



# The Cloak



*St. Martin's – A Christian Church for all people Sharing God's Love, Following Christ, Serving Others*



**Serving (ice  
cream to) others!  
(lots of fun)**

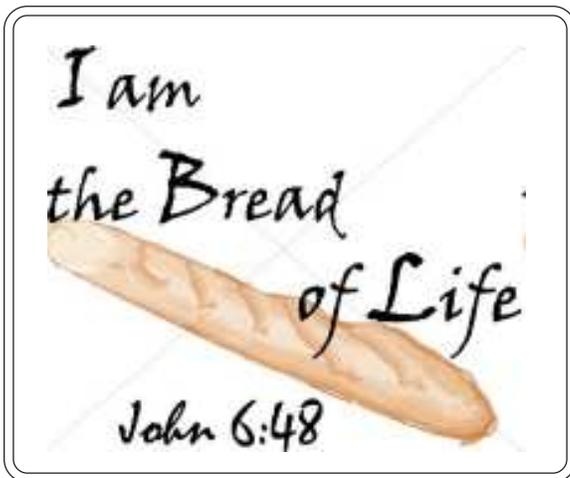
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# Father Lee Hutchison



For much of the month of August our gospel readings have come from the Gospel of John, the 6<sup>th</sup> chapter in particular. The 6<sup>th</sup> Chapter of Johns Gospel is all about hunger.



It begins with the feeding of 5,000 and ends with Jesus saying “I am the bread of life”.

Jesus tells the people that he is offering food more valuable than the food which sustains our bodies, he is offering food that will feed a person’s soul.

However the people want a miracle like the one their ancestors experienced in the wilderness when they were fed by God with Manna, bread from heaven.

Moses writes the following about that event:

“God humbled you by letting you hunger, then by feeding you with manna in order to make you understand that one does not live by

bread alone, but by every word that comes from the mouth of God” - Deuteronomy 8: 3

The point of the Manna was to draw people to God not simply feed their bodies

Moses continues when you have eaten your fill, and built fine houses... and when your herds and flocks have multiplied and your silver and gold is multiplied... “Take care that you do not forget the Lord your God.” – Deuteronomy 8: 11 – 14

It not that being satisfied is wrong its that ones comfortable life can lead them from God.

Too often we like many of the people in the days of Jesus ask God to meet our superficial hungers while God wishes to feed our souls.

As we enjoy the fruits of our labor let us always take time to allow God to nurture our soul .

*Fa. Lee*

# Announcements

**September 6 - Blessings of the Backpacks** 10am service

**September 8 - start of Yard Sale collection** Read more on page 11

**September 8 - 7pm - Vestry Meeting**

**September 11 and 25 - 10am - Social Bridge Group** will meet the 2nd and 4th Friday,

**September 12 - 8am - Men's Breakfast**

**September 13 - 5 pm - Bishoff Goff's visit - Baptism of Noah Sleeman**

**September 16 - 11am - Daughters of the King**

**September 17 - 10:30 am to noon - Book Club** Read more on page 8

**September 19 - 9:30am - St. Martin's Project** Blue Team

**September 20 - Rally Day Picnic** Look for more info to come in "Weekly Announcements"

**September 20 - 2:30 to 4:30 pm ECW Craft workshop** Read more on page 6

**September 22 - 5:30 pm - ECW monthly meeting**

**September 23 and 30 - - Wednesday Night Bible Study**

**September 25 - 6 to 9 pm - EYC monthly meeting**

**September 26 - 5 to 8 pm - St. Martin's Annual Fish Fry** There will be no charge, but donations will be gladly accepted. Please sign up on the sheet in the hallway, and bring your friends and neighbors!

**September 27 - 6 pm - Evening of Bowling** at Shrader Lanes. Read more on page 8

**September 30 - 6:30pm - Usher Dinner** at the Grapevine



If you know of somebody not on these lists (including yourself) please let the office know. If we don't know ...



