



# The Cloak

St. Martin's - A Christian Church for all people Sharing God's Love, Following Christ, Serving Others



The  
Alleluia  
is  
back!

Contents:

- |   |                                      |
|---|--------------------------------------|
| 2 ~ Father Lee's Message                | 8 ~ Amazon Smiles                    |
| 3 ~ What and When / Cloak deadline      | 9 ~ Boys Home of Virginia            |
| 4 ~ Small Group Meetings                | 10-11 ~ Parish Nurse                 |
| 4 ~ Words from the Wardens              | 12 ~ Maundy Thursday Diocese Service |
| 5 ~ Condolences: Hood Family            | 12 ~ Finance Report                  |
| 5 ~ Book Club / UTO                     | 13 ~ EYC                             |
| 6-7 ~ ECW                               | 14 ~ Holy Week                       |
| 7 ~ VBS / Lamb's Basket                 | 15-18 ~ Easter Sunday                |
| 8 ~ Spring Clean-up / Jelly Bean Prayer | 18 ~ Choir and SS-board photos       |
|   | 19 ~ Birthdays + Anniversaries       |

# Father Lee Hutchison



**Alleluia**

**Christ is Risen!**

Words which are the foundation of our faith and words by which we order our lives.

It's great to believe that God raised Jesus Christ from the dead but unless that belief shapes how you live your life, the words you say and the activities you do, it rings hollow.

Is the power of God which raised Jesus from the dead the ordering and guiding force in your life?

As we celebrate our faith, let us pray for God's guidance as to how we can put our faith to work in practical ways. That our lives may be living examples of God's grace and love in our world.

*Fa. Lee*



# What and When ...

May

<p><b>Wednesday Morning Coffee</b> May 1 following 10 am service</p>
<p><b>EYC</b> Sunday May 5 - Youth Sunday (deadline for Mission Trip paperwork) Sunday May 19 at 10 am - Youth Sunday</p>
<p><b>ECW</b> Friday May 10 from 8am to 4 pm outing to Yoder's Country Market (for details see page 6)</p>
<p><b>Men's Breakfast</b> Saturday May 11 at 8 am Nick's - 8051 Broad Call Sid Akens (804-740-5375) if you need a ride all men welcome!</p>
<p><b>St. Martin's Project</b> Saturday May 18 at 9:30 am, White Team</p>
<p><b>United Thank Offering In-gathering (UTO)</b> Sunday May 26 at both services</p>

## Regular Weekly Events

Event	Day	Time
Sunday Services	Sunday	8 & 10 am
Boy Scouts	Monday	7 pm
Meals on Wheels	Tuesday	10:15 am-12 pm
Holy Eucharist	Wednesday*	10 am
*Healing Service every 3rd Wed.		
Cub Scouts	Thursday	6:45 pm-7:45 pm
Sr. Choir Practice	Thursday	7:30 pm
Social Bridge	Friday	10 am-1 pm
Ethiopian Christians	Saturday	6 am

## Regular Monthly Events

Event	Day	Time
Morning Coffee hour	1st Wednesday	after service
Vestry Meeting	2nd Tuesday	7 pm
Men's Breakfast	2nd Saturday	8 am
Daughters of the King	3rd Wednesday	11 am
Daisy Troop	1st & 3rd Wednesday	6-7:30 pm
Book Club	3rd Thursday	10:30 am
St. Martin's Project	3rd Saturday	9:30 am
ECW	4th Tuesday	5:30 pm
EYC	Alternating Sundays	after church
Prayer Shawl Ministry	quarterly	11:30 am



Join Us  
this Summer

Add to your calendar now!!!

**Vacation Bible School**

July 15-19

(more details to come)

Your editor and husband are leaving for Europe on May 28 which means that The Cloak needs to be mailed on Monday May 27. It is very necessary that all who contribute to our newsletter email articles and photos to me before the deadline. It would be very nice if all contributors could take the deadline seriously each month anyway. Last minute changes make more work to rearrange the pages and give your editor anxiety.

**Cloak Deadline - please, submit by Wednesday May 22 at 8 pm**

# Small Group Meetings

Nearly 50 people attended our discussion groups about St. Martin's and shared their hopes for today and their desires of what we should be doing in the future.



If you would like a full list of comments, contact Sherry in the office and she can email you a copy.

The majority of comments fell into 3 areas; our facilities, worship, and volunteers.

