



The Cloak

St. Martin's - A Christian Church for all people Sharing God's Love, Following Christ, Serving Others



Epiphany!

Burning
of the
Greens

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Father Lee Hutchison



A couple of weeks ago I was talking to a man who is active in another Episcopal Church. He shared with me how his father only attended church out of obligation on Christmas and Easter or when his wife convinced him to come with her.

Then on a Valentine's Day sometime in the 1980s he had a heart attack and had a near death experience. While he was dead his father told him he went to heaven, saw his parents and other relatives and that God spoke to him. He was told it was not his time and he would be returning to his body.

Those moments changed his father's life. His father realized that as a Christian he was a part of something much larger than himself. He never missed church after that heart attack and was filled with a sense of joy. He reached out to others with love and grace as he lived his faith. The church became a cornerstone of his life. Because it represented a connection to God and his faith was strengthened by being a part of his church community.

Would that we all could have a supernatural experience to bring us closer to God. Most of us have more ordinary experiences of God's presence.

Ecclesia, the Greek word used for church, means to be called out. As Christians we are called out of the world, that we might become more like Christ, only to be placed back into this world to share and to model God's love and grace.

God has called us into community. We are to love each other. To forgive and hold one another accountable.

Our worship together shapes our belief, and our belief shapes how we live our lives as we are empowered to live the way Jesus would have us to live.

It is easy not to make our church or its members a priority in our life. However, you are nowhere more needed than here at St. Martin's. Our community needs your prayers and your fellowship as we strive to follow our faith and just as important you need the prayers and fellowship of your brothers and sisters in Christ to nurture your faith. Together we are made stronger.

As Christians we are part of a community that is larger than ourselves. A community which extends from heaven above to earth below. Make participating in your church community a priority in your life.

Fr. Lee

What and When ...

February

<p>Super Bowl Party Sunday February 3 at 6 pm see page 15</p>
<p>Wednesday Night Discussion Group continuing Wednesday at 7 pm through March 6 for more info page 6</p>
<p>EYC Saturday February 9 - Bowling at 4 p.m. Sunday February 17 at 10 am - Youth Sunday</p>
<p>Men's Breakfast Saturday February 9 at 8 am Nick's - 8051 Broad Call Sid Akens (804-740-5375) if you need a ride</p>
<p>Church Annual Meeting Sunday February 10, following 10 am service</p>
<p>St. Martin's Project Saturday February 16 at 9:30 am, White Team</p>
<p>Boy's Scouts Annual Brunswick Stew sale Saturday February 23 \$9 a quart. Sign Up Sheet will be posted</p>

Regular Weekly Events

Event	Day	Time
Sunday Services	Sunday	8 & 10 am
Boy Scouts	Monday	7 pm
Meals on Wheels	Tuesday	10:15 am-12 pm
Holy Eucharist	Wednesday*	10 am
<i>*Healing Service every 3rd Wed.</i>		
Cub Scouts	Thursday	6:45 pm-7:45 pm
Sr. Choir Practice	Thursday	7:30 pm
Social Bridge	Friday	10 am-1 pm
Ethiopian Christians	Saturday	6 am

Regular Monthly Events

Event	Day	Time
Vestry Meeting	2 nd Tuesday	7 pm
Men's Breakfast	2 nd Saturday	8 am
Daughters of the King	3 rd Wednesday	11 am
Daisy Troop	1st & 3rd Wednesday	6-7:30 pm
Book Club	3 rd Thursday	10:30 am
St. Martin's Project	3 rd Saturday	9:30 am
ECW	4 th Tuesday	5:30 pm
EYC	Alternating Sundays after church	
Prayer Shawl Ministry	quarterly	11:30 am

St. Martin's Annual Meeting

Do not miss it.
 Vote for 3 new Vestry members.
 Thank the 3 outgoing Vestry members.
 Ask questions about the reports for the past year.

Potluck dinner afterwards.
 Please bring a side dish.

Cloak Deadline - please, if possible submit by Friday February 24 at 8 pm

Get to know your brothers and sisters in Christ

The Parish Books tell that Rachel and Roanna (Nneka) were confirmed January 15, 1989 and Betty on January 19, 1992.

Betty Horne has worn many hats in this congregation. Right now she is also on the Vestry, ECW Treasurer besides a member of the Choir. She and her family are a joy to be with.

Q: Are you a cradle Episcopalian?