- 09/01 Bob Barritt
- 09/01 Christine Areson
- 09/02 Cameron Britton
- 09/03 Julia Stephenson
- 09/04 Richard Thomas
- 09/04 Nancy Fleming
- 09/08 Celeste Porter
- 09/08 Ann Robbins
- 09/08 Jody Harlow
- 09/09 Daniel Clements
- 09/09 Anne Stephenson
- 09/11 Sherrie Livingston
- 09/12 Sarah Sleeman
- 09/13 Amy Bailey
- 09/14 Pamela Ciejek
- 09/15 Rick Fowler
- 09/15 Mike Murphy
- 09/15 Lauren Bailey
- 09/17 Vicky Echevarria
- 09/19 Sandra McAllister
- 09/20 Jean Machalinski
- 09/22 Gavin Patoray
- 09/25 Rick Gibbs
- 09/25 Erin Sprouse
- 09/27 Yeatoe McIntosh
- 09/28 Nancy Hudgins
- 09/28 Andrew Hutchson
- 09/29 Wayne Britton
- 09/29 Janet Titley
  
- 10/01 Bill Shirey
- 10/03 Helen Walsh
- 10/03 Janet Areson

- 09/01/1990 Lee & Michele Hutchson
- 09/02/1961 Pat & Sid Akens
- 09/02/1995 Martha & Mike Murphy
- 09/02/2006 Ashley & Kevin Howdyshell
- 09/09 Keith & Ashley Borders
- 09/13/2003 Chris & Kirk Patoray
- 09/25/1999 John & Sally Dvorak
  
- 10/01/1994 Trudy & Wayne Britton

## Changing Season

The brown-edged, golden smell of September  
climbs bricks, creeps through a window,  
slides down a dusty  
wedge of morning,  
explores a room – floors, walls,  
corners still sheltering summer.

Jay calls, a trumpet solo;  
liquid music burns, setting maples  
and hickories on cool autumn fire,  
dancing on flamenco wind  
to dahlias' castanets.

Harvest of gourds, apples, grapes, licking sticky  
drops of sunlight, bulge, stretch, tumble  
into dark-red taste  
that will sing with nutmeg and cinnamon.

Children and caterpillars  
touch the eyes softly  
in new sweaters.

- Patsy Bickerstaff

# Happened in August:

**John C. Wallace Scholarship Fund** GRANTS were awarded on August 2nd during the service. Julie Crews along with Father Lee presented the GRANTS to the following recipients:

Christine Areson - received by her Dad  
Caroline Echavarria - not present  
Madison Britton  
Jake Henderson  
Nicole Barudi  
Melissa Macalinski  
Taylor Hood - Received by his Dad-Layne  
Shannon Werner - Received by her Mom Karen

Thanks to congregation for the wonderful support and to the Scholarship Committee (Julie Crews, Mike Shook and Todd Areson) for their efforts.



**LAMB's Basket**  
"...I was hungry and you fed me"  
Matthew 25:35

**YOU ARE MAKING A DIFFERENCE!**

The Wednesday announcements will tell us what is needed especially this month. Please place your donations in the basket in the hallway.

# Happened in August:



## ECW Craft workshops!

These pictures were taken when Christa Burr, Betty Horne, Barbara Campeau, Pat Akens, Sallie Bright, Ann Robbins and Annette Woolwine came together on Sunday afternoon August 16 to work on items for the Holiday Market. Lots was accomplished. But lots of fun was had too. Why is everybody looking so serious in the pictures?

Some of the workshop time is dedicated to make Chrismons. These are the Chrismons which were given as gifts to the children in our congregation each year:

2008 Star of David

2009 Fish

2010 Butterfly

2011 Descending Dove

2012 Angel

2013 Shell

2014 Botony Cross

We are only making a limited number of each since it is so difficult to predict what will sell at a bazaar. If you know that you really want one, please let Christa ([kygerman@hotmail.com](mailto:kygerman@hotmail.com)) know so she can reserve it/them for you (\$6 each).

Chrismons make wonderful and meaningful gifts.



The next workshop was scheduled for **September 20**. In Christa's absence Annette will organize the making of the "Friendship soup mix in a jar" jars which were a big hit last year.

Feel free to just walk in to help. You can always bring your own project to work on and new ideas are always welcome. It is just nice to get together and we stick closely to the allotted time.



## Wanted!

## Needed!

If you have any "not needed any longer" round stitching hoops laying around (any size), the ECW would have a great use for it. Also, we are looking for canning jars (holding about 15 oz).