Many people suggested a plan be developed to update or remodel the Sunday school building. Others suggested a new building be built. Most people wanted outside groups to continue using our facilities. However, it was recognized that some groups in particular the altar guild have had to plan other times to set up the church for Sunday worship. There were positive comments on the new website. Be sure to check out the new website [www.stmartinschurch.org](http://www.stmartinschurch.org) for information and schedules. Welcoming and integrating new members is an ongoing effort and needs to be a church wide endeavor. Be sure to introduce yourself to those you don't know.



A plan for advertising or otherwise raising awareness of St. Martin's was seen as very important. Many raised the struggles they have faced in finding volunteers to help in various activities.

Thank you to all who were able to attend and share their thoughts. I always appreciate your input about our programs and worship.

*Fa. Lee*

---

## Words from the Wardens

Happy Easter!

As there are 7 Sundays of Easter, we at St Martin's enjoy an extended time of re-birth!! Your wardens are looking forward to harnessing all of the positive energy that came from the small group meetings with Father Lee.

We will be working with the vestry to move forward and act on suggestions as stated in Father Lees summary. Look forward to hearing vestry updates at our Sunday Services!!

It is so exciting to have us all working together as a family to be able to MOVE FORWARD IN FAITH to be ever present in the lives of our church and community!

Alleluia Christ is Risen!

The Lord is Risen indeed ! Alleluia !

Nancye Greenwood, Senior Warden  
Rick Gibbs, Junior Warden

# Condolences!

to the Family of

**Patricia Sue Hood**

mother of Layne Hood

September 25, 1941 - March 29, 2019

## United Thank Offering In-gathering:



The spring in-gathering will be on **Sunday, May 26** at both services. If your family needs a blue UTO box or envelope you may find them on the table in the hallway outside the parish hall. Please remember to put your coins into your blue box with thanksgiving, so that blessings may be awarded to expand God's mission in Virginia, the USA and the world.

- by Kim Shook

## Book Club

by Pat Rourk

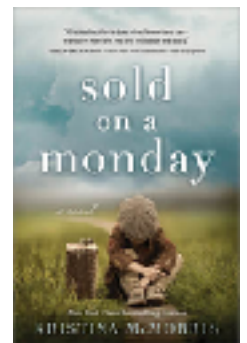
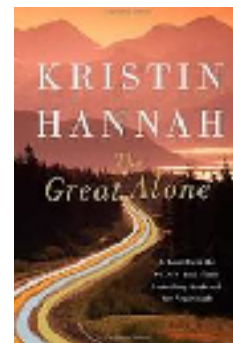
Our next meeting of the Book Club will be May 16, the third Thursday. We will be discussing 2 books because of the earlier meeting that was cancelled in April. Join us if you are interested in a lively group, we meet from 10:30 am to around 11:30 pm and we always learn something.

**The book for April:** "The Great Alone" by Kristin Hannah

**The book for May:** "Sold on a Monday" by Kristina McMorris

**The book for June:** "After Anna" by Lisa Scottoline

**Food for thought:** We will be remembered by the tracks we leave (an Indian saying).



At the **March 26** ECW meeting, we heard from Lisa Isbell of the Alzheimer's association about signs and symptoms of aging versus dementia. We saw videos from patients and caregivers talking about changes observed in themselves or their loved ones. Participants asked many questions and learned a lot from this presentation. There is additional information, brochures etc. on the table as you leave the parish hall heading towards the church. We invite you to attend future timely topics presented by your ECW group.



Twenty four ladies and three men attended the elegant afternoon tea **April 7**. Delicious refreshments and flavored teas served in china tea cups were enjoyed by all.



Following the food and fellowship, Roberta Damon gave an amusing talk about the four books she has written, including "Dear Mrs Noah - Letters to Unnamed Women of the Bible". Several ladies took advantage of the opportunity to purchase those books after her talk. Special thanks are due to the ECW members who worked so hard to transform the parish hall into an elegant tearoom. The enjoyable afternoon was a feast of food, fun and fellowship.



ECW continued ... from previous page




**Friday May 10th** is the date for the field trip to Yoders Country Market in Madison, VA. This is a family run market and grocery store selling not only groceries, but also books, gift cards, natural health and beauty aids, kitchen ware and furniture. They pride themselves on their Mennonite baked goods made from scratch without preservatives and their local, all natural meats. There is a cafe on the premises where you may wish to grab lunch. More details can be found at [www.yoderscountrymarket.net](http://www.yoderscountrymarket.net). If you are interested in taking this trip we urge you to sign up and place a check for the \$20 transportation fee in the envelope on the bulletin board by May 3rd. If we do not need to rent a van, your check will be returned. But a contribution towards the individual driver's gas will be appreciated. There will be coolers available to keep your perishable purchases cold on the way home. We will leave the church at 8.00am and will return by 4.00pm.

