service and congratulated him on his high school graduation and wished him 'good luck' at the William and Mary college.



Notes from our Members/Travelers

- from Christa

In the last issue of The Cloak I had shared with you that I would like to get contributions from YOU about something which really touched you like an experience in another church etc. I have not heard from anybody so here is something else I would like to share.

James' sister Patricia and her husband Robert live in Scotland. He is a retired Priest of the Church of England. They live in a very remote part and quite often Robert is asked to take a service in a small little church somewhere. Very often it is a different denomination. A few month ago he was told that he has a rare terminal cancer and nothing can be done but he could have some good years still (???). This is a sermon he recently gave. His son put it out on the internet and I have permission to share it here. It's only sound, no picture, and about 30 minutes. Be patient through the song in the beginning. If you do listen to it I would be happy if you would send a comment to me. Thanks!

https://soundcloud.com/user-159012747-930144590/190714am_livewithfeetonground?fbclid=IwAR3v5r7dr_vm360mLJfTPLZbylYXtZ2SZXvgIJZ9LLCOV4gAFDUMPmyr9Ck



*

08/02 Bill Chowning
08/05 Jay Sykes
08/06 Jacob Henderson
08/07 Kyle Stephenson
08/11 Maggie Witt
08/11 Evelyn Watt
08/11 Adrienne Stephens
08/11 Glenn Sprouse
08/12 Ruth Barrett
08/13 Adam Marcus
08/14 Mike Shook
08/14 Kyle Stephenson
08/14 Cylas Machalinski
08/15 Taylor Murphy
08/15 Barbara Lockridge
08/16 Martha Hall
08/16 Andrew Wood
08/18 Andrew Bright
08/18 Jaiden Logan
08/20 Jean Rollins
08/23 Layne Hood
08/24 George Stone
08/26 Virginia Tucker
08/27 Jonathan Horne
08/29 Sandy Goolsby
08/29 Sloan Lindsey
08/30 Sid Akens
08/30 William Thirion
08/31 Todd Areson

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09/01 Christine Areson
09/01 Bob Barritt
09/02 Cameron Britton
09/03 Julia Stephenson
09/04 Richard Thomas
09/04 Nancy Fleming
09/06 Abraham Dau
09/08 Jody Harlow
09/08 Ann Robbins
09/09 Daniel Clements
09/09 Anne Stephenson
09/12 Sarah Sleeman
09/13 Amy Bailey
09/15 Lauren Bailey
09/15 Mike Murphy
09/15 Rick Fowler
09/15 Logan Thirion
09/17 Vicky Echevarria
09/19 Sandra McAllister
09/20 Jean Machalinski
09/22 Gavin Patoray
09/25 Rick Gibbs
09/25 Erin Sprouse
09/28 Nancy Davis
09/28 Andrew Hutchison
09/29 Wayne Britton
09/30 Pajieth Dau

*

The editor apologizes for misspelling Bob Barritt's name in the previous issue of The Cloak while thanking him for the new picnic table.

*

08/01 Barbara & Russell Campeau
08/07/1993 Errol & Adrienne Stephens
08/07 Ian & Natalie Watt
08/11/2007 Jay & Carrilynn Sykes
08/15 Robin & Drew Biehler
08/16/1958 A. P. & Betty Hall
08/16 Rob & Barbara Lockridge
08/19/2012 Harrison & Sharon Alloway
08/28/1987 Bob & Max Barritt

*

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09/01/1990 Lee & Michele Hutchison
09/02/1995 Mike & Martha Murphy
09/02/1961 Sid & Pat Akens
09/02/2006 Kevin & Ashley Howdysshell
09/09 Keith & Ashley Borders
09/25/1999 John & Sally Dvorak

*

If you know of
somebody not on
these lists (including
yourself) please let
the office know.
If we don't know

Condolences!

to the family of

Janet Titley

We celebrated her life on Friday July 26

ST. MARTIN'S STAFF

Rector: The Rev. Lee A. Hutchson
Priest Associate: Rev. Dr. Sandra Levy-Achtemeier
Organist & Choirmaster: David R. Hopkins
Administrative Assistant: Sherry Wilson
Sunday School Coordinator: Robin Biehler
Head of Nursery: Nicolette Philippi

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Monday–Friday 9 am–1 pm

Trustee Emeritus: Robert I. Kirby
Trustees: Kerry Alloway, A. P. Hall, Jr.
& Garland Harwood

VESTRY

2019	2020	2021
Nancye Greenwood	Christa Burr	Steve Alloway
George Crowell	Garland Harwood	N'neka Logan
Rick Gibbs	Kim Fiasco	Craig Watt

Senior Warden: Nancye Greenwood
Junior Warden: Rick Gibbs

Register: Nan Scott
Treasurer: Darrell Jenkins
Assistant Treasurer: Mike Fiasco
Cloak Editor: Christa Burr



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