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## Note from your editor:

I will be gone for most of September. Please have the Cloak in mind, take pictures and mail them with a paragraph or two or so to me ([kygerman@hotmail.com](mailto:kygerman@hotmail.com)). You do NOT have to wait until the deadline has passed. Thank you! Most important: if you are in charge of an upcoming event, everybody would love reading about it and get details in advance! Please, send me an article about it. Thank you!

# The ECW Update:

Part of the Holiday Market will be the raffling of a Chrismon Advent Calendar.



Advent Calendars are originally a German custom, so you can guess whose idea it was. Ornaments are numbered from 1 to 24 which means that you turn #1 over on 1st of December (#2 on 2nd of December etc.) to reveal (in this case) a Chrismon, a symbol which reminds us of the real meaning of Christmas.

The wallhanging is a quilt which could be hung all year round without the ornaments.

The 24 ornaments were all stitched by Jane Burr of Windsor, England (James' sister).

Raffle tickets will be available starting September 14. Ask any ECW lady!



The wallhanging has a little pocket on the back with a booklet which explains every symbol.

*Yes, Jesus is the reason for the season!*

# Book Club update:

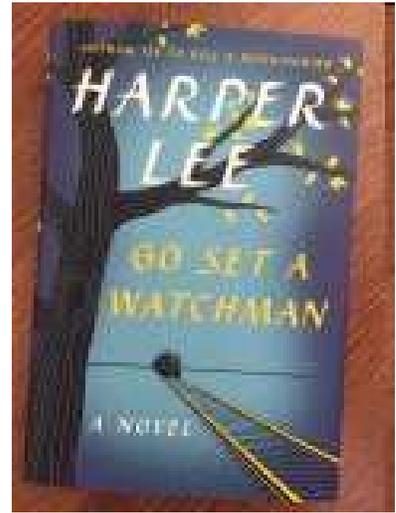
Some people might be interested in the book club but wonder what kinds of things we read, so we have decided to list once a month what we have read in past years to give you a better idea, and hopefully interest you in joining our group. Like most of us, we have different ideas of a good book, but as many of us can tell you, we have read many books that were very good but probably would not have chosen for ourself. Books are for learning, for enjoyment, and maybe give us a different perspective on many subjects that are new to us, and looking up words in the dictionary to clarify something. As I said it is a learning experience and we hope some of you will give it a try. We have lots of good discussions and our group is very congenial. THINK ABOUT IT.

These are what we read in 2009:

The Reader (by Bernhard Schlink), The Shack (by Wm Paul Young), 3 Cups of Tea (by Greg Mortenson), The Last Lecture (by Randy Pausch), The Secret (by Rhonda Byrne), How God is not Great (by Christopher Hitchens), Eat, Pray, and Love (by Elizabeth Gilbert), The Kite Runner (by Khaled Hossein), The Girl with the Dragon Tatoo (by Stieg Larsson), Lost Boy (by Brent W Jeffs), The Lost Symbol (by Dan Brown).

Give the book club a try. We meet 9 times a year, we skip July, August, and December because of vacations and holiday things. We meet the 3rd Thursday at 10:30 till noon. Looking forward to seeing you.

-Pat Rourk



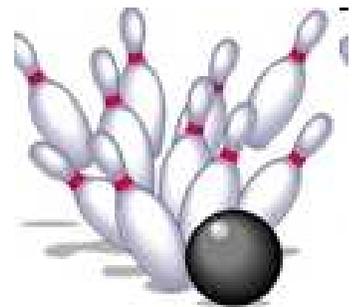
Go Set a Watchman is the book selection for September 18. This is Harper Lee's well publicized, newly released, early draft of To Kill a Mockingbird. It is set in a later time period with Scout as an adult, who comes to see her father in a different light.

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## Invitation for a time of fun and fellowship

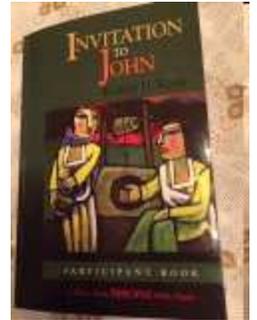
The Outreach Committee is sponsoring "An Evening of Bowling" on **September 27th at 6:00 pm at Shrader Lanes** with some members of St. Bartholomew's Episcopal Church. This will be a great opportunity to get to know some of our brothers and sisters from St. Bart's. You do not have to be a great bowler to come. Everyone is invited. We have a sign-up sheet on the bulletin board, and we will have more information regarding the cost as soon as we know how many people to expect. This should be a fun evening of play and fellowship.