**Tuesday May 28th** at 5.30pm will be a business meeting. We will discuss future plans including fund raising in the fall and the ECW responsibility for the new church directory. Please bring your dinner.

There will be no ECW meeting in June or July.



Roar into the fun at VBS!



Get ready for a wild time, July 15 - 19, when St Martins church will be transformed into the African savannah. Here, the children will experience an African adventure that will explore God's goodness as well as celebrate a ferocious faith that powers them through this wild life.

All are welcome to join us for this roaring good time. Keep a look out for volunteer sign up sheets and information regarding child registration coming soon.

© 2019 Creative Commons Attribution-NonCommercial-ShareAlike 4.0 International License

**YO ARE MAKING A DIFFERENCE!**

The weekly announcements will tell us what is needed especially this month. Please place your donations in the basket in the hallway.



# Spring Clean-up

Saturday April 13

Special thanks to William Thirion for bringing heavy equipment to help spread the wet mulch! Our backs all appreciated it!

Mike Shook



---

## The Jelly Bean Prayer

**RED** is for the blood He gave.

**GREEN** is for the grass He made.

**YELLOW** is for the sun so bright.

**ORANGE** is for the edge of night.

**BLACK** is for the sins we made.

**WHITE** is for the grace He gave.

**PURPLE** is for His hour of sorrow.

**PINK** is for a new tomorrow.



Sunday school activity on Palm Sunday!

### Amazon Smiles:

1. Go to <https://smile.amazon.com/> or click the box above.
2. Create an amazon account or log in.
3. Go to "Or pick your own charitable organization" and type "**St. Martin's Episcopal Church**" then click Search.
4. Locate "**St. Martin's Episcopal Church**" in Henrico VA.
5. Then start shopping!

Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases **to St. Martin's!** We are grateful for your participation



Cut and paste to see the video:

<https://www.youtube.com/watch?v=kXi4cogpn8E&feature=youtu.be>

# Boys Home of Virginia



Dear Friends of Boys Home,

As we enter the Easter season, those of us at Boys Home of Virginia are thankful. We count you among our blessings as you faithfully remember us in your prayers and as you support our young men in so many meaningful ways. To say thank you, we have prepared a devotional resource for you and your congregation.

The Way of Light—or Stations of the Resurrection—invite the faithful to walk with the risen Lord. Patterned after the Stations of the Cross, the Way of Light moves through the Gospel's accounts of our resurrected Lord to the day of Pentecost. The Way of Light helps believers observe a holy and meaningful Easter season by following the footsteps of Christ and his disciples during this time.

The devotional contains fourteen resurrection and post-resurrection stories through the lens of Boys Home of Virginia. Using scripture, reflection, and spiritual practice and prayer, this work invites readers to live in transformative joy while marking the Great Fifty Days of Easter. The devotional is available as a PDF and as an Ebook at our website: [www.boyshomeofva.org](http://www.boyshomeofva.org).

Thank you for sharing this devotional with your congregation. As always, we are grateful for all you do on behalf of the young men who call Boys Home their home.

Blessings,

Donnie E. Wheatley  
Executive Director, Boys Home of Virginia

---

*A successful man has to start somewhere.....*

*All successful men were once boys. But not all boys become successful men. Whether it's due to a lack of positive role models, quality living circumstances, or a welcoming school environment. We provide each, so that boys can go on to be successful men. Men who will take care of their families. Men who will contribute their gifts. Men who will be role models for the next generation of men.*

*At Boys Home of Virginia, we show our boys that every day is a step toward that success.*



# Parish Nurse by Betty Horne

## Melanoma and Skin Cancer

### Awareness Month

It will not be too long before we begin to make plans for the summer. Many of these plans involve long exposure to the sunlight at the beach, gardening, picnicking, or hiking. It is important to examine and protect your skin from prolonged exposure to the ultraviolet rays of the sun. In addition many medication such as medication used for treating cancer and transplant medication can increase your risk for skin cancer.