A: I was an active member of my local Methodist Church, including singing in the youth then adult choir. I was married to an Episcopalian at my church. When I moved to Richmond I tried to encourage my husband to come to church with us by joining the Episcopal Church. He came occasionally.

Q: Have you always lived in the Richmond area?

A: I moved here from the Caribbean 40 years ago. We used to visit my in-laws who lived in New York every year. By the time we had two children he decided it was time to join the rest of his family. I was not particularly fond of New York and was a little hesitant at first. His sister lived in Virginia and that was a better fit for me. So here we are. In addition to living in a British colony, I also lived in England for 4 years and in fact went to nursing school there.

Q: How did you find St. Martin's?

A: Fr. Tom Clemans was one of the hospital chaplains at the time I was looking for a church home. He told me "I know just the church for you" so I started attending St. Martins in 1985. Fr. Frisby Hendricks was the priest then. The girls were very active in Sunday School, the youth group, acolytes, and the junior choir. They were confirmed here. Sometime after that Fr. McConnell encouraged me to transfer my membership and be confirmed which I did a few years after the girls were confirmed. Then came Jonathan who was baptized and confirmed at St. Martins and attended regularly until he graduated from High School.

Q: What would you like your church friends to know about you, your family, your occupation, hobbies etc?

A: I am the oldest of 5 girls. I have 3 children and 5 grandchildren. I enjoy spending time with my family especially my grandchildren. I love to travel, enjoy crafting I enjoy the work I do as part of our congregation, singing in the choir, being on the vestry and doing what I can to promote good health for our members. I am an RN, kidney transplant coordinator. I enjoy the work I do (except for call). Hopefully one of these days I can retire and check off some of the items on my bucket list!



Her daughters last mother's day with their children.

The Cloak

Editor Christa Burr presented Fr Lee at the vestry meeting on January 8 with another bound book of the monthly newsletters.

The collection of 2018 was added to the previous year's books. They can be found on the glass case in the Parish Hall. Enjoy them, but please, do not take them out of the room.



Condolences!

Brian Fairtile, husband of **Linda**

He died on January 10, 2018. Funeral arrangements are still pending.
All our hearts go out to Linda.

Bridge Club meets every Friday
(these photos taken on January 18)



Prayer Shawl Ministry

There are six active members of the Prayer Shawl Ministry which is part of the Pastoral Care Committee. We meet quarterly on the fourth Wednesday at 11:45. These meetings are mostly for getting together (we almost always go to lunch) and taking inventory of items stored and processing new donations and making sure we are responding to the needs of the congregation.. This is also an opportunity for Fr Lee to bless the blankets, shawls and lap robes we have made. A label is attached to each item noting the work of the Prayer Shawl Ministry. We provide shawls as an expressive of the love and concern of the congregation of St Martin's associated with bereavement, illness or surgery. We provide baby and car seat blankets for those newest members of St Martin's. We also extend our love to members who would benefit from the prayers that go into knitting or crocheting something for them as they adjust to their new home.

We encourage new members to join us for the meetings and/or make items at home that can be donated to our work. If you have any questions or need

additional information, please contact Pat Akens who is serving as the secretary. Her number is 740-5375. During 2018 the Prayer Shawl ministry gave gifts to eleven St Martin's members.



Acolyte

Crucifer,
Thurifer,
Chalice Bearer,
child at His knee,
washer of His feet,
I am server, servant
making straight
the way of the Lord.

One hour of worship—
I touch the miracle.
My hands are blessed:
smooth knuckles, tough palms,
fingers rugged with a hundred
chores and dares of living.
Years from now,
creased and spotted,
gnarled joints, palms soft,
Still carrying this blessing,
they will press
in prayer, unforgetting.
*I will go to the altar of God—
to God, the Joy of my youth.*

- Patsy Anne Bickerstaff

Wednesday Night Discussion Group:

"The Gospel in Life" course is still discussed on Wednesdays. How is the Gospel lived out in all of life, in your heart, then in your community and then out into the world?

The sessions are self-contained. Even if some lessons are missed, at each one a different aspect is discussed.