- Jean Rollins

# Wednesday Night Bible Study

In its wisdom, the early church chose to keep four Gospel accounts of the life, ministry, death and resurrection of Jesus. Three of these Gospels are very similar to each other in both what they tell about the story of Jesus and how they tell it. However, the Gospel of John stands apart. In it, we find Jesus speaking not in parables but in lengthy discourses. We overhear Jesus talking with Nicodemus, a Samaritan woman, and Mary Magdalene. We marvel at Jesus turning water into wine, calling Lazarus from the tomb, and washing his disciples' feet. We linger over Jesus' great promises: "For God so loved the world..." "I am the bread of life..." "I am the resurrection..." "Peace I leave with you..." In the very first chapter of John's Gospel, Jesus invites two invitations: "Come and see," and "Follow me." They echo the invitations of this study: to come and see this Jesus-to hear him speak, to see his signs-and to consider anew what it means to be his followers.



This eleven week study includes a participant book outlining daily reading assignments. Cost of the book is \$15. Please sign up on the bulletin board if you plan to attend.

- Father Lee

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## Thanksgiving in September

It's hard to believe, but summer is nearly gone and autumn is soon to be upon us. Soon comes the time that historically has been the time for the annual harvest. Crops were brought in from the fields, supplies were set aside for the winter for heat, food, and shelter. Feed was set aside for livestock to get them through the cold months ahead. And just as has happened in various ways for centuries, soon it will be time to offer thanks for the bounty that God has given us this year.



By this time next month, we will be feeling the cool evenings of October. Throughout October you will hear requests to make a financial pledge for next year. But that is next month. This month, September, the only thing we ask is that you think about all the things we have to be grateful for here at St. Martin's: prayer shawls and flowers, Meals for Richmond shelters and starving children overseas, Lamb's baskets and Meals on Wheels, guest speakers on happy marriages and on women in the Bible, fish fries and ice cream socials, scholarships and Sunday school, murder mysteries and men's breakfasts, clean up days and choirs, Chrismons and craft workshops, Lent and Advent, special services for Christmas and Easter, births and baptisms. We have watched children grow, we have welcomed new members, and we've said some tearful goodbyes. And we have lived through all this year brought to us as a family.

So please, as you pray this month, give thanks to God for all that our family has experienced this year. Give thanks for our priest, for those in leadership, and for those who serve. Give thanks for our wonderful church and the ministry that is centered there. And we ask that you prayerfully consider what you can do to support our church and its ministries in 2016.

- Mike Shook



# Happened in August:

## Ice Cream Social



Standing in line. Waiting their turn.



And some thought you have to sit outside at an ice cream social!



Father Lee and Sr Warden Rick Gibbs (the photographer for most events ... thank you!)



# St. Martin's Yard Sale

The yard sale is scheduled for Saturday, October 3<sup>rd</sup> from 8:00 to noon. The yard sale will be located in the parish hall. In order for the sale to be successful, we will need items to be donated by church members. Revenue from the yard sale will be shared equally between the church building fund and the John Wallace Scholarship Fund.



**Storage Pod:** To make the donation process as easy as possible, a storage Pod will be located in the church parking lot starting Tuesday, September 8<sup>th</sup>. Someone will be at St. Martin's each Saturday between the hours of 9:00 and 11:00. If you want to bring items during the week, please check with the office to make sure someone will be at the church. If you need help in getting your items to the church, please email or call Rob Lockridge at [rhlockridge@gmail.com](mailto:rhlockridge@gmail.com) or 798 6434.

**Typical yard sale items include but are not limited to:** Tools(both power and nonpower), sporting equipment, exercise equipment, games & toys (not broken), books, furniture, gardening equipment, glassware & dishes, DVDs and CDs, clothes (especially children's clothes), jewelry, quilts & bedding and household items.

**Setup day:** Friday, October 2 will be the set up day for the yard sale. At that time, all items will be transferred from the Pod to the parish hall to be displayed and priced. We need volunteers to help with that process. We especially need individuals who are familiar with prices for items found at yard sales. A signup sheet for people to volunteer is located on the bulletin board in the hallway.