Skin cancer is the uncontrolled growth of abnormal skin cells. It occurs when unrepaired damage to skin cells triggers mutations, or genetic defects that lead the skin cells to multiply rapidly and form malignant tumors. Ultraviolet radiation from the sun or tanning beds can be triggers.

The following is information on one type of skin cancer, signs and symptoms to look for as well as skin care.

#### What is melanoma?

About 75 percent of all skin cancer deaths are from melanoma. If not detected early, melanoma spreads to internal organs and may result in death. If detected in the early stages, melanoma usually can be treated successfully.

#### What causes melanoma?

Prolonged exposure to the ultraviolet radiation of the sun is the most important **preventable** cause of melanoma. People living in the south are more likely to develop melanoma than those living in the north. Melanoma has also been linked to excessive sun exposure in the first 10 to 18 years of life. **Not all** melanomas are sun related – other possible causes include genetic factors and immune system deficiencies.

#### Who gets melanoma?

Anyone can develop melanoma, but Caucasians are ten times more likely to be diagnosed with melanoma than other races. Even so, certain individuals are more at risk than others. For example:

- Your chances increase significantly if you've already had one melanoma.
- You have a substantially increased risk of developing melanoma if you have many moles, large moles or atypical (unusual) moles.
- Your risk is increased if a blood relative, e.g., your parents, children, siblings, cousins, aunts, uncles, have had melanoma.
- If you are a Caucasian with fair skin, your risk is four times as great as a Caucasian with olive skin.
- Redheads and blondes have a two-fold to four-fold increased risk of developing melanoma. Blue or green eyes also increase your risk of developing melanoma.
- Five or more sunburns double your risk of developing skin cancer.

#### What are atypical moles?

Most people have moles (also known as nevi). Atypical moles are unusual and are generally larger than normal moles, variable in color, often have irregular borders and may be more numerous than regular moles. They occur most often on the back but can occur on the chest,

Parish Nurse continued ...  
on next page

abdomen and legs in women. They may occur anywhere. Multiple atypical moles may indicate a greater risk of melanoma developing either in a mole or on apparently normal skin.

### What does melanoma look like?

Observing the skin is the best way to detect early melanoma. Melanoma generally begins as a mottled, light brown to black flat blemish with irregular borders. The blemish is usually at least one-quarter inch in size. It may turn shades of red, blue or white, crust on the surface and bleed. A changing mole, a new mole, or a mole that is different or "ugly" or begins to grow requires prompt medical attention.

If you notice a mole on your skin, you should follow the simple ABCD rule which outlines the warning signs of melanoma:

**Asymmetry** – One half does not match the other half.

**Border irregularity** – The edges are ragged, notched or blurred.

**Color** – The pigmentation is not uniform. Shades of tan, brown or black are present. Dashes of red, white, and blue add to the mottled appearance.

**Diameter** – While melanomas are usually greater than 6 mm in diameter when diagnosed, they can be smaller. If you notice a mole different from others, or which **changes**, itches or bleeds even if it is smaller than 6mm, you should see a dermatologist.

The American Academy of Dermatology urges everyone to examine the entire skin on your body regularly. This includes your back, your scalp, the soles of your feet, between your toes and the palms of your hands. ***If there are any changes in the size, color, shape or texture of a mole, the development of a new mole, or any other unusual changes in the skin, see your dermatologist immediately. If you are at increased risk for skin cancers you should be evaluated by your dermatologist at least once a year***

### Can melanoma be cured?

When detected early, melanoma is highly curable. The

average five-year survival rate for individuals with melanoma is 91 percent. For localized melanoma, melanoma that has not spread beyond the outer layers of the skin at the time of detection, the average five-year survival rate is 98 percent. Approximately 83 percent of melanomas are diagnosed at a localized stage.\* With early detection, surgical removal of thin melanomas can cure the condition in most cases. Early detection is **essential**; there is a direct correlation between the thickness of the melanoma and survival rate. Anyone with a changing, suspicious or unusual mole or blemish should be examined immediately.

### Can melanoma be prevented?

Overexposure to ultraviolet light is thought to be a primary cause of many melanomas. Dermatologists recommend the following precautions:



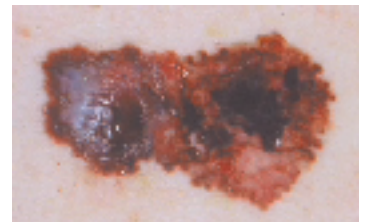
Avoid "peak" sunlight hours -- 10 a.m. until 4 p.m. -- when the sun's rays are the strongest.

