



The Cloak

St. Martin's - A Christian Church for all people Sharing God's Love, Following Christ, Serving Others



The improved Memorial Garden

(see more inside)

Contents:

- | | |
|---|-----------------------------------|
| 2 ~ Father Lee's Message | 7 ~ St. Patrick's Day photos |
| 3 ~ What and When / Cloak deadline | 8 ~ Girl Scout award: Mikayla |
| 4 ~ Words from the Wardens | 8 ~ Amazon Smiles + reward info |
| 4 ~ Your Vestry / Finance Report | 9-10 ~ Parish Nurse |
| 5 ~ Congratulations: Baughan | 10 ~ Boy Scouts |
| 5 ~ Book Club / Wed Morning Coffee hr | 11-13 ~ Pancake Supper |
| 6 ~ ECW | 14 ~ Yellow Pages / Lamb's Basket |
| 7 ~ Outreach Com. / Prayer Shawl Ministry | 15 ~ Birthdays + Anniversaries |

Father Lee Hutchison

“A gentle answer turns away wrath,
but a harsh word stirs up anger”

In a given day, there are many opportunities to be angered. And at times it is appropriate to be angry. However, our anger should be expressed in ways which solve a problem rather than make it worse.

Moses, it seems, struggled with anger during his entire life. Below are four examples from the life of Moses.

(1) Moses was 40 years old when we came to a Hebrews aid and killed an Egyptian. We are told – He looked around saw no one. Killed the Egyptian and buried him in the sand.

- When Pharaoh discovered what Moses had done, he wanted him put to death. So, Moses fled the country. He lost his family, life of luxury and security.

(2) Moses was 80 when he confronted Pharaoh and warned Pharaoh of coming plagues

- God told Moses that God would harden Pharaoh heart
- Moses knew what to expect
- But after the 10th plague we are told that Moses delivered God's message in a furious rage and departed in “hot anger”.

(3) Moses returned from receiving the 10 commandments cut into stone by the very hand of God. I can only imagine the value of receiving such object. To have instructions for living a successful life, building a society. But when Moses returns the people have created a Golden Calf to worship.

- We are told the anger of Moses burned.
- What does he do? Smashes the commandments.
- Has calf ground up and makes people drink the concoction.

God never approved these actions of Moses.

- In fact, Moses had to cut the next copy of the commandments himself.



(4) The last example is when the Hebrew people were complaining again of their need for water.

- God told Moses and Aron to speak to a rock and that a spring would pour forth.
- But Moses was angry at the people. So, he calls them a bunch of names, tells them they are losers and said “should Aaron and I make water for you”.

His anger put him in the place of God – God was giving the water. God had had enough and told Moses he would never enter into the promised land.

Book of Deuteronomy tells us Moses asked god 3 times to change his mind. God refused.

Moses had been losing his temper since he was 40. He is now 100 and banned from entering the promise land.

Does anger have a disproportionate control of your life?

The Season of Lent calls us to examine our hearts and attitudes towards others. May God open the eyes of our heart to see how we may become effective vessels of God's grace and love in the world.



Fr. Lee

What and When ...

April

Wednesday Morning Coffee April 3 following 10 am service
EYC Friday April 12 at 6 pm - Folding Palms/Stuffing eggs
Men's Breakfast Saturday April 13 at 8 am Nick's - 8051 Broad Call Sid Akens (804-740-5375) if you need a ride all men welcome! All those who can will join the church clean-up after breakfast
Spring Clean-up Saturday April 13 at 8:30 am till 12:30 pm
Palm Sunday Sunday April 14
St. Martin's Project Saturday April 20 at 9:30 am, Red Team

Regular Weekly Events

Event	Day	Time
Sunday Services	Sunday	8 & 10 am
Boy Scouts	Monday	7 pm
Meals on Wheels	Tuesday	10:15 am-12 pm
Holy Eucharist	Wednesday*	10 am
*Healing Service every 3rd Wed.		
Cub Scouts	Thursday	6:45 pm-7:45 pm
Sr. Choir Practice	Thursday	7:30 pm
Social Bridge	Friday	10 am-1 pm
Ethiopian Christians	Saturday	6 am

Regular Monthly Events

Event	Day	Time
Morning Coffee hour	1st Wednesday	after service
Vestry Meeting	2nd Tuesday	7 pm
Men's Breakfast	2nd Saturday	8 am
Daughters of the King	3rd Wednesday	11 am
Daisy Troop	1st & 3rd Wednesday	6-7:30 pm
Book Club	3rd Thursday	10:30 am
St. Martin's Project	3rd Saturday	9:30 am
ECW	4th Tuesday	5:30 pm
EYC	Alternating Sundays	after church
Prayer Shawl Ministry	quarterly	11:30 am