- Rob Lockridge

(note from the editor: talk with your neighbors and friends. They might be downsizing and happy if their "stuff" goes to a good home!)

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Lots of opportunities to be social at the Ice Cream Social!





# Parish Nurse

by Betty Horne

## September is atrial fibrillation month

Atrial fibrillation, or A-Fib, is the most common type of irregular heartbeat. It occurs when one or both of the upper chambers of the heart—called the atria—beat chaotically or pump inefficiently. This causes blood to pool in the left atrium, where blood clots can form. Clots can then break away, travel to the brain and cause a blockage. It results in a type of stroke called an ischemic stroke. This causes in reduced blood flow and deprives part of the brain of oxygen and nutrients.

Atrial fibrillation symptoms often include heart palpitations, shortness of breath, weakness, dizziness, confusion or chest pain.

These episodes of atrial fibrillation may come and go, or you may develop atrial fibrillation that doesn't go away and will require treatment. Atrial fibrillation may cause blood clots to circulate to other organs and lead to blocked blood flow (ischemia).

**If you have chest pain, seek emergency medical assistance immediately.** Chest pain could signal that you're having a heart attack.



Possible causes of atrial fibrillation include:

- \* High blood pressure
- \* Heart attacks
- \* Coronary artery disease
- \* Abnormal heart valves
- \* Heart defects you're born with (congenital)
- \* An overactive thyroid gland or other metabolic imbalance
- \* Exposure to stimulants, such as medications, caffeine or tobacco, or to alcohol
- \* Previous heart surgery
- \* Viral infections

- \* Stress due to pneumonia, surgery or other illnesses
- \* Sleep apnea

Complications of atrial fibrillation include:

- \* **Stroke** – as described above. Medications, such as blood thinners, can lower your risk of stroke or the damage to other organs caused by blood clots.
- \* **Heart failure.** Atrial fibrillation may weaken the heart and lead to heart failure. This is the inability of the heart to circulate enough blood to meet your body's needs.

Your doctor may review your signs and symptoms, medical history, as well as a physical examination. Some testing may be ordered to diagnose your condition, including:

- \* **Electrocardiogram (ECG)** - Looks at your heart rhythm.
- \* **Holter monitor** - Portable and records your heart's activity for 24 hours or longer,
- \* **Event recorder** - Portable and monitors your heart activity from a few weeks to months. You activate it when you experience symptoms of a fast heart rate.
- \* **Echocardiogram.** This is a noninvasive test, using sound waves to produce a video image of your heart. Sometimes a **trans esophageal echocardiogram (TEE)** is done where a flexible tube with a sensor attached is guided down your throat into your esophagus. In this test, sound waves are used to produce images of your heart, which may detect any blood clots formed in your heart.
- \* **Blood tests** can help your doctor rule out medical problems or other causes of atrial fibrillation.
- \* **Chest X-ray** visualizes the lungs and heart and can help to diagnose other conditions that may explain your signs and symptoms.

## Risk factors

You may be at risk for atrial fibrillation if you any of the following applies to you including:

- \* **Age.** The older you are, the greater your risk of developing atrial fibrillation.
- \* **Heart disease.** Anyone with heart disease - such as heart valve problems, congenital heart disease, congestive heart failure, coronary artery disease, or a history of heart attack or heart surgery - has an increased risk of atrial fibrillation.
- \* **High blood pressure.** Having high blood pressure, especially if it's not well-controlled with lifestyle changes or medications can increase your risk of atrial fibrillation.
- \* **Other chronic conditions.** People with certain chronic conditions such as thyroid problems, sleep apnea, metabolic syndrome, diabetes, chronic kidney disease or lung disease have an increased risk of atrial fibrillation.
- \* **Drinking alcohol.** For some people, drinking alcohol can trigger an episode of atrial fibrillation. Binge drinking may put you at an even higher risk.
- \* **Obesity.** People who are obese are at higher risk of developing atrial fibrillation.
- \* **Family history.** An increased risk of atrial fibrillation is present in some families.

## Signs of Stroke

Using the simple acronym **F.A.S.T.**, may help you to quickly recognize someone who may be suffering a stroke. This is very important as seconds count.