Seek shade whenever possible. Remember **"No shadow... seek the shade!"** If your shadow is shorter than you are, the damaging rays of the sun are at their strongest and you're likely to sunburn.

Wear protective clothing, including a wide-brimmed hat, sunglasses and long-sleeved shirt and pants during prolonged periods of sun exposure.

Apply a broad spectrum sunscreen with a Sun Protection Factor (SPF) of 30 or higher, 15 - 30 minutes before going outdoors and reapply every two hours, especially when playing, gardening, swimming or doing any other outdoor activities. Sunscreens should not be used to increase the time spent in intense sunlight or instead of protective clothing.

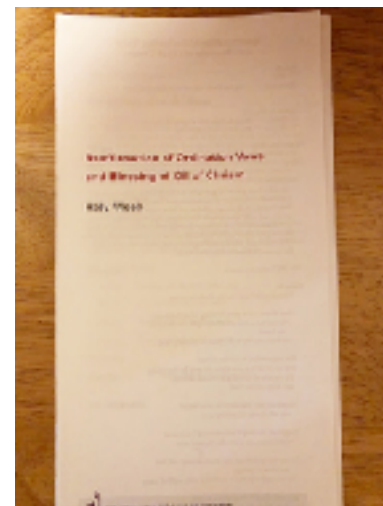
\*Source: American Cancer Society



# Reaffirmation of Ordination Vows

St. Martin was one of the churches in our Diocese to host the special Maundy Thursday services for clergy.

Bishop Susan was the celebrant.



## Finance Report

Financial Highlights 2019	end of previous month	MTD March	YTD end of March
Income	\$35,845.12	\$20,101.69	\$55,946.81
Expenses	\$39,449.50	\$18,826.50	\$58,276.00
<b>Gain or Loss</b>	<b>-\$3,604.38</b>	<b>\$1,275.19</b>	<b>-\$2,329.19</b>



...and April 12 serving while folding palm crosses and filling Easter eggs



# Stations of the Cross



## Holy Week



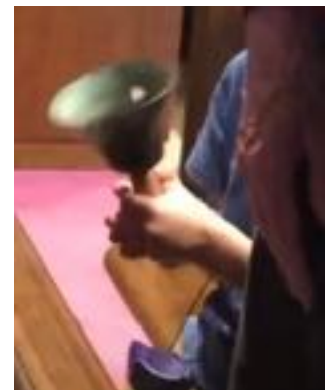
## Easter Vigil

# Easter Sunday

April 21



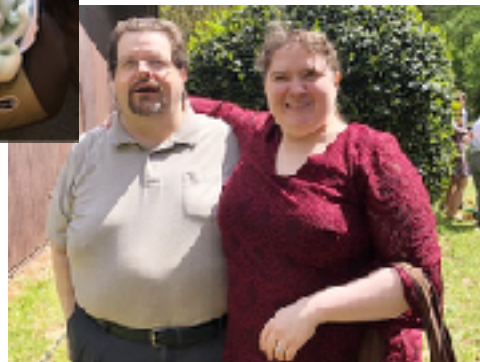
The Alleluia was let out of the box (during the children's sermon) where it was hidden at the beginning of Lent! It decided to avoid being caught and sailed all the way to the ceiling.



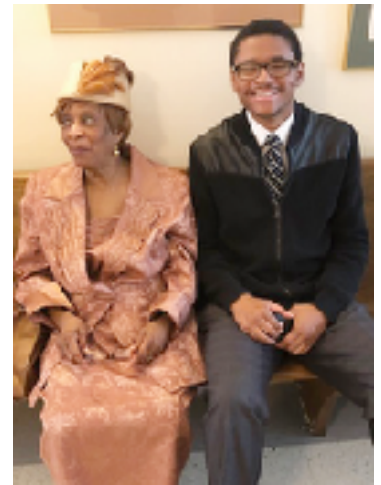
The children (and adults?) also enthusiastically rang the bells during the first and last hymn.



...Friendship time and ...







*... and the Egg Hunt*



Easter Sunday ... continued from previous page



---

## The Choir

wishes choir member Brenda Rahn  
a very happy Birthday!





If you know of somebody not on these lists (including yourself) please let the office know. If we don't know ...