Finance Report

Financial Highlights end of December 2018	MTD	YTD
Income	\$41,537.16	\$251,313.09
Expenses	\$18,900.24	\$216,518.02
Gain or Loss	\$22,636.92	\$34,795.07

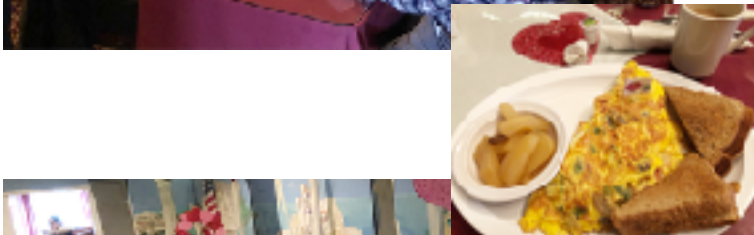
Men's Breakfast Club

Saturday January 12 at 8:30 am



HAPPY NEW YEAR!

This was a special meeting since wives were invited too.
Fun was had by all!





Parish Nurse by Betty Horne

February 22 is National Heart Valve Disease Awareness Day

The goal of the annual awareness day is to increase recognition of the specific risks and symptoms of heart valve disease, improve detection and treatment, and save lives. Education and awareness are particularly important in achieving this goal. A coalition of Health Care partners help to spread the word about valve disease on this day and throughout the year.

Your heart has four valves. Normally, these valves open to let blood flow through or out of your heart, and then shut to keep it from flowing backward. But sometimes they don't work properly causing dysfunction of your heart valves. Valve disease can develop before birth (congenital), can be caused by infection, heart attack, heart disease or can occur during the course of one's life. Sometimes the cause of valve disease is unknown. Your doctor can distinguish an abnormal heart sound called a murmur. The degree of your heart disease will determine what course of treatment is recommended.

Signs and symptoms of valve disease:

- Shortness of breath with daily activity or lying flat in bed
- Weakness or dizziness with daily activity, may even pass out.
- Rapid or irregular heart beat
- Chest discomfort, pressure in your chest with activity
-

Several factors can increase your risk of heart valve disease including;

- Aging

- History of infections that affect the heart
- Heart attack and certain heart diseases
- High blood pressure, high cholesterol, diabetes
- Congenital heart disease

Complications

Heart valve disease can cause many complications, including:

- Heart failure
- Stroke
- Blood clots
- Heart rhythm irregularities
- Death

Diagnosis can be made by some of the following procedures;

Echocardiogram – similar to an ultrasound, takes images of your heart, valves and blood flow through the valves.

Chest X-Ray – evaluate the lungs and the size of the heart

Stress test or Exercise stress test – assess how well you tolerate activity.

Cardiac Catheterization – used to diagnose heart valve disease, heart function as well as disease in the arteries of your heart.

Parish Nurse continued ...
on next page

Cardiac MRI – A test that creates detailed images of the heart using magnetic fields and radio waves. This also assess the function of the heart.

Treatment options may vary based on the severity of your heart valve disease. Your cardiologist may be one member of a team of doctors assessing and treating your valve disease.

Treatment may include:

Medications and changes in your lifestyle

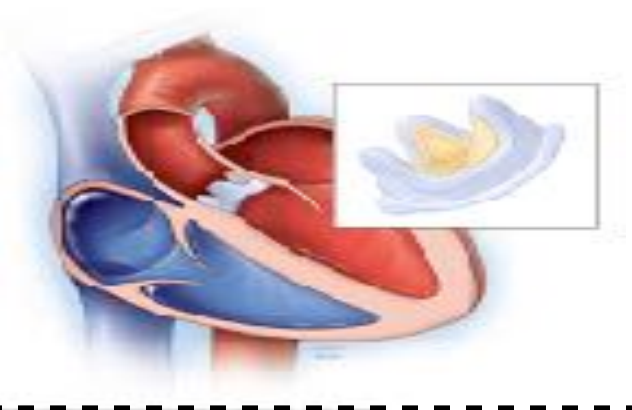
Heart valve surgery to repair or replace the diseased heart valve. Surgery may range from an incision into the chest or less invasive surgery using robotics or using a similar technique as a cardiac catheterization to replace the diseased valve. (TAVR-Transcatheter Aortic Valve Replacement). Valves can be mechanical or biological, made from pig, cow or human heart tissue.

Your doctor will review with you the treatment option that is best for you, discussing risks and benefits of each option. Be sure to keep your follow up appointments to monitor your condition and take your medications as prescribed. It is important to let your provider know of any side effects you may be experiencing.