- \* **FACE:** Ask the person to smile. Does one side of his or her face droop?
- \* **ARMS:** Ask the person to raise both arms. Does one arm drift downward?
- \* **SPEECH:** Ask the person to repeat a simple phrase. Does his or her speech sound slurred or strange?
- \* **TIME:** Time is crucial. **Call 9-1-1 immediately if you or your loved one has any of these symptoms**

**Generally, the treatment goals for atrial fibrillation are to:**

- \* Reset the rhythm or (cardioversion or cardioversion with drugs)
- \* Control the heart rate (using anti arrhythmic drugs)
- \* Prevent blood clots (using anticoagulants such as Coumadin (Warfarin))

You and your doctor will choose the best course of treatment depending on many factors such as:

- \* Whether you have other problems with your heart
- \* If you're able to take medications that can control your heart rhythm
- \* You may need a more invasive treatment, such as surgery or medical procedures using catheters. These catheters are directed to the abnormal pacemaker cells using heat or cold to destroy (ablate) the triggers.
- \* Treating any underlying conditions that may cause atrial fibrillation.
- \* Taking blood thinners to decrease your risk of forming clots

Making lifestyle changes can improve the overall health of your heart, by preventing or treating conditions such as high blood pressure and heart disease. Your doctor may suggest the following:

- \* **Eat heart-healthy foods** - A healthy diet low in salt and solid fats and rich in fruits, vegetables and whole grains.
- \* **Exercise** daily and increase your physical activity.
- \* **Quit smoking.** If can't quit on your own your doctor may recommend programs to help you kick the habit.
- \* **Maintain a healthy weight** - overweight increases your risk of developing heart disease.
- \* **Keep blood pressure and cholesterol levels under control** - take medications as prescribed to control your blood pressure or lower your cholesterol.
- \* **Drink alcohol in moderation.** For healthy adults, limit one drink a day for women of all ages and men older than age 65, and up to two drinks a day for men age 65 and younger.
- \* **Maintain follow-up care.** Take your medications as prescribed and have regular follow-up appointments with your doctor. Tell your doctor if your symptoms worsen

To your health!



# Notes about Music



By the time you read this, the St. Martin's Adult Choir will be getting ready to lead music for the 10:00 a.m. Sunday Services once again. We lost several members last year, so there is plenty of room in the choir loft for anyone who would like to join us this fall. We can use all voice parts. The adult choir includes ages from high school through "we-don't-ask," and for anyone who has difficulty climbing stairs, we have a lift. Ability to read music is a plus, but not a requirement. Ability to match pitches and carry a tune and a love of singing are all that we ask. This choir rehearses at 7:30 p.m. on Thursdays in the choir loft in the church. We sing for almost every 10:00 Sunday Service from September through May, and also for special occasions, such as the Bishop's Visitation, Christmas Eve, Maundy Thursday, Easter Vigil, and other occasions which may arise. We do not rehearse on Thanksgiving nor on the weeks after Christmas and Easter Sunday. If this is too big a commitment for you, you may join us for a shorter period of time if you wish. You may prefer to sing during a particular season, such as Advent/Christmas, or Lent/Easter, or perhaps just one or two Sundays a month as your schedule permits.

Most important, the choir is a really wonderful group of people who really enjoy each others' company and care deeply for one another. It is a very welcoming group. If you can see yourself being part of this ministry, talk to me.

I am going to try once again this year to have a Junior Choir. I am a great believer of the life-long benefits of choral singing for children. In fact, I know my own career is in no small part the result of the joy I found in singing in a children's choir. Making harmony through music has a proven affect on ability to live harmoniously with people in many other aspects of life. Choirs also teach responsibility and commitment, and are fun to boot.

In a small parish such as St. Martin's, it has been difficult to find enough children who are able to give the time to participate fully in a year-long Junior Choir. Because of the demands on their time from sports teams and school activities, I am going to try to limit my demands on their time. The program will not be as thorough as I would like, but it will give the children a chance to make music in the church. I will have two or three sessions of Junior Choir throughout the year, which will consist of 4-6 weeks of rehearsal, followed by a performance. Rehearsals will be short. I will work with as few as 6 children (although twice that is desirable). The children should be in at least grade 2, able to read words and to sit through rehearsal and most of a service without much adult supervision. They may be as old as grade 8 or 9. After that, they may sing with the Adult Choir. Because we will be limited both in the size of the choir and in the amount of rehearsal time, it is very important that all participants commit to attendance at all rehearsals and performances. We will decide upon a rehearsal time and performance dates which are suitable to all after we have enough children signed up. A sign-up sheet is posted on the bulletin board. Questions? Call me.