\*  
 05/06 Marty Fairhead  
 05/07 Carl McAllister  
 05/07 Cynthia Cramer  
 05/09 Beth Miller  
 05/09 Mike Miller  
 05/14 Phyllis Berkle  
 05/16 Bland Wade  
 05/17 Harrison Alloway  
 05/20 (John) Jack Beck  
 05/21 Judith Wade  
 05/21 Titilayo Akinfolajimi  
 05/21 Shannon Werner  
 05/21 Stephen Harlow  
 05/23 Julie Crews  
 05/24 Keith Borders  
 05/24 Alice Adams  
 05/24 Delbert Lovell  
 05/26 Sherry Matthews  
 05/27 Kerry Alloway  
 05/29 Steve Row  
 05/31 Jim Hughson  
 \*

\*  
 06/02 Henry Sleeman  
 06/03 Carrilynn Sykes  
 06/05 Betty Hall  
 06/08 Lauren Murphy  
 06/08 Julie Hall  
 06/09 Melinda Jenkins  
 06/10 Cindy Adams  
 06/13 Jenny Richardson  
 06/13 Robin Biehler  
 06/14 Caroline Echevarria  
 06/15 Sally Tucker  
 06/15 Janice Carpi  
 06/15 Lillian Thirion  
 06/17 Barbara Campeau  
 06/17 Max Barritt  
 06/18 Gregory Echevarria  
 06/19 Ian Watt  
 06/21 Garland Harwood  
 06/21 Maddie Alloway  
 06/22 Natalie Watt  
 06/24 Henry Scott  
 06/27 Sean Cooper  
 06/29 Kim Fiasco  
 \*

\*  
 05/01 Wayne & Alison Potter  
 05/08/2009 Allen & Sarah Sleeman  
 05/12/2004 Raja K.Rajaratnam & Archana Samuel  
 05/15/1974 Craig & Christine Watt  
 05/15/2009 Layne & Karen Hood  
 05/19/2001 N'neka & James Logan  
 05/21/1988 Bland & Judith Wade  
 05/21/1994 Carl & Vicki Newcomb  
 05/28 Jim & Nancye Greenwood  
 05/28/2011 Bo & Megan Greenwood  
 \*  
 \*  
 06/02/2007 Erin & Glenn Sprouse  
 06/06/2015 Dianne & Joe Lamb  
 06/06/2009 Beth & Mike Miller  
 06/11/1977 Dennis & Vicki Pinner  
 06/14/1958 Henry & Nan Scott  
 06/21/1980 Sandy & Sallie Bright  
 06/24/2000 Kyle & Anne Stephenson  
 06/26/1976 Jody & Stephen Harlow  
 \*



## ST. MARTIN'S STAFF

**Rector:** The Rev. Lee A. Hutchson  
**Priest Associate:** Rev. Dr. Sandra Levy-Achtemeier  
**Organist & Choirmaster:** David R. Hopkins  
**Administrative Assistant:** Sherry Wilson  
**Sunday School Coordinator:** Robin Biehler  
**Head of Nursery:** Nicolette Philippi

## CHURCH OFFICE

(804) 270-6786 (Phone) (804) 270-3286 (Fax)

E-mail: [saintmartinsec@gmail.com](mailto:saintmartinsec@gmail.com)

Website: [www.saintmartinschurch.org](http://www.saintmartinschurch.org)

## Office Hours

Monday–Friday 9 am–1 pm

**Trustee Emeritus:** Robert I. Kirby  
**Trustees:** Kerry Alloway, A. P. Hall, Jr.  
& Garland Harwood

## VESTRY

2019	2020	2021
Nancye Greenwood	Christa Burr	Steve Alloway
George Crowell	Garland Harwood	N'neka Logan
Rick Gibbs	Kim Fiasco	Craig Watt

**Senior Warden:** Nancye Greenwood

**Junior Warden:** Rick Gibbs

**Register:** Nan Scott

**Treasurer:** Darrell Jenkins

**Assistant Treasurer:** Mike Fiasco

**Editor:** Christa Burr



## St. Martin's Episcopal Church

9000 St. Martins Lane · Richmond, VA 23294

804-270-6786 (tel) · 804-270-3286 (fax)

Website: [www.saintmartinschurch.org](http://www.saintmartinschurch.org)

E-mail: [saintmartinsec@gmail.com](mailto:saintmartinsec@gmail.com)

To submit articles or ideas for The Cloak, email:

[smartinscloak@gmail.com](mailto:smartinscloak@gmail.com)