Holy Week and Easter Services

April 15-21

Monday and Tuesday - 7 pm Evening Prayer

Wednesday 10 am Holy Eucharist
7 pm Evening Prayer

Maundy Thursday - 7pm Service and stripping of the Altar
"Watch" following the service 8 pm to Midnight

Good Friday - 6 pm - Stations of the Cross
7 pm Good Friday Service with Communion from Reserved Sacrament

Holy Saturday - 8 pm Easter Vigil (incense; bring your bell)
(Champagne Reception following service in the Parish Hall)

Easter Day - 8 am and 10 am Holy Eucharist Services (bring your bell)
(Easter Egg Hunt immediately following 10am service)



Cloak Deadline - please, if possible submit by Thursday April 25 at 8 pm

Words from the Wardens

Greetings fellow Martinites!

As we continue through the Lenten season and move toward the Celebrations of Easter, your new Vestry mirrors this transition.

We are intentionally reflective as we consider St Martin's, where we are now, where we have come from (our roots, if you will,) and where we hope to be in the future.

As you probably all know, Father Lee is leading us on this journey, beginning with the "small group meetings" which have been held in the past couple of weeks. Look for information summaries from these meetings in the near future.

As we enter the Easter Season, let us give thanks for our Lord and our St Martin's family and look forward with eagerness and love as we move into the future!

Alleluia! Christ is Risen!
Thanks be to God!

Nancye Greenwood, Senior Warden
Rick Gibbs, Junior Warden

Your Vestry

The March meeting of the Vestry was changed to the 19th. The new vestry enjoys a privately served dinner every year to get to know each other better and have a good start to work together.

Finances were discussed. The new Wardens were selected.

Nancye Greenwood volunteered to be **Senior Warden** and

Rick Gibbs agreed to be **Junior Warden**. Nancye stressed that they are a team.

We can't thank those two enough.



James Burr did a great job!

Finance

Report

Financial Highlights 2019	end of previous month	MTD February	YTD end of February
Income	\$19,685.65	\$16,159.47	\$35,845.12
Expenses	\$19,126.96	\$20,322.54	\$39,449.50
Gain or Loss	\$558.69	-\$4,163.07	-\$3,604.38

Congratulations!



... to the happy parents Claire and Chris

Caroline West Baughan was born on March 23, 2019 weighing 8 lbs 9 oz.

All are doing well, including the excited grandparents Darrell and Melinda Jenkins and Uncle Bennett.



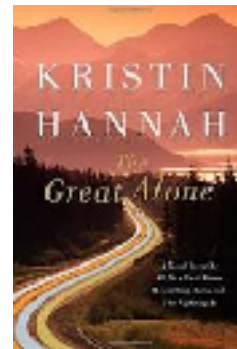
Book Club

by Pat Rourk

Anyone wishing to join the bookclub please feel free to join anytime. Next meeting Thursday April 18 at 10:30 in the Parish hall.

The book for April: "The Great Alone" by Kristin Hannah

The book for May: "Sold on a Monday" by Kristina McMorris



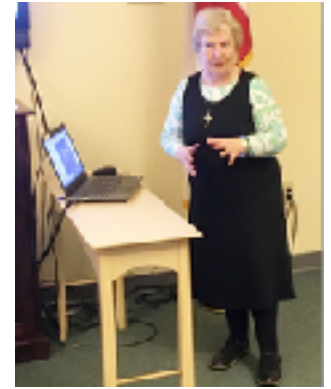
Coffee Fellowship

Wednesday Morning Coffee

We have coffee hour on the first Wednesday of each month, following the morning service. This Wednesday, April 3rd is our next coffee hour. This month we are having a light lunch. We all enjoy the time we spend together, all are welcome. Everyone brings something to share.

- Kerry Alloway

Eleven members attended the February meeting, at which our own Christine Watt talked about the Evelyn D. Reinhart House. This is a hospitality house for out of town family members of patients who are in St. Mary's hospital for an extended period of time. This guest house is run by volunteers and financed by donations.



At the ECW business meeting beforehand we planned several exciting events for this spring.

All women of St. Martin's are encouraged to participate but please sign up on the bulletin board for each event so we can plan refreshments and supplies accordingly. If you do not drive and wish to attend please contact Jean Rollins who will arrange a ride for you.