- from **Jackie Bitler**  
Organist / Choir Director  
264-0272

**Cloak deadline:  
Sunday September 27 - noon**

# St. Martin's Yellow Pages

This area is where you can post your service or product to let your fellow St. Martinites know how you can help them, and you can give those who post here your support.

## OCEANFRONT BEACH HOUSE FOR RENT

Located directly on the beach in Hatteras  
Village, NC. Contact Bob or Max Barritt  
(h) 270-3862 or (c) 512-4586



## DERING'S CLEANING SERVICE:

If interested getting your home  
super good cleaned, call Leslie at 239-5865.  
Licensed, Insured & Bonded

## Original Art Work and Photography by Pat Rourk

Note cards and Placemats  
Card \$1.50 ea. or 4 for \$5.00  
Placemats \$8 ea.

Several samples of cards and a placemat  
can be found in a folder in the Library  
Pat Rourk, 270-1887



## ST. MARTIN'S STAFF

**Rector:** The Very Rev. Lee A. Hutchson  
**Liturgical Deacon:** Monastic Associate John Ogle, SF  
**Organist & Choirmaster:** Jacqueline L. Bitler  
**Administrative Assistant:** Andrea Vidal

## CHURCH OFFICE

(804) 270-6786 (Phone) (804) 270-3286 (Fax)  
E-mail: [saintmartinsec@gmail.com](mailto:saintmartinsec@gmail.com)  
Website: [www.saintmartinschurch.org](http://www.saintmartinschurch.org)

## Office Hours

Monday – Friday, 9 am - 1 pm

**Trustee Emeritus:** Robert I. Kirby  
**Trustees:** Kerry Alloway, A. P. Hall, Jr.  
& Garland Harwood

## VESTRY

2015	2016	2017
Sallie Bright	Lauren Alloway	Steve Alloway
Rick Gibbs	Garland Harwood	Sean Cooper
Larry Reid	Susan Teachey	Barbara Campeau

**Senior Warden:** Rick Gibbs  
**Junior Warden:** Garland Harwood  
**Treasurer:** Darrell Jenkins  
**Register:** Nan Scott

**Assistant Treasurer:** Christa Burr  
**Editor:** Christa Burr

## Regular Weekly Events

Event	Day	Time
Sunday Services	Sunday	8 & 10 am
Boy Scouts	Monday	7 pm
Women's Bible Study	Tuesday	10 am - 12pm
Meals on Wheels	Tuesday	10:15am - 12pm
Holy Eucharist	Wednesday*	10 am
* <i>Healing Service every 3rd Wed.</i>		
Cub Scouts	Thursday	6:45pm - 7:45pm
Sr. Choir Practice	Thursday	7:30 pm

## Regular Monthly Events

Event	Day	Time
Vestry Meeting	2 <sup>nd</sup> Tuesday	7 pm
Social Bridge	2 <sup>nd</sup> & 4 <sup>th</sup> Friday	10am - 1pm
Men's Breakfast	2 <sup>nd</sup> Saturday	8 am
Daughters of the King	3 <sup>rd</sup> Wednesday	11 am
Book Club	3 <sup>rd</sup> Thursday	10:30am - 12pm
St. Martin's Project	3 <sup>rd</sup> Saturday	9:30 am
ECW	4 <sup>th</sup> Tuesday	5:30 pm
Prayer Shawl Ministry	4 <sup>th</sup> Wednesday	11 am
EYC	selected Fridays (see calendar)	6 - 9 pm



# St. Martin's Episcopal Church

9000 St. Martins Lane · Richmond, VA 23294

804-270-6786 (tel) · 804-270-3286 (fax)

Website: [www.saintmartinschurch.org](http://www.saintmartinschurch.org)

E-mail: [saintmartinsec@gmail.com](mailto:saintmartinsec@gmail.com)

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