The following can help in **maintaining a healthy lifestyle**:

- A heart healthy diet low in fats (saturated and trans fat), salt and concentrated sweets. Eat more fruits, vegetables, whole grains, fish and poultry.
- Weight management – maintain a healthy weight or ask for help if you struggle with reaching your goal.
- Regular exercise activity – can be taking a walk for 30 minutes daily
- If you smoke, quit
- Stress reduction – identify your stressors and find ways to manage your stress. Spend time on activities that are enjoyable.
- If you are of childbearing age and are considering pregnancy, you will need to discuss with your doctor. There are risks to be considered as well as being sure you are able to safely take your current medications through your pregnancy. You may require close monitoring during your pregnancy.

Be safe through these cold wintry days. Blessings.



John C. Wallace Scholarship by Ashley Borders

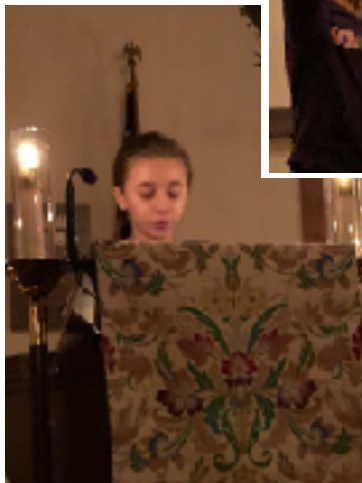
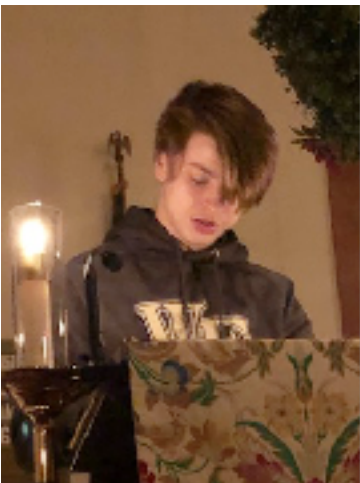
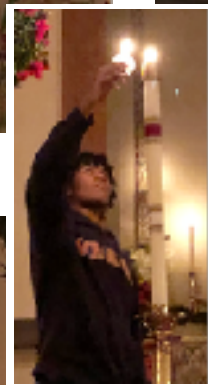
The 2019 John C. Wallace Scholarship applications are now available! The application period runs through March 7 at 5pm. Just as last year, they are available on-line via The Community Foundation and are open to any member of St. Martin's applying to an accredited institution of higher learning. Two scholarships, each of \$1000 will be awarded in May.

Please use the following link to apply: <http://www.cfrichmond.org/Apply-for-a-Scholarship/View-All-Scholarships?s=John+C.+Wallace+Scholarship>. Should you have any questions regarding the application process, please contact Stacey Keeley (skeeley@cfrichmond.org or 409-5602) or Alicia Dickinson (adickinson@cfrichmond.org) at The Community Foundation.

Feast of Lights!

January 5 at 7 pm

This service is always led by our Youth.



Feast of Lights ...
continued on next page

Burning of the Greens

Members brought their "not so fresh anymore" Christmas trees to be burned. Marshmallows. Hot cider etc.



Baptism

Sunday January 20, 2019

We welcome

Garrett Mathews Greenwood Elliott Mark Greenwood

twin sons of Megan and Bo and brothers of Jack



All the Greenwood grandchildren were involved:

James was acolyte and assisted Fr Lee.

Jack poured the first water into the font.

William poured more water.

Addison lit the Baptism candles from the Pascal candle.



ECW...

- by Jean Rollins and Kim Shook

... had met on Tuesday January 22. It was a very productive meeting , planning activities and speakers for the next few months. "Our own, Christine Watt", will be talking to us about the Evelyn D. Reinhart Guest House at our next Meeting on Tuesday, February 26. We also plan to have another Paint Night, a Tea Party, and a trip to Yoder's, so be sure to "tune in" for the details in the months ahead. We will also be including games and prizes during the meetings, so put the dates on your calendar. We meet on the fourth Tuesday of each month at 5:30 pm. Bring your dinners, and we are usually finished by 7 pm.

It was also decided to forgo the Holiday Market this year. In the past, The Market has helped to fund activities and contributions within and outside St. Martin's. In order to continue to fund these things, the ECW will host other fundraisers during this year.



Cub Scout Pinewood Derby

Saturday January 19, 2019



One of the many groups using St. Martin's facilities.

EYC ~ Youth Group

Photo by Rick Gibbs taken at the January 27 meeting. Part of it was a discussion of Nicene Creed, and also talk about this summer's Mission Trip as well.



Information about the Mission trip below. It is an excerpt from a mail sent to our Youth in the beginning of the year:

Exciting News, Father Lee has booked Golden Isles, Georgia, for our service trip this summer.