Sunday April 7 from 2pm to 4pm the ECW will host their 2nd annual ladies afternoon tea. Delicious refreshments will be served accompanied by various flavors of tea. If you have a hat which is longing to be seen you are welcome to wear it. This year we are privileged to have Roberta Damon as our speaker. She is the author of several books including "Dear Mrs Noah: Letters to Unnamed Women of the Bible". Her passion is to help women realize their God given potential. This promises to be an elegant, fun and informative afternoon which you won't want to miss.

Tuesday April 23 Our paint night is back by popular demand. Lynn Black will once again lead us in painting a beautiful picture. No prior experience, talent or skill is needed. There will be a brief business meeting at 5.30pm in the library during which you may eat your dinner. Paint night will be in the parish hall from 6 to 8 pm. The cost is \$25 per person, cash or check, payable to Lynn Black, on the night. Teenagers are welcome with a parent (or a grandparent) . Light refreshments will be provided.



Friday May 10 is the date for the long awaited field trip to Yoders Country Market in Madison, VA. This is a family run market and grocery store selling not only groceries, but also books, gift cards, natural health and beauty aids, kitchen ware and furniture. They pride themselves on their Mennonite baked goods made from scratch without preservatives and their local, all natural meats. There is a cafe on the premises where you may wish to grab homemade soup and a sandwich. Your inner child might enjoy the petting zoo. More details can be found at www.yoderscountrymarket.net. If you are interested in taking this field trip please put the date on your calendar and look for further information in the weekly announcements, the Sunday bulletins and the May "Cloak". It is approximately 90 minutes drive. Transportation will be either by carpool or van according to how many people sign up.



Outreach Committee

by Jean Rollins

We are continuing to collect supplies for Safe Harbor until Sunday, April 7. Safe Harbor is a domestic violence shelter for women and children. Counselors help them find suitable housing, jobs, or go back to school. There is a list of supplies that are needed located on the table in the hallway. Please help support these families who are in such a crisis situation.



We also started a new tradition with welcoming new babies to St. Martin's. There is a gift basket in the back of the parish hall where parishioners can add gifts. Gift ideas are: bibs, booties, socks, tee shirts, sleepers, baby wipes, baby shampoo, baby wash, burp cloths, pacifiers, small toys and books.

Baby Romano is due in July, so the gifts will be delivered on July 3. It is such a joy to welcome this baby, and all are invited to share in filling the basket.

The gifts to Baby Waylon Walker Thirion and Baby Caroline West Baughan will be delivered on April 3.

Prayer Shawl Ministry

by Ann Robbins

Several members of the Prayer Shawl ministry met for lunch on Wednesday, March 27th and enjoyed the fellowship. Our next regular meeting will be Wednesday April 24th at 11:30. We will be asking Fr Lee to bless the baby blankets and shawls that have been recently completed. Three prayer shawls and two baby blankets were taken to church members. We continue to maintain an inventory of blessed items. We welcomed new member Sara Bull to our ministry. Please let us know of any need within the church family for these special items.



St. Patrick's Day

March 17

This year it fell on a Sunday. Thank you to Kerry Alloway for capturing those who remembered the Saint ... and shared her photos with the editor.



Girl Scouts



Jennifer Cooper is the troop leader for Troop 237.

Mikayla Fiasco is the only Cadet in the troop.

She earned and was awarded two different awards on Girl Scout Sunday.

-Silver Torch award which is awarded when a girl holds leadership positions in the troop as well as outside the troop.

-Silver Award which is the second highest award a girl scout can earn and the highest award a scout can earn at the Cadet level. It is a multi step process requiring 50 hours of work. The steps to earning this award include:

1. Identify an issue you care about.
2. Build your Girl Scout Silver Award team or decide to go solo.
3. Explore your community.
4. Pick your Silver Award project.
5. Develop your project.
6. Make a plan and put it into motion.
7. Reflect, share your story, and celebrate.



Mikayla worked with a teacher/sponsor at school and developed a presentation to share with the faculty to help teachers be more aware of the diversity of students in the middle school.

St. Martin's is proud of Mikayla who also is very active in the church. She has been an acolyte for many years and is serving as crucifer and altar server. She is the daughter of Mike and Kim Fiasco and granddaughter of Debby Grumbine.

St. Martin's is also grateful for adults like Jennifer who volunteer to enrich our youth. For many years she was instrumental in the planning of the Sunday school activities and yearly VBS. Husband Sean and children Grace, Andrew, Alex and Lorelei are also active in the church.

Amazon Smiles:

1. Go to <https://smile.amazon.com/> or click the box above.
2. Create an amazon account or log in.
3. Go to "Or pick your own charitable organization" and type "**St. Martin's Episcopal Church**" then click Search.
4. Locate "**St. Martin's Episcopal Church**" in Henrico VA.
5. Then start shopping!

Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to **St. Martin's!** We are grateful for your participation

F Y I

Our Treasurer Darrell Jenkins answered my question:

We received

\$72.55

last year from Amazon Smiles!

Please, keep it coming.

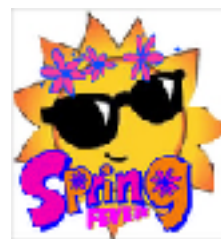
Every little bit helps.



Parish Nurse

by Betty Horne

Spring Fever



While we do not have a “fever”, we are hopeful that the spring is finally here. We can look back on the lengthy cold and rainy winter months we endured. There are fewer cold days, we have longer hours of sunlight and we can't wait to get those plants in the ground. Lawn mowers are cranking and debris from those winter months are being removed from the lawns.

For some the change is not soon enough. Many suffer from Seasonal Affective Disorder (SAD). Usually starting in the fall when the daylight hours get shorter, persons with SAD, complain of lack of energy, mood changes and often in a sense, hibernate. As the hours of sunlight lengthens we see;

- moods are brighter
- attitudes more positive.
- people begin to enjoy the outdoors again
- you eat lighter (less comfort foods)
- energy level is higher (you start exercising again)

However, spring also brings its share of health related issues for those who suffer from allergies. Hay fever and allergic rhinitis are other names associated with the following symptoms:

- itchy, watery eyes and nose
- excessive sneezing
- sniffing
- colds
- cough
- headache



If you are unfortunate enough to suffer from allergies, the following tips may help:

- if you can, stay indoors on dry windy days

- avoid doing yard work such as mowing the lawn (wear a mask if you must)
- mold spores can be stirred up by working in garden beds
- once indoors remove clothes, shower/wash hair to wash away pollen
- avoid hanging clothes outdoors
- close windows and doors to limit the amount of pollen in the home
- pollen counts are highest in the morning-avoid outdoor activity at those times
- Measures such as air conditioning with high efficiency filters may help. Change filters as recommended by manufacturer. Vacuum cleaner should also have a HEPA (high efficiency particulate air) filter to avoid recirculating pollen throughout the home.



Some over the counter remedies may help such as:

- Antihistamine – Claritin, Zyrtec, Allegra
- Decongestant – Sudafed, Afrin -use only for a couple of days in a row

The above can also be used as combination medications Claritin-D, Allegra-D.

Some sufferers find relief from irrigating the nose with saline solution. Some use a Neti Pot to rinse the nose.

Parish Nurse continued ...
on next page

Parish Nurse continued... from previous page

Remember to clean the Neti Pot and allow to air dry after each use.

You will want to contact your Healthcare provider regarding your symptoms particularly if your symptoms are severe or over the counter medications have not helped.

Wishing you a trouble free spring as you enjoy the color of those blossoms.

Happy Spring!



"I avoided the flu all winter...
but spring fever finally got me."

What Kind of Rock?

My Lord named me a pebble, and I am;
I am no mountain, and I am no gem.

I nearly sank in fear, when called to skim
the sea, and walk across the waves to Him.

I lay still in the garden, where He wept;
when He called me to pray with Him – I slept.

Like gravel, I rolled over in my shame
three times, and cravenly denied His name.

But Love was in His words, and in His face;
I dared not doubt; my heart filled with His grace.

Beyond a crumbling crust like brittle stone
He saw a strength I was afraid to own;

He saw tough boatman's hands, and leathered
skin;
the flawed, uncertain soul trembling within.

He saw a power I had not known nor willed;
"And on this Rock," He told me, "I will build."

- Patsy Anne Bickerstaff



Boy Scouts

Please join me in congratulating Sam Robelen and Gary Nolen on achieving Scouting's highest rank, EAGLE SCOUT!!!

Years of hard work and dedication went into earning this rank!!!

Great Job guys! Who is next???

Shrove Tuesday - Pancake Supper

March 5



Pancake Supper ...
continued on next page

Pancake Supper ... continued from previous page



Pancake Supper ... continued on next page



St. Martin's Memorial Garden

A boundary wall has been built around the Memorial Garden to better identify this area of our garden. This will serve to give the area where the ashes of our loved ones are interred a greater feeling of the reverence it deserves.



St. Martin's Yellow Pages

This area is where you can post your service or product to let your fellow St. Martinites know how you can help them, and you can give those who post here your support.

DERING'S CLEANING SERVICE:

If interested in your home getting a super good cleaning, call Leslie at 239-5865.
Licensed, Insured & Bonded



OCEANFRONT BEACH HOUSE FOR RENT

Located directly on the beach in Hatteras Village, NC.
Contact Bob or Max Barritt (h) 270-3862 or (c) 512-4586

YO ARE MAKING A DIFFERENCE!

The weekly announcements will tell us what is needed especially this month. Please place your donations in the basket in the hallway.



Need a pet or house sitter?

Available for overnights and drop-ins. Call for pricing. References available. Jessica Shook (daughter of Mike and Kim). Phone # 804-380-0117.



At Home Pet Sitters



If you know of somebody not on these lists (including yourself) please let the office know. If we don't know ...



- * 04/01 Pat Akens
- 04/02 Tiffany Clements
- 04/02 Rosemary Simmons
- 04/03 Lois Gibbs
- 04/05 Trudy Britton
- 04/07 Moboluwaji Akinfolajimi
- 04/07 Megan Greenwood
- 04/08 Samantha Romano
- 04/10 Dean Bracaloni
- 04/10 Michele Hutchson
- 04/12 Olivia Alloway
- 04/12 Esme Borders
- 04/13 Eniola Akinfolajimi
- 04/14 Brenda Orlando
- 04/14 Noah Sleeman
- 04/14 Grace Wood
- 04/15 Vicki Pinner
- 04/16 Sally Dvorak
- 04/17 Sallie Bright
- 04/17 Sandy Mann
- 04/22 Tristan Howdyshell
- 04/23 Tyler Newcomb
- 04/24 Jim Richardson
- 04/26 Susan Teachey
- 04/27 Joyce Ragland
- 04/27 Zahara A. Iervolino
- 04/28 Richard Rollins
- 04/28 Brenda Rahn
- 04/28 Russell Campeau
- 04/29 Allen Sleeman
- 04/30 A. P. Hall
- *

- * 05/06 Marty Fairhead
- 05/07 Carl McAllister
- 05/07 Cynthia Cramer
- 05/09 Beth Miller
- 05/09 Mike Miller
- 05/14 Phyllis Berkle
- 05/16 Bland Wade
- 05/17 Harrison Alloway
- 05/20 (John) Jack Beck
- 05/21 Judith Wade
- 05/21 Titilayo Akinfolajimi
- 05/21 Shannon Werner
- 05/21 Stephen Harlow
- 05/23 Julie Crews
- 05/24 Keith Borders
- 05/24 Alice Adams
- 05/24 Delbert Lovell
- 05/26 Sherry Matthews
- 05/27 Kerry Alloway
- 05/29 Steve Row
- 05/31 Jim Hughson
- *

- * 04/12/1980 Scott & Kerry Alloway
- 04/14/2012 Sally & (John) Jack Beck
- 04/25/1992 Scott & Mary Goodman
- *
- * 05/01 Wayne & Alison Potter
- 05/08/2009 Allen & Sarah Sleeman
- 05/12/2004 Raja K.Rajaratnam & Archana Samuel
- 05/15/1974 Craig & Christine Watt
- 05/15/2009 Layne & Karen Hood
- 05/19/2001 N'neka & James Logan
- 05/21/1988 Bland & Judith Wade
- 05/21/1994 Carl & Vicki Newcomb
- 05/28 Jim & Nancye Greenwood
- 05/28/2011 Bo & Megan Greenwood
- *



ST. MARTIN'S STAFF

Rector: The Rev. Lee A. Hutchson
Priest Associate: Rev. Dr. Sandra Levy-Achtemeier
Organist & Choirmaster: David R. Hopkins
Administrative Assistant: Sherry Wilson
Sunday School Coordinator: Robin Biehler
Head of Nursery: Nicolette Philippi

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Office Hours

Monday–Friday 9 am–1 pm

Trustee Emeritus: Robert I. Kirby
Trustees: Kerry Alloway, A. P. Hall, Jr.
& Garland Harwood

VESTRY

2019	2020	2021
Nancye Greenwood	Christa Burr	Steve Alloway
George Crowell	Garland Harwood	N'neka Logan
Rick Gibbs	Kim Fiasco	Craig Watt

Senior Warden: Nancye Greenwood

Junior Warden: Rick Gibbs

Register: Nan Scott

Treasurer: Darrell Jenkins

Assistant Treasurer: Mike Fiasco

Editor: Christa Burr



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