Date: June 23-29

I want to thank Father Lee for doing a Splendid job in arranging such an exciting adventure for our service trip. Please let me know if you have questions.

I close Thanking **all** of you for doing a Terrific job in delivering our Feast of Lights Service.

Golden Isles, GA

The Golden Isles location offers several amazing and meaningful opportunities for youth groups. Part of the Golden Isles ministry will be in a community [just west of the islands off Brunswick, GA](#). There are impoverished neighborhoods where mission teams will minister to the children and adults through service projects and working to repair homes to bring them back to livable conditions. There is so much need in this community we are excited to see what God is going to do through your students showing the love of Christ to families who live there.

Lodging: Groups will stay in a Christian ministry facility with bunk beds, showers, a chapel, dining area, recreation areas & basketball. All meals are included except two lunches and two dinners during free time.

Area Attractions: Jekyll Island, Saint Simons Island, Beaches, Summer Waves water park, mini golf, museums & Saint Simons village shopping.

Condolences!

to the Family of
William "Bill" Francis Snead, Sr.

September 29, 1934 - January 6, 2019

This is the great-grandfather of **Dean Bracaloni**



If you know of
somebody not on
these lists (including
yourself) please let
the office know.
If we don't know ...



*

02/01 Scott Alloway
02/06 Elaine Jacobson
02/07 Janice Kelly
02/07 Larry Reid
02/08 Carolyn Wallace
02/10 Annette Woolwine
02/13 Dennis Pinner
02/13 Mikayla Fiasco
02/14 Frank Lamb
02/16 Darrell Jenkins
02/21 Susan Iervolino
02/21 Ian Woolwine
02/26 Stephanie Machalinski
02/26 Anne Shirey
02/27 Brianna Bailey
02/27 Nicole Baroody
02/28 Randy Chowning

*

03/01 John Atkins
03/01 Joyce Wellford
03/02 James Barrett
03/02 Holden Watt
03/02 Carter Watt
03/07 Pat Rourk
03/07 William Hapgood
03/08 Ginny Munoz
03/10 Abishek Samuel
03/12 Debbie Grumbine
03/12 Noah Romano
03/16 Barbara Smith
03/16 Taylor Adams
03/20 Nan Scott
03/21 Noah Clements
03/22 Sharon Ragland
03/22 Mary Goodman
03/23 Jim Greenwood
03/25 Ann Watts
03/26 Colin Clements
03/27 Sharon Alloway
03/28 Craig Watt
03/28 Khai Fisher
03/29 Ivy Miller
03/31 Jamie Greenwood
03/31 Sherry Wilson

*

*

02/14/1987 Carl & Sandra McAllister
02/14 Bill & Anne Shirey

*

*

03/01 Moboluwaji & Titilayo Akinfolajimi
03/13/2010 Molly & James Bristol
03/17/1974 Jean & Richard Rollins
03/20/1984 Kim & Mike Shook
03/21 Greg & Vicky Echevarria

*



Super Bowl Party!

Sunday February 3 at 6 pm

Taco Bar and Salad Bar will be provided
please, bring side dish

Condolences!

to **Phyllis Berkle** and Family

at the death of her brother Richard (Ricky) Morgan Hensley
who died on December 29, 2018, Funeral January 26, 2019

Condolences!

to the Family of
Margaret D'Arville

She died December 31, 2018
Her burial was January 5, 2019

ST. MARTIN'S STAFF

Rector: The Rev. Lee A. Hutchson
Priest Associate: Rev. Dr. Sandra Levy-Achtemeier
Organist & Choirmaster: David R. Hopkins
Administrative Assistant: Sherry Wilson
Sunday School Coordinator: Robin Biehler
Head of Nursery: Nicolette Philippi

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Office Hours

Monday–Friday 9 am–1 pm

Trustee Emeritus: Robert I. Kirby
Trustees: Kerry Alloway, A. P. Hall, Jr.
& Garland Harwood

VESTRY

2018	2019	2020
Linda Fairtile	Nancye Greenwood	Christa Burr
Betty Horne	George Crowell	Garland Harwood
Sandra Goolsby	Rick Gibbs	Kim Fiasco

Senior Warden: Rick Gibbs
Junior Warden: Garland Harwood

Register: Nan Scott
Treasurer: Darrell Jenkins
Assistant Treasurer: Mike Fiasco
Editor: Christa Burr



St. Martin's Episcopal